



JUST FOR TODAY

Recovery * Unity * Service

TUCSON AREA
INTERGROUP INC.

September 2026

OUR 3 LEGACIES September

STEP 9

9

STEP NINE

Made direct amends to such people wherever possible, except when to do so would injure them or others.

TRADITION NINE

A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

CONCEPT IX

Good service leadership at all levels is indispensable for our future functioning and safety.

Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.

Releasing the burden of guilt...

I had my list from Step 8. I knew that making amends to those people wouldn't happen all at once. I worked with my sponsor, especially with one amends to an academic institution. A mentor employed there and I were drinking buddies, and during one of our drunks, we had done some serious graffiti-type damage to some of the bulletin boards. We make amends except when to do so would injure someone, and making amends to the institution would have injured the mentor employed there. With my sponsor, we came up with an appropriate alternative. I took a class on teaching reading with the Laubach method and then volunteered as a literacy tutor at one of the public libraries.

When I was a bit over two years sober, I moved to another state and was getting my A.A. footing. I didn't have another sponsor, yet when I went across the country to a good friend's wedding as a bridesmaid. There was a lot of drinking—my friend's family had deep generational alcoholism. I wrote a letter making amends (or so I thought) and showed the letter to someone in the program. They thought the letter was fine. I sent the letter, and my friend freaked out—she was enraged and cut off our friendship. I'm sure that what I wrote was a listing of all the alcoholic damage in her family rather than any fault of mine I wanted to rectify.

It's been decades since that first round of 9th Steps, and that friendship remains in the past. I don't regret that loss because I think it needed to happen. And I learned a lot. Making amends may not be a perfect process, but it can be creative, and working intensively with a trusted sponsor can make all the difference.

— Sandra S.

Join us for Great Service Opportunities

Homebound Outreach

Crystal C. (520) 591-7971

Bridging the Gap

Contact: Paul R. (520) 444-7997

Cooperation with the Professional Community

Contact: Jim H. (520) 392-5689

Public Information

Contact Kathleen L. (520) 239-6981

Treatment

Contact: Laura S. (520) 627-3399

Corrections

Contact: Marty T. (520) 954-5870

Grapevine

Contact: Erin P. (949) 981-9474

Events

Contact: Ken J. (520) 471-7609

History

Contact: Patrick F. (480) 239-2478

ASCYPAA

Contact: Astana W. (404) 563-5335

Just For Today Editor

Contact: Tara C.
info@aatucson.org

Central Office

(520) 882-7422
info@aatucson.org

Just for Today is a monthly publication of Tucson Area Intergroup Inc. (TAII). A one-year subscription costs \$12.00 to cover mailing costs. The opinions expressed here are not necessarily those of TAII or AA as a whole. We welcome your stories, news and comments. The deadline for submission is the 15th of each month. Text may be edited for space and content. Materials cannot be returned.

Central Office News

August 2026 Central Office Report

Summer is here and days are still a bit quieter but we have fun just the same because of those who do stop by and visit.

Our rent was increased by \$137.11 for a total monthly charge of \$1449.07.

All literature is in stock!

We still have hard cover Big Books at the current price of \$12.50.

Huge shout out to Tom B. our Tuesday morning front desk volunteer for bringing his own supplies and removing the weeds from the front of Central Office!!! They were almost up to the windows

Home Answering Service available shifts are as follows:

1st Monday 5pm-10pm

5th Tuesday 5pm-10pm

Substitute coordinator Colleen is on board and worked twice alone already and it is a comfort to know she is available.

~Susan B. (Coordinator) & Lisa P. (Assistant Coordinator)

HELP FROM GROUPS is NEEDED PLEASE!

We need a group or a couple of groups **to host the Christmas Alcothon**. Please call Central Office 520-882-7422 with questions.



Courage to Change is hosting the New Years Alcothon and would love a **group to co-host**. Please contact Central Office at 520-882-7422 for more information.

ARIZONA AREA 03 2027 STATE CONVENTION PLANNING MEETING

YOUR VOICE MATTERS! COME BE OF SERVICE

EVERY 2ND SUNDAY @ 5 PM
COMMITTEE MEETING MONTHLY
ZOOM ID: 898 1319 1522
PASSCODE: 419065



Intergroup Meeting Minutes

NOTE: Full transcript of notes can be requested through Central Office.

Date: August 9, 2026

Open with the Serenity Prayer at 1:31 pm

1. **New Intergroup Representative introductions (full name and represented group):** no new IG reps this month.

2. Officer's Reports

1. Secretary – Tara C.

2. Treasurer – Kathleen L., see page 4

3. Committee Reports (Please - 3 minutes maximum per report)

a. Central Office – Susan B./Lisa P., see page 2

b. Corrections – Marty T.

Corrections is joining together with the Treatment Committee and the Bridge the Gap (The AA Legacy of Service: Alcoholics in Action: Corrections, Treatment, and Bridge the Gap co-hosting a meeting on service opportunities, Sat, Sept 19 from 12:30 to 4:30 at Mountain Vista Unitarian Universalist Church at 3235 W Orange Grove Rd.) Please promote this workshop at your home groups! Big changes are still happening at the AZ State Prison Complex. The Administration in Phoenix is continuing to have staff changes which impacts us when we cannot get volunteers cleared. The meeting at PRC is on hold, due to changes in the way the Re-Entry Center is being used. (More changes from DOC Administration) Meetings at Federal are rolling smoothly and Jails seem to be also. Cheryl M at Federal and Jack W & Belinda Z at jail have really established great working relationships with the staff and are able to provide meetings without much hassle.

c. Bridge the Gap – Paul R. not present

d. PI/CPC – Jim H. (CPC), <open> (PI) Meeting on the 29th. Events coming up: Yaqui recognition Day, a health fair, possibly a table at the Tucson Book Festival. Discussing paying to join another health fair but not sure bc of small budget. Working w the 3 University nursing schools

e. Treatment – Laura S., hoping to get more people to come and looking to see who is at which treatment centers, etc. and where people are, etc. Next meeting is in September.

f. Grapevine – Erin P. No report this month.

g. Special Events – Ken J., no report

h. Historian – Patrick F., not present

i. Homebound Outreach – Crystal C., they have a box of books/supplies at Central Office if they are taking a meeting and same with info cards and they have 20 volunteers. Trying to drum up more interest in Green Valley. Eileen requested that people announce that this is available.

4. Seventh Tradition (Ask an IGR to read the month's Tradition, and pass the basket)

5. Liaison Reports

a. Spanish Speaking Liaison - <still open>

b. Vice Chair/ Area Liaison – Mike H.

- Treasurer (John), -- Contributions 2026: \$6042; Available Funds: \$7366

- Archivist (Rick), -- Group history forms are available through Eileen B Sub-district 11-119 Intergroup Rep

- GRSs, NA

- DCMs NA

- DCMS (Jeff), 2027 Conference still looking for people to help with Committees

-- Presented 3 Panel Topics for the Assembly.

c. Al-Anon Liaison – Bob H. Not present.

6. Old Business

a. Elections for service committee chairs, 2-year term, starting January 1, 2026. Recommended 2 years of sobriety.

b. Public Information Coordinator needed – Kathleen (Treasurer) volunteered!!

7. New Business

a. Corrections Committee to do a service workshop to inform about service opportunities for all Corrections, Treatment and Bridging the Gap committees. We expect costs for the workshop to be about \$400 and requesting ½ that amount from Intergroup (\$200), as Treatment will be contributing ½ also Rent for \$100. AV person and equipment \$75. Refreshments of coffee, water, and cookies \$125. Printing \$100. Eileen put forth a motion for \$225, and it was seconded. No opposition.

b. Laura: Pink Can for Treatment: bc they want to get more literature (pamphlets at least) – does anyone have any info on that? Ted said Corrections did make heavy use of the Pink Can years ago that so much money was going to Corrections and Intergroup was not being supported so decision was made that all monies coming go to Intergroup and then get distributed to committees. Corrections wanted to start that again, but the reality is that Tucson Intergroup operates that way.

c. Ken: Courage to Change is looking for a co-host for the New Years Alcolthon and Christmas is still open for hosting.

d. Shannon where did online equipment for Area 03 go – Lisa: it was sold. Also, what about money for Women's Lunch which is being planned. Lisa mentioned that money has gone away. And it is not an Intergroup even so not funded by Intergroup.

8. Next Intergroup meeting – September 13, 2026

9. Intergroup Representative announcements

Adjourn with Responsibility Declaration

Tara C., Secretary, Women's Westside BYOBB, 703-470-5901

TREASURER'S REPORT*

Date of Reconciliation: 08/04/2026

Total Operating Funds	\$65,022.29
Total Income	\$14,868.07
Cost of Goods Sold	\$2,268.59
Gross Profit	\$12,599.48
Total Expenses	\$ 7,423.94

Net Income	\$ 5,175.54
YTD Net Income	\$20,043.88

Current available funds for operating total of \$59,747.28 which is equal to 5.25 months' operating expenses.

We have also established a savings account holding our prudent reserve of \$20,780.97 which equals 16.58% of our annual budget.

*Any member of AA has the right to examine the budget. Contact Central Office



The A.A. General Service Office has now posted the **Final Report** for the **Special Online Forum for Deaf Alcoholics Anonymous Members**, held on **January 17, 2026**.

This was the first **Special Forum** of its kind in A.A. history, created in response to an expressed need from Deaf A.A. members.

You can read the report by scrolling down to **Special Forums** on the A.A. website:

Final Report: Special Online Forum for Deaf A.A. Members, January 17, 2026

<https://www.aa.org/regional-local-and-special-forums>

The **Spring 2026** issue of **Box 4-5-9** also highlights this historic event as the first-ever Special Online Forum for Deaf Alcoholics Anonymous Members and shares the history that led to its creation. [Box 459 AA Newsletter Spring 2026](#)

This milestone was made possible because of the love, encouragement, and support of **Area 58** and **Portland Deaf Access Committee PDAC**, whose commitment to providing access to A.A. service for Deaf A.A. members helped make this forum a reality.

Thank you to everyone who worked to expand accessibility and ensure that Deaf alcoholics have a voice and a place in A.A. service.

Attendees at the August 2026
Intergroup Meeting:

MEETINGS

12 @ 12 NWAC
4:45 Solutions Group
A Step Study
AAfternoon Tea Daily Women's Meeting
ABC Group
Courage to Change
Get A Life Group
Little House
Morning Shades
Smoke Free Nooners
Step Sisters Meeting
Stone Sober
Survivors' Big Book Study Meeting
TGIF
Thursday Sharing Group
Twelve Stepping Sisters
Weeknight Newcomers
Women's Westside BYOB

COMMITTEES & SUBDISTRICTS:

CPC
Homebound Outreach
Special Events
Sub-District 11- 119
Sub-District 11-110/115
Treatment

"With a Little Help from Our Friends"
for July:

Bryan C.; Connie T.; Dona P.; Elizabeth T.;
Eric W.; Hal V.; Jan G.; Jane L.; Jeffery G.;
Katrina S.; Lynne L.; Michael J.; Mick C.;
Mollie & Sally; Reggie T.; Robert S.; Steve
& Mo.

THANK YOU, FRIENDS!

Misc. Income from July:

Central Office Meeting Rent: \$259.00
JFT Subscriptions: \$12.00
Personal Contributions: \$1942.05

For August
Hotline calls: 48
Web hits: 15K in June

MEETING INFO & SERVICE OPPORTUNITIES

THE AA LEGACY OF SERVICE: ALCOHOLICS IN ACTION

Corrections, Treatment & Bridge the Gap TAIL Committees
invite you to our workshop to inform you about
AA service opportunities in our community

Saturday September 19th 12:30-4:30
Mountain Vista Unitarian Universalist Congregation
3235 W Orange Grove Rd

Do you have questions about a service commitment in Corrections or Treatment?
Sign up, get informed, ask questions, share experiences, and join us!
Your experience is their way out.

HOMEBOUND OUTREACH SERVICE – **HELP NEEDED!!**

The **Homebound Outreach Committee** has been resurrected and we need your help! As the name implies this committee brings meetings to fellow members who can't attend in-person meetings but would still like to have personal contact rather than Zoom alone. (see below for the original Homebound Outreach meeting!)

You can help in two ways:

1) We are building a bank of volunteers who can visit as needed. If you'd like to help, please text your name, number, and part(s) of town you'd be able to visit to Crystal C. at 520-591-7971 or Central Office.

2) If you know of someone who is homebound who would like a meeting brought to them, let Central Office know.

Thanks so much!

LOCATION CHANGE for **FREE AT LAST**

Free at Last still meets at 6:30pm every Tuesday, but we have **moved to a new location just down the street** from our old location. Come and check it out! This location has better acoustics and so hearing all the shares will be easier!

We are around back of **Saguaro Christian Church** on Broadway and Sarnoff. Enter from Sarnoff.

We are conveniently located just across from the ice-cream shop!

8402 E. Broadway, Tucson, AZ 85710

Interested in working with the Corrections Committee? Reach out to the chair, Marty T. at 520-954-5870

Looking for meeting space?

Smoke Free Nooners group recently changed its charter to allow other groups and meetings to use their facility more easily. There are many time slots available for any groups seeking a meeting location!

SEEKING TUCSON AA GROUP HISTORIES!

If you want to contribute your group's origin story to the Tucson archives, contact Central Office or Patrick F., Chair of the Historical Committee @ (480) 239-2478

"Rebosante de gratitud, el corazón tiene que latir con un amor..."

Como Lo Ve Bill, p. 37

¿Tiene un problema con la bebida?

Hay una solución. Comuníquese con nosotros:

520.622.5112

Página web: www.OISAdTucsonAA.org

Facebook: Alcohólicos Anónimos - Sur de Arizona



Group Contributions Thru July 2026*

*YTD Group contributions for the current issue will be YTD (it's always a month behind publishing, and 2 months behind the issue date).

12 @ 12 (NW Alano)	400.64	Just Show Up Group	147.50	Surrender Group	100.00
12 St. Msgs & Principles	321.70	Language of the Heart	150.00	Survivors Big Book Study	324.50
6 pm Wknight Newcomers	810.00	Lodestar of Hope	1000.00	T.A.A.G.	70.00
9/11 Group	550.00	Men Seeking Guidance	200.00	TGIF	648.97
A Design for Living Group	32.44	Midvale Morning Group	900.00	The Crow's Nest Benson	200.00
A Step Study	300.00	Monday Audio Big Book	25.00	The Fantastic Bkfst Club	119.00
AA for Alcoholics	1,050.00	Monday Eve Pantano Gr	30.00	Thursday Sharing Group	100.00
AA Young Peoples GV	150.00	Morning Awakening	236.40	Tucson Men's Stag	1,857.00
AAfternoon Tea Wms Mtg	150.00	Morning Shades Zoom	645.48	Twelve Stepping Sisters	442.50
ABC Group	750.00	New Beginnings	640.00	Upon Awakening	400.00
Amen Mens Stag	360.00	New Beginnings Oracle	80.00	Vail GV Meeting	145.00
Back Door Friends	206.00	New Dimension Group	1386.49	Vail Women's Group	283.38
Basic AA	100.00	Northside Group	125.00	Weds 12 Step Study	66.20
By the Book	342.63	Odds & Ends	494.20	Weds Women's Zoom	60.00
Catalina BB Study Group	50.00	Original Saturday Group	90.00	West Ajo BB Study	420.00
Catalina Wed Night Mtg	400.00	OV Sat Serenity Group	350.00	Wms BB Promise AA Mtg	30.00
Chapter 2 Meeting	100.00	OV Happy, Joy & Free	800.00	Women's Solutions	1050.00
Clean Air Group	100.00	Oro Valley Men's Stag	255.00	Women By The Book	112.84
Courage to Change Gr	90.00	OV Wmn From the Heart	524.00	Women of Hope	262.55
Desert Drifters	200.00	Overton Sun AM Mtg	753.38	Women of Wisdom	55.00
Eastside Sat AMers	175.00	Pink Triangle	185.49	Wmn Who WB Yesterday	75.00
Faith Not Fear Group	69.00	Primary Purpose	695.00	TOTAL	40,735.82
Feed Your Sobriety	485.00	Recovery in Progress	200.00		
Final Frontier	1153.85	Sahuarita Big Book	100.00		
Free at Last	21.43	Saturday Serenity Group	450.00		
Free Spirit Group	150.00	Saturday Step Sisters	598.00		
Friday Morning Fun Gr	540.00	Smile Group	70.00		
Get A Life	200.00	Smoke Free Nooners	3767.50		
Glum Lot Not	560.51	SNYP	77.20		
Good Life Group	175.00	Sober Sisters AA	103.00		
GV Morning Group	400.00	Solutions 445 Group	1000.00		
GV Afternoon Delight Gr	122.00	Solutions Sisters	406.88		
GV Miracle	200.00	Something Less Stuff	343.00		
GV Serenity Seekers	300.00	Southside	1100.00		
GV Sober Sisters	51.00	Southwest Happy Hour	200.00		
GV TGIF	150.00	Spiritual Kindergarten	500.00		
Honest Open and Free	150.00	Sun AM Bus & Prof Men	908.50		
Hope Group	100.00	Sunday Morn AA Group	800.00		
Hopi Group	360.00	Sunny Side Up Group	1000.00		
Ironwood Hills Group	120.00	Sunrise Sobriety	580.66		

**24-HOUR
HOTLINE
(520)**

624-4183

OR

aatucson.org

EASY DOES IT

Group History: TGIF (Thank God It's Fun)

The TGIF (Thank God it's Fun) Group started in 1985 by Larry R., Rayne V., and Johnnie B.; early members also included Clark R., Perry M., John W., and Mike F. The group initially met at the Pima Alano Club Annex and then moved to Catalina Methodist on Speedway in April 1988. It has since moved to St. Mark's Episcopalian on E. 3rd Street and still meets at 5:45 pm. The meeting was originally started because of the need for a larger, brighter facility. The move created JDFD group of members who stayed at the annex. Vince the then GSR who wrote the history in May 1996, said the group offered childcare when it moved to Speedway and continues to, one of the few meetings in Tucson that does that. He said the group had regular inventories for as long as it could remember and the group's common topic was always "how can we reach out more?" In that same write up, TGIF says that amusing stories abound because they think sobriety is fun, it still gives marbles based on a story, and where they once held anniversary roasts, they now celebrate anniversaries monthly with a potluck on the last Friday of the month.

BRIDGING THE GAP MEETING: Sat 8:30 am, Pima Alano Club Big Room. Lots of **newcomers** needing AA Sponsors and Friends! We need new or used Big Books! **Treatment Centers** bring your Patients, Guests, Alumni! **Prison pre-release**, tell folks about it!

Third Legacy

In-person meetings are at 1920 E. Spring Street. Check the website <https://aatucson.org/calendar/> and click on event for links to Zoom meetings, or call the Committee Chairperson's number for information.

Tucson Area Intergroup, Inc.

Meets 2nd Sun. monthly at 1:30 pm
Zoom & in person at Central Office
Chair: Ted M. (520) 907-7531

Area Liaison

Mike H. (520) 661-5448

Bridging the Gap Committee

Paul R. (520) 444-7997

CPC & PI Committees

Meets 4th Wednesday monthly
5:30 p.m. at Central Office
CPC Contact: Jim H. (520) 392-5689
PI Contact: **Position Open**

Treatment Committee

Meets 3rd Wednesday of the
month at Central Office. 7 pm
Laura S., 520-627-3399

Corrections Committee

Meets quarterly on 3rd Saturday
January, April, July & October
11:00 AM at Central Office. Hybrid
Marty T. (520) 954-5870

Events Liaison

Ken J. 520-471-7609

Grapevine Committee

Erin P. 949-981-9474
Meets 2nd Saturday monthly
9am **start time and zoom id change**
Zoom ID 82126760422
Passcode 600908

Historical Committee

Meets 2nd Sunday monthly
10am at Central Office
Patrick F. (480) 239-2478

Homebound Outreach

Crystal C. 520-591-7971

Area 03 Contributions:

Arizona Area Committee
3661 N. Campbell Ave # 605
Tucson AZ 85719

District 11 Pima County

3rd Thursday @ 7:15 pm **(NEW TIME)**
Central Office, Hybrid
DCMC Jeff B., 520-975-4150

Subdistrict 11-119

2nd Monday @ 7:00 pm
Green Valley Alano Club
DCM-Rick A., 585-880-6217

Subdistrict 11-110/115

3rd Wednesday @ 6:00 pm
NW Alano Club
DCM Emily V., 520-603-4487

Subdistrict 11-111

2nd Wednesday @ 7:00 pm
Central Office, Hybrid
Tom S., 619-846-6367

Subdistrict 11-114

3rd Wednesday @ 6:00 pm
Eastside City Hall, Ward 2
7820 East Broadway Blvd.
Karen R. 520-448-1185

Spanish Subdistrict 11-122

Meets 1st Monday 7:30 pm
2914 E 22nd St. #1 - Tucson 85713

Spanish Intergroup Office:

Spanish Hotline: (520) 622-5122

ASCYPAA Liaison

Astana W., 404-563-5335

**For more information on General
Service, visit Area03.org**

September Birthdays



HOP!

Gary B. 39 years
George T. 41 years
Jim D. 41 years

TGIF

Don W. 25 years
Ted M. 34 years
Thom M. 4 years

AAfternoon Tea Daily

Women's Meeting

Debbie B. 40 years
Diana W. 1 year
Norveigh V. 1 year
Stacia R. 14 years
Theresa V. 27 years

Women's Westside

BYOBB

Christy H. 09/06/15
Liz P. 09/23/25
Mary D. 09/17/18
Stephanie A. 09/14/99
Veronica M. 09/29/12

Thursday Sharing Group

Larry D. 6 years
Late for August:
Sandy M. 50 years
Bee V. 37 years

Congratulations friends!

The willingness to grow
is the essence of all
spiritual development.

As Bill Sees It
p. 171



CHECK OUT THESE SERVICE OPPORTUNITIES!

Home answering shifts are available

- ★ 1st Monday 5-10 pm
- ★ 5th Tuesday 5:00 to 10:00 pm
- ★ Back ups

Does your group have representation at the Intergroup Committees? The GSR and the Intergroup Rep roles are important but so are committees!

Send your home group's voice, questions, contributions and ideas to Corrections, Treatment, Grapevine, Historical, CPC & PI, or Bridging the Gap committees listed above.

Tucson Area Intergroup Inc.
1920 E. Spring Street
Tucson, AZ 85719-3346

Address Service Requested