



JUST FOR TODAY

Recovery * Unity * Service

TUCSON AREA
INTERGROUP INC.

October 2026

OUR 3 LEGACIES October

10

STEP TEN

Continued to take personal inventory and when we were wrong promptly admitted it.

.....

TRADITION TEN

Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

.....

CONCEPT X

Every service responsibility should be matched by an equal service authority — the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws.

STEP 10

Step 10

The freedom that promptness brings...

I love this Step! I find it to be one of the most practical and helpful steps for daily recovery.

I'll give you an example. About two years ago when I was close to 40 years of sobriety, I was teaching in a college classroom. In our discussion, one of the students made a comment that I responded to in a somewhat sarcastic manner, even though I was trying to be funny and self-deprecatory. Nothing in the student's demeanor indicated that they had felt insulted or disrespected, but that comment would not leave me alone.

At the start of the next class, I spoke to the student individually right before class started and apologized for the comment. The student seemed surprised. It's quite possible they had no clue what I was talking about. But what I felt was release, as if my whole inner self had taken a deep, cleansing breath. It didn't matter that my comment wasn't piercing or derogatory. The point is that I felt bad for having made the comment. It was easy to apologize. I knew just what I was apologizing for, and any regret or guilt poofed out into the stratosphere. How cool is that?

A lot of people practice this step by taking personal inventory every night, but I'm usually asleep before even thinking about Step 10. I tend to use Step 10 as an instant-recovery-health-meter. As soon as I have that uncomfortable gut feeling that I've said or done something that bothers me, I listen to that feeling and then make amends as soon as I can. Sometimes, I also will do a 10th Step in the morning and review the day before. Since Step 10 is a personal inventory, which can also include the positive, I sometimes ask myself, "What am I proud of that I did yesterday?"

— Sandra S.

Join us for Great Service Opportunities

Homebound Outreach

Crystal C. (520) 591-7971

Bridging the Gap

Contact: Paul R. (520) 444-7997

Cooperation with the Professional Community

Contact: Jim H. (520) 392-5689

Public Information

Contact Kathleen L. (520) 239-6981

Treatment

Contact: Laura S. (520) 627-3399

Corrections

Contact: Marty T. (520) 954-5870

Grapevine

Contact: Erin P. (949) 981-9474

Events

Contact: Ken J. (520) 471-7609

History

Contact: Patrick F. (480) 239-2478

ASCYPAA

Contact: Astana W. (404) 563-5335

Just For Today Editor

Contact: Tara C.
info@aatucson.org

Central Office

(520) 882-7422
info@aatucson.org

Just for Today is a monthly publication of Tucson Area Intergroup Inc. (TAII). A one-year subscription costs \$12.00 to cover mailing costs. The opinions expressed here are not necessarily those of TAII or AA as a whole. We welcome your stories, news and comments. The deadline for submission is the 15th of each month. Text may be edited for space and content. Materials cannot be returned.

Central Office News

September 2026 Central Office Report

We have an opening for a front desk volunteer for the Wednesday afternoon shift. Call 520-882-7422 for more information.

All literature is in stock!

The 5th edition of the Big Book is expected to be released in February 2027. They will have the jackets on them and the price will be \$20.00.

We still have Hard Cover Big Books at the current price of \$12.50.

Everything AA App Update: Updated to Version 5.0 under the ownership of A.A. World Services is now available. There is an option to subscribe at \$1.99 a month or \$19.00 a year to support the app's continued development and maintenance.

Home Answering Service available shifts are as follows:

1st Monday 5pm-10pm **OR** 2nd Monday 6am-9:30am **OR** 5th Tuesday 5pm-10pm

If anyone is interested in any of the available shifts, please contact Central Office for more information at 520-882-7422 or by email at info@aatucson.org.

~Susan B. (Coordinator) & Lisa P. (Assistant Coordinator)

WE STILL NEED A **CHRISTMAS** ALCOTHON HOST!!!!

We need a group or a couple of groups to **host the Christmas Alcothon**. Please call Central Office 520-882-7422 with questions.



Courage to Change and New Dimensions
are hosting the New Years Alcothon – more info to come!

ARIZONA AREA 03 **2027** STATE CONVENTION PLANNING MEETING

YOUR VOICE MATTERS! COME BE OF SERVICE

EVERY 2ND SUNDAY @ 5 PM
COMMITTEE MEETING MONTHLY
ZOOM ID: 898 1319 1522
PASSCODE: 419065



Intergroup Meeting Minutes

NOTE: Full transcript of notes can be requested through Central Office.

Date: September 13, 2026

Open with the Serenity Prayer 1:34 pm

1. New Intergroup Representative introductions (full name and represented group): Heather with Basic AA; Doug with 12 x12 Group; Sean with Overton Group, Victoria with Free at Last

2. Officer's Reports

a. Secretary – Tara C. Minutes accepted.

b. Treasurer – Kathleen L. – see page 4

3. Committee Reports (Please - 3 minutes maximum per report)

a. Central Office – Susan B./Lisa P. – see page 2

b. Corrections – Marty T.

Upcoming events flyers: **Sept 19th 12:30-4:30pm**, Combo service workshop with Treatment and Bridge the Gap at Mountain Vista Unitarian Universalist, 3235 W Orange Grove

Oct 2nd & 3rd Friday night and Saturday, Area 03 AA Corrections Conference, 1525 N Power Rd, Mesa AZ; Register on-line <https://www.area03.org/Committees/Corrections>

Nov 13-15 National AA Corrections Conference, Salt Lake City

Big changes at AZ State Prison: Santa Rita Unit has completely closed down for a major reconstruction and a change in the focus. We are hoping to move the whole schedule of meetings over to Winchester Unit. Communication with prison administration has been a tad difficult... but that's our proposal. Hoping to start within the next 2 weeks. We have finally been able to feel like we have a good number of volunteers taking meetings into the different facilities. We've got reps for each of the areas: Jail, Prison and Federal and we have been supportive of Al-Anon and Spanish AA. However, we always love "new blood" and we welcome younger AAs to this awesome service. We have been approached by an Eloy private prison (Core Civic) and would like to follow up with bringing outside AAs into that location.

c. Bridge the Gap – Paul R.: Not present

d. PI /CPC – Jim H. (CPC), Kathleen L. (PI): 8/26 was meeting. New member; was able to get literature to Yavapai Tribe. Can't make it to the Corr Conf bc of Yaqui recognition day. Contacting the nursing schools and having literature under review at Pima CC. Have also reached out to Marana Fire and PDs and was receptive. Have reached out to Public Libraries Branches to see if they can put literature on the reference racks. Considering asking for an increase in budget for next year to get to more events that are paid.

e. Treatment – Laura S.: had a call about committee members swearing at clients and wants to look at that, concerning and reaching out to members.

f. Grapevine – Erin P.: table at Corr Workshop and looking forward to joining more workshops throughout the year.

g. Special Events – Ken J. not present but has been talking to Courage to Change and Terry from Courage to Change that New Dimensions is co-hosting for NYE Alcolthon. They are looking for a venue, but most likely Women's Center. Christmas Alcolthon is still looking for a host.

h. Historian – Patrick F.: has a list of 258 groups that he doesn't have a history on. He is going to gather more for Marks on the Gate, the updated histories of the Tucson area groups since 1985.

i. Homebound Outreach – Crystal C.: we are getting more volunteers but need more in the NW, we need more throughout Pima County. We are taking a meeting to someone in Green Valley.

4. Seventh Tradition (Ask an IGR to read the month's Tradition, and pass the basket)

5. Liaison Reports

a. Spanish Speaking Liaison - <open>

b. Vice Chair/ Area Liaison – Mike H.: - Treasurer (John), Contributions 2026: \$845.19; Available Funds: \$7719.74; - Archivist (Rick), -- NR; - GRSs: Courage to Change (Rick) is looking for another group to help cosponsor the New Year Alcolthon; - DCMs: 11-114 (Karen) Sub-district inventory on 30 Aug; hosting 2027 03 Area Assembly at the JCC; - Alt DCMC: NR; - DCMS (Jeff); -- 2027 State Conference still looking for people to help with Committees; theme is "We Remain Convinced"; District Inventory on 16 Jan; New District Handbook discussion.

c. Al-Anon Liaison – Bob H., not present

6. Old Business

Shannon: spoken with DoubleTree about hosting a Women's Lunch in 2027 and may ask for seed money then.

8. New Business

Shannon made a motion to assist with funding for Marty to go to National Corrections Conference and a more developed motion will come next month once more costs come forward. At least the cost of a plane ticket

9. Next Intergroup meeting – 1:30 PM, October 11, 2026

10. Intergroup Representative announcements

Shannon 12 Stepping Sisters is doing a potluck centered around Keys of the Kingdom at the end of the month.

Adjourn with Responsibility Declaration at 2:22

TREASURER'S REPORT*

Date of Reconciliation: 09/08/2026

Total Operating Funds	\$59,731.61
Total Income	\$ -3,394.53
Cost of Goods Sold	\$ 2,747.63
Gross Profit	\$ 4,837.75
Total Expenses	\$ 8,232.28
Net Income	\$ -3394.53
YTD Net Income	\$16,649.35

Current available funds for operating total of \$59,731.61 which is equal to 5.72 months' operating expenses.

We have also established a savings account holding our prudent reserve of \$20,783.62 which equals 16.58% of our annual budget.

*Any member of AA has the right to examine the budget, just contact Central Office.

Central Office is getting ready to print new meeting books. Please let us know if a group no longer meets, needs updating or needs to be added to the book. We can be reached at 520-882-7422 or info@aatucson.org

The member talks to the newcomer not in a spirit of power but in a spirit of humility and weakness.

AA Comes of Age, p. 279



Si hemos de recibir otros dones, es necesario perseverar en el despertar.

Como Lo Ve Bill, p. 8

¿Tiene un problema con la bebida?

Hay una solución. Comuníquese con nosotros:

520.622.5112



Página web: www.OISAdetucsonAA.org

Facebook: Alcohólicos Anónimos - Sur de Arizona

Attendees at the September 2026 Intergroup Meeting:

MEETINGS

12 @ 12 Group
12 Stepping Sisters
ABC Group
Basic AA
Courage to Change
Free at Last
Honest Open & Free
Little House
Morning Shades
Overton Group
Step Sisters
Stone Sober
TGIF
Vail Women's Group
Women's Westside BYOBB

COMMITTEES & SUBDISTRICTS

Corrections
CPC
Grapevine
Historian
Homebound Outreach
Sub-District 11-110/115

"With a Little Help from Our Friends"
for August:

Bryan C.; Connie T.; Dona P.; Elizabeth T.;
Jeffery B.; John S.; Katrina S.; Lynne L.;
Michael J.; Mick C.; Mollie & Sally; Reggie
T.; Steve & Mo; Suzanne A.

THANK YOU, FRIENDS!

Misc. Income from August:

Central Office Meeting Rent: \$214.00
JFT Subscriptions: \$0
Personal Contributions: \$786.09

For August

Hotline calls: 47

Web hits: 14.6K

MEETING INFO & EVENTS



GRATITUDE BANQUET

32ND ANNIVERSARY

HOSTED BY:
SUB-DIST. 11-119

NO PETS
ONLY TRAINED, WORKING
ADA SERVICE ANIMALS
ARE ALLOWED ON
GVR PROPERTY.

50/50
DRAWING
CASH PRIZE!

Celebrate Fellowship & gratitude
at this year's Gratitude Banquet.
featuring speakers from AA & Al-Anon.

**SATURDAY
OCTOBER 24, 2026**

DOORS OPEN
TO EVERYONE
AT 3PM

GREEN VALLEY
RECREATION
WEST CENTER
AUDITORIUM
1111 S GVR DR.
GREEN VALLEY, AZ

LINEUP

DOORS OPEN	3:00 PM
DINNER	4:00 PM
RAFFLE TICKET SALES END	5:00 PM
SPEAKERS & SOBRIETY	5:15 PM
COUNTDOWN BEGIN	
RAFFLE & 50/50	6:30 PM
DRAWINGS BEGIN	

CONTRIBUTIONS

CHECK OUT
POTLUCK FLYER
& RAFFLE
FLYER FOR
MORE DETAILS...

QUESTIONS?

RAFFLE : JENNA F. (320) 905-3917
FOOD : AUDREY J. (414) 460-4403
ETC. : CARL M. (520) 490-1268

LOCATION CHANGE for **FREE AT LAST**

Free at Last still meets at 6:30pm every Tuesday, but we have **moved to a new location just down the street** from our old location.

We are around back of **Saguaro Christian Church** on Broadway and Sarnoff. Enter from Sarnoff.

We are conveniently located just across from the ice-cream shop!

**8402 E. Broadway
Tucson, AZ 85710**

HOMEBOUND OUTREACH SERVICE – **HELP NEEDED!!**

The **Homebound Outreach Committee** has been resurrected and we need your help! As the name implies this committee brings meetings to fellow members who can't attend in-person meetings but would still like to have personal contact rather than Zoom alone.

You can help in two ways:

- 1) We are building a bank of volunteers who can visit as needed. If you'd like to help, please text your name, number, and part(s) of town you'd be able to visit to Crystal C. at 520-591-7971 or Central Office.
- 2) If you know of someone who is homebound who would like a meeting brought to them, let Central Office know.



**AA Women's Afternoon Tea Group
Celebrates 5 Years**

**Sunday November 8th 2026
3:00 - 5:00**

Eastside Meeting Place
6061 E. Broadway
(behind Black Bear diner)

3:00 Food and Fellowship
3:30 Speaker
4:30 Giveaways, 50/50 Raffle, & Games

Pot Luck Buffet

Twiced Loved Table
(Bring something to pass on to someone else)

Group Contributions Thru August 2026*

*YTD Group contributions for the current issue will be YTD (it's always a month behind publishing, and 2 months behind the issue date).

12 @ 12 (NW Alano)	618.90	Ironwood Hills Group	120.00	Surrender Group	100.00
12 St. Msgs & Principles	321.70	Just Show Up Group	147.50	Survivors Big Book Study	324.50
6 pm Wknight Newcomers	810.00	Language of the Heart	150.00	T.A.A.G.	70.00
9/11 Group	550.00	Lodestar of Hope	1000.00	TGIF	648.97
A Design for Living Group	32.44	Men Seeking Guidance	200.00	The Crow's Nest Benson	200.00
A Step Study	300.00	Midvale Morning Group	900.00	The Fantastic Bkfst Club	119.00
AA for Alcoholics	1,050.00	Monday Audio Big Book	25.00	Thursday Sharing Group	100.00
AA Young Peoples GV	150.00	Monday Eve Pantano Gr	30.00	Tucson Men's Stag	1,857.00
AAfternoon Tea Wms Mtg	175.00	Morning Awakening	236.40	TU & TH Catalina Mtg	176.00
ABC Group	750.00	Morning Shades Zoom	837.20	Twelve Stepping Sisters	442.50
Amen Mens Stag	360.00	New Beginnings	640.00	Upon Awakening	600.00
Back Door Friends	206.00	New Beginnings Oracle	80.00	Vail GV Meeting	145.00
Basic AA	250.00	New Dimension Group	1386.49	Vail Women's Group	283.38
By the Book	435.13	Northside Group	125.00	Weds 12 Step Study	66.20
Came to Believe	378.46	Odds & Ends	494.20	Weds Women's Zoom	60.00
Catalina BB Study Group	50.00	Old Pueblo Group	48.06	West Ajo BB Study	420.00
Catalina Wed Night Mtg	900.00	Original Saturday Group	90.00	Wms BB Promise AA Mtg	30.00
Chapter 2 Meeting	100.00	OV Sat Serenity Group	350.00	Women's Solutions	1050.00
Clean Air Group	150.00	OV Happy, Joy & Free	800.00	Women By The Book	112.84
Courage to Change Gr	90.00	Oro Valley Men's Stag	255.00	Women of Hope	262.55
Desert Drifters	200.00	OV Wmn From the Heart	524.00	Women of Wisdom	55.00
Eastside Sat AMers	175.00	Overton Sun AM Mtg	753.38	Wmn Who WB Yesterday	75.00
Faith Not Fear Group	69.00	Pink Triangle	185.49	TOTAL	44,158.56
Fantastic Breakfast Group	80.00	Primary Purpose	695.00		
Feed Your Sobriety	507.00	Rainbow Connection	89.80		
Final Frontier	1153.85	Recovery in Progress	200.00		
Fireball Meeting	96.62	Sahuarita Big Book	100.00		
Free at Last	125.82	Saturday Serenity Group	450.00		
Free Spirit Group	150.00	Saturday Step Sisters	598.00		
Friday Morning Fun Gr	540.00	Smile Group	70.00		
Get A Life	300.00	Smoke Free Nooners	3767.50		
Glum Lot Not	560.51	SNYP	77.20		
Good Life Group	175.00	Sober Sisters AA	103.00		
GV Morning Group	400.00	Solutions 445 Group	1000.00		
GV Afternoon Delight Gr	122.00	Solutions Sisters	521.95		
GV Miracle	200.00	Something Less Stuff	343.00		
GV Serenity Seekers	400.00	Southside	1100.00		
GV Sober Sisters	51.00	Southwest Happy Hour	200.00		
GV TGIF	150.00	Spiritual Kindergarten	500.00		
Happy Joyous & Free	200.00	Sun AM Bus & Prof Men	908.50		
Honest Open and Free	150.00	Sunday Morn AA Group	1000.00		
Hope Group	100.00	Sunny Side Up Group	1000.00		
Hopi Group	360.00	Sunrise Sobriety	845.15		

**24-HOUR
HOTLINE
(520)**

624-4183

OR

aatucson.org

**EASTSIDE
SYNOPSIS**

Group History: Eastside A.M.ers Group

The Eastside A.M.ers Group, an Open Discussion meeting, has been in existence since 1988, still meeting Saturdays at 7:30 a.m. at the Evangelical Covenant Church at 551 N Camino Seco. It was founded by Jimmy T.; John W.; Dave D.; and Jim D. The meeting became a registered group with GSO in summer 1993. Early members included Paul R.; Sherrie R.; Walt B.; Dick H.; George S.; and Bill R. The meeting was started because there was a need for an early Saturday morning meeting; later it change to a group to create service positions and to interact with AA on the whole.

According to the historical write up done in July 1995, the summer of 1994 saw personalities take over the meeting when one member ("ex-member now" it was written) created controversy resulting in a reduction in attendance and a loss of 50% of the membership.

BRIDGING THE GAP MEETING: Sat 8:30 am, Pima Alano Club Big Room. Lots of **newcomers** needing AA Sponsors and Friends! We need new or used Big Books! **Treatment Centers** bring your Patients, Guests, Alumni! **Prison pre-release**, tell folks about it!

Third Legacy

In-person meetings are at 1920 E. Spring Street. Check the website <https://aatucson.org/calendar/> and click on event for links to Zoom meetings, or call the Committee Chairperson's number for information.

Tucson Area Intergroup, Inc.

Meets 2nd Sun. monthly at 1:30 pm
Zoom & in person at Central Office
Chair: Ted M. (520) 907-7531

Area Liaison

Mike H. (520) 661-5448

Bridging the Gap Committee

Paul R. (520) 444-7997

CPC & PI Committees

Meets 4th Wednesday monthly
5:30 p.m. at Central Office
CPC Contact: Jim H. (520) 392-5689
PI Contact: **Position Open**

Treatment Committee

Meets 3rd Wednesday of the
month at Central Office. 7 pm
Laura S., 520-627-3399

Corrections Committee

Meets quarterly on 3rd Saturday
January, April, July & October
11:00 AM at Central Office. Hybrid
Marty T. (520) 954-5870

Events Liaison

Ken J. 520-471-7609

Grapevine Committee

Erin P. 949-981-9474
Meets 2nd Saturday monthly
9am **start time and zoom id change**
Zoom ID 82126760422
Passcode 600908

Historical Committee

Meets 2nd Sunday monthly
10am at Central Office
Patrick F. (480) 239-2478

Homebound Outreach

Crystal C. 520-591-7971

Area 03 Contributions:

Arizona Area Committee
3661 N. Campbell Ave # 605
Tucson AZ 85719

District 11 Pima County

3rd Thursday @ 7:15 pm **(NEW TIME)**
Central Office, Hybrid
DCMC Jeff B., 520-975-4150

Subdistrict 11-119

2nd Monday @ 7:00 pm
Green Valley Alano Club
DCM-Rick A., 585-880-6217

Subdistrict 11-110/115

3rd Wednesday @ 6:00 pm
NW Alano Club
DCM Emily V., 520-603-4487

Subdistrict 11-111

2nd Wednesday @ 7:00 pm
Central Office, Hybrid
Tom S., 619-846-6367

Subdistrict 11-114

3rd Wednesday @ 6:00 pm
Eastside City Hall, Ward 2
7820 East Broadway Blvd.
Karen R. 520-448-1185

Spanish Subdistrict 11-122

Meets 1st Monday 7:30 pm
2914 E 22nd St. #1 - Tucson 85713

Spanish Intergroup Office:

Spanish Hotline: (520) 622-5122

ASCYPAA Liaison

Astana W., 404-563-5335

For more information on General
Service, visit Area03.org

October Birthdays



TGIF

Jane H.	3 years
John M.	25 years
Robin D.	29 years
Shelley K.	38 years
Perry C.	42 years

801 Group

Alex L.	2 years
Dave C.	37 years
Joe S.	10 years

Afternoon Tea Daily Women's Meeting

Debra L.	2 years
Leanna M.	8 years
Mary G.	13 years
Regina M.	12 years
Samantha D.	20 years

Womens Westside BYOB

Mary R.	45 years
Bev L.	3 years
Laurel W.	1 year
Sue G.	13 years

Congratulations friends!

**Interested in working
with the Corrections
Committee? Reach out
to the chair, Marty T. @
520-954-5870**

CHECK OUT THESE SERVICE OPPORTUNITIES!

Home answering shifts are available

- ★ 1st Monday 5pm-10pm
- ★ 2nd Monday 6am-9:30am
- ★ 5th Tuesday 5pm-10pm
- ★ Back ups

SEEKING TUCSON AA GROUP HISTORIES!

If you want to contribute your group's origin story to the Tucson archives, contact Central Office or Patrick F., Chair of the Historical Committee @ (480) 239-2478

Tucson Area Intergroup Inc.
1920 E. Spring Street
Tucson, AZ 85719-3346

Address Service Requested