



JUST FOR TODAY

Recovery * Unity * Service

**TUCSON AREA
INTERGROUP INC.**

February 2026

OUR 3 LEGACIES February

2

STEP TWO

Came to believe that a Power greater than ourselves could restore us to sanity.

.....

TRADITION TWO

For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience.

Our leaders are but trusted servants; they do not govern.

.....

CONCEPT TWO

The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole society in its world affairs.

STEP 2

Having An Open Mind

Out of despair and fear, I refused to take a risk to learn something new or do something different. My usual thought was, "Why bother? I will fail at it anyway". I have discovered that my negative view of myself and my self destructive thought patterns kept my mind tightly shut like a trap door, with me trapped inside. I was so afraid of the unknown and the unfamiliar, I walled up my mind and my childlike curiosity was almost completely snuffed out. Then, I came into the rooms of Alcoholics Anonymous with a desperation only the terminally ill can possess. I learned about step two and how a Higher Power could restore my mind, if I just gave It a chance. As I allowed my mind to gradually open up, that also allowed my curiosity to wake up from a sleep so deep it became atrophied. At that point I figured, what do I really have to lose?! I was absolutely miserable! I was suffering a type of torture pretty much every fellow alcoholic I have encountered can relate to...my own thinking! I would do ANYTHING to not be stuck in my head anymore! So, I ran the experiment and embraced hope. A most awesome thing started to happen, I began to see things with brand new eyes! I felt curious once more and I even began to be playful again. I started to sing and dance, frolicking in the light of the Sun. Soon after that, I was even able to start laughing a bit. I now look back and I realize this was my first actual spiritual experience! As I opened my mind to new possibilities, I became open to all the blessings around me. The most profound result from my opening was seeing my potential.

Tina P.

Join us for Great Service Opportunities

Homebound Outreach

Open position

Bridging the Gap

Contact: Paul R. 520-444-7997

Cooperation with the Professional Community

Contact: Jim H. (520) 392-5689

Public Information

Open Position

Treatment

Contact: Laura S. (520) 627-3399

Corrections

Contact: Marty T. (520) 954-5870

Grapevine

Contact: Erin P. (949) 981-9474

Events

Contact: Ken J. 520-471-7609

History

Contact: Patrick F. (480) 239-2478

ASCYPAA

Contact: Katie S. 732-284-1133

Just For Today Editor

Contact: Tara C.
info@aatucson.org

Central Office

(520) 882-7422
info@aatucson.org

Just for Today is a monthly publication of Tucson Area Intergroup Inc. (TAII). A one-year subscription costs \$12.00 to cover mailing costs. The opinions expressed here are not necessarily those of TAII or AA as a whole. We welcome your stories, news and comments. The deadline for submission is the 15th of each month. Text may be edited for space and content. Materials cannot be returned.

Central Office News

January 2026 Central Office Report

HAPPY NEW YEAR!!!!

Service opportunities are available. We need volunteers for the front desk for the Tuesday A.M shift and Thursday P.M. shift. We also have openings for the home answering service. Please call the office line at 520.882.7422 for more information.

Both Alcothons were great with large turn out from the fellowship. Kudos to Tucson Into Action Group and Co-Host Foothills Newcomers Group for Christmas and to TGIF! for a great New Year's event. Thank you for all your hard work and dedication to our fellowship.

AAWS sent an email dated 12/22/25 informing of a price increase to take effect on February 1, 2026. The board approved a price increase of \$3.00 per item for books and a 15% increase for all other literature items with standard rounding applied. The Administration Sub Committee will discuss this in detail and make a recommendation for best practices and the least impact on Central Office and our members.

~Susan B. (Coordinator) & Lisa P. (Assistant Coordinator)

ATTENTION: Request from the Treatment Committee:

The Treatment Committee needs you to contact them to **let them know if you are currently taking a meeting into a treatment facility.** They'd like all the information you have, including where, when, the type of meeting being held (speaker, discussion, study), the contact information for the facility, and the name of the Home Group doing the service.

Please email Melanie.Walters22@gmail.com or contact Central Office. THANK YOU!

Intergroup Meeting Minutes

NOTE: Full transcript of notes can be requested through Central Office.

Date: January 11, 2026

Open with the Serenity Prayer at 1:30 pm, Ted read the purpose of Intergroup.

1. New Intergroup Representative introductions (full name and represented group)

Novi, Sunday Young Persons Group; Asana, ASCYPAA; Tina, Smoke Free Nooners; Josie, Morning Shades; Jude, Subdistrict 111; Kadija, Get a Life; Aaron, 801; Deena, Women's Afternoon Tea; Ken, TGIF; Tim, Southside; Sharon, Subdistrict 111; Victoria, Free At Last; Eileen, Subdistrict 119; Patrick, Thurs AM Sharing Group; Diane, Survivors BB in OV

2. Officer's Reports

a. Secretary – Tara C. Dec Minutes reviewed, no comments. Kelly motion, Jude seconded, passed.

b. Treasurer – Kathleen L.. see page 4

3. Committee Reports (Please - 3 minutes maximum per report)

a. Central Office –Susan B./Lisa P., see page 2

b. Corrections – Marty T. –Quarterly mtgs now. The next meeting is 1/17 and the start time has changed to 11:00 am. We are hoping to get corrections reps from Meetings. We'd like Home groups to have Corr had tables at Xmas and NY alcohthons. There were two alcohthons at correction facilities! She and Ted are on the state correction committee and will be going to state convention in October.

c. Bridge the Gap – Paul R. not present

d. PI /CPC – Jim H. next meeting at Central Office at Jan 28. We are going to start a campaign to contact churches. **(CPC), <open> (PI)**

e. Treatment – <open>

f. Grapevine – Erin P., met yesterday, voted to change time from 10 to 9 am. Had question about budget increase: Ted: discussing today.

g. Special Events – <open>

h. Historian – Patrick F.: Nothing new to report but happy to have participated in the holiday events.

i. Homebound Outreach - <open>

4. Seventh Tradition (Ask an IGR to read the month's Tradition, and pass the basket)

5. Liaison Reports

a. Spanish Speaking Liaison - <open>

b. Vice Chair/ Area Liaison – Mike H.; DISTRICT 11 met on December 20, 2025, at 7:00 p.m. at Central Office. Treasurer reported: Cash in the bank: \$5,273.88(less \$1500.00 Prudent Reserve). Total income less expenses: \$3,538.93. **DCM REPORTS:** 11-111 No Report. Not present.; 11-114 Barely above prudent reserve, will be funding DCM going to PRAASA; 11-119 Elections held and all positions filled except Secretary and DCM.; 11-110/115 Elections held . All positions except Alt. DCM filled.; ALT DCMC No report. Not present. **District Handbook Discussion:** DCMC read the changes that were recommended by the Handbook Committee. The consensus was that more work needs to be done. Motion to dissolve the Ad Hoc committee and form a new Committee at the net meeting. Motion Passed.

Elections: Treasurer – no one elected; Secretary – no one elected.; Motion to bid for the 2027 Area 03 State Convention. Seconded. Motion Passed.; 2026 PRAASA, Feb 27-Mar 1, 2026, Honolulu HI; Area 03 Pre-Conference Assembly April 10-12, 2026, in Tucson

c. Al-Anon Liaison – Bob H. – Not present.

6. Old Business

a. Elections for service committee chairs, 2-year term, starting January 1, 2026. Recommended 2 years of sobriety.; Special Events Coordinator: Ken, elected by acclamation; Treatment Coordinator: Laura, elected by acclamation; Homebound Outreach Coordinator – still open; Public Information Coordinator – still open

b. Elections for (4) at-large members of the Administrative Subcommittee for 2026. The Administrative Subcommittee is the board of TAI, Inc., and meets monthly one hour before the Intergroup meeting. The at-large members must be Intergroup Representatives from their home groups. Recommended one year sobriety. New members are: Deena; Julie; Tina; Ken

c. Storage and/or display at Central Office of the 1st edition, 14th printing Big Book said to be signed by Bill W. The book is stored at Central Office, and if wished, is displayed by the Historian at Intergroup special events (Founder's Day and Christmas and New Year's Alcohthons). Patrick: motion to add carriage bolts to the cabinet to secure it. And then for special events, he would unlock it and take it to events. Ken seconded. Patrick and Central Office will work how to display it – **motion approved.**

7. New Business

a. Proposed 2026 TAI, Inc. budget. See also Corrections and Grapevine Committee budget increase requests attached to this agenda.

Ted showed the proposed budget. Whitey proposed and Deena seconded. Vote for budget–**approved.**

b. Committee requests: **Corrections** is asking for 2026 budget \$1000 because they always spend their money and committee members wind up making personal contributions. They take a lot of literature into meetings and want to take Spanish literature into prisons as well. Whitey made motion and Spencer seconded. **Motion carried.** **Grapevine** requests \$150 in budget bc they want to have two workshops this year and be involved in more committees' events and be more involved in the community. Josette made motion to increase from \$300 to \$450. **Motion carried.**

c. Christmas and New Year's Alcohthon feedback from Intergroup Representatives.

Ken from TGIF suggested that next year's groups check the storage container before purchasing and Tim from Foothills Newcomers – we overbought beverages. Our only other thing was the wiring near the stage and we maybe next year need to look at that.

- Central Office has been notified by the City of Tucson that our shipping container requires a building permit, and we must obtain a permit or get rid of the container. A tentative action-by date is January 30, 2026, after which fines may be levied (so far, the City has been forgiving in this regard). Our options include: 1) Apply for the required permit. If the container can be permitted where it is, the cost is perhaps \$10,000-\$11,000 for the professional services and permit. 2) **Sell the shipping container (original cost was about \$5,500) and store the events material in monthly rental storage unit (cost perhaps \$75-\$100/month). 16 for, 1 opposed, (minority option -- to ask the city for another month to come up with another idea).** 3) Sell it and not retain events materials.

A motion is needed to take action. Ted: Ken will stand up and Ad Hoc committee to look at this and he will ask the City for a bit of extension on taking action. **Whitey wants to find a new and larger home for Central Office Spencer seconded. Austin said this set up works. 11 in favor 8 opposed. Whitey and Spencer and Patrick will report back to Admin SC**

8. Next Intergroup meeting – February 8, 2026

9. Intergroup Representative announcements: Laura: Speaker in Scottsdale; Asana: ASCYPAA Conf is Aug At Reid Park DoubleTree; Patrick: he wants to hold a meeting in April at the grave of the first Tucson AA. Contact him for details.

Adjourn with Responsibility Declaration

TREASURER'S REPORT*

Date of Reconciliation: January 6, /2026

Total Operating Funds	\$48,427.47
Total Income	\$ 8,931.83
Cost of Goods Sold	\$ 3,012.84
Gross Profit	\$ 5,918.99
Total Expenses	\$ 7,917.40
Net Income	\$ -1,998.41
YTD Net Income	\$ -485.30

Current available funds for operating total of \$48,427.47 which is equal to 4.90 months' operating expenses.

We have also established a savings account holding our prudent reserve of \$20,762.86 which equals 17.73% of our annual budget.

**Reminder that ANY AA member can review Intergroup finances by contacting Central Office.*

24-HOUR HOTLINE
(520) 624-4183

OR aatucson.org



©DESIGNALIKE

Service Opportunities!

Overnight phone volunteers are needed! Contact Central Office for more information at 520-882-7422

Central Office needs volunteers and a few alternate (back up volunteers) to work the front desk, answering calls and greeting visitors. The shifts are:

Tuesday morning 9:30am to 1:30pm and
Thursday afternoon 1:30-5:30 pm

Attendees at the January Intergroup Meeting:

MEETINGS:

Midvale Morning Group
Little House
Morning Shades Zoom Group
TGIF
New Dimensions
Step Sisters
Upon Awakening Group
Foothills Newcomers
Free At Last
Southside Group
Survivors Big Book Study
801 Group
Wednesday Twelve Step Study
Smoke Free Nooners
Basic AA
Thursday Sharing Group
Sunday Night Young Persons
Get a Life Group
Honest Open and Free
Morning Shades
Northwest Alano Club 12&12
AA Afternoon Tea Daily
Women's Westside BYOBB

COMMITTEES & SUBDISTRICTS:

Grapevine
CPC
Corrections
Historian
Sub-district 11-114
ASCYPAA Host Committee
Subdistrict 11-110-115

PYMWYMI (Puttin' Your Money Where Your Mouth Is!)

Bill P.; Brian & Valerie; Connie T.;Dona; Donna; Christina S.; Elizabeth T.; Hal V.; Katrina S.; Lynne L.;
Michael J.; Mollie H.; Reggie T.; Robert A.; Steve and Mo

THANK YOU FRIENDS!

Meeting Spotlight*



Courage to Change Group

Tuesday, 8:00 pm to 9:00 pm

22nd St Baptist Church

6620 E 22nd St

Tucson, AZ 85710

Now meets Face to Face only.

Look for large lighted sign for 22nd St Baptist Church.

The door to the meeting is just south of the sign.

****If you want your meeting in the spotlight OR your meeting needs support, send an email to: info@aatucson.org**

Hotline calls recorded during Central Office

business hours for December: 53

Web hits: 17.3 K in December

Misc. Income:

Central Office Meeting Rent: \$615.00

JFT Subscriptions: \$24.00

Personal Contributions: \$1327.83

Have a change to your meeting's time or location??

You can find a form to do that at:

aatucson.org and click on Meetings!

The essence of all growth is a willingness to change for the better and then an unremitting willingness to shoulder whatever responsibility this entails.

—Grapevine, July 1965



Tucson Area Intergroup is looking for a representative from the Spanish speaking AA community to serve as a liaison between the Spanish speaking AA community and Intergroup, facilitating communications, notifications of events and other information. If you would like to serve, please contact Alcoholicos Anonimos-Sur de Arizona at 520-622-5112 or Tucson Area Intergroup at (520) 882-7422 or by email at info@aatucson.org.

ATTENTION LADIES!!

AAfternoon Tea
Women's Daily

AA Meeting

**NEEDS YOUR
SUPPORT**

3:30 pm

6061 E. Broadway
Eastside Meeting Place



¿Tiene un problema con la bebida?

Hay una solución. Comuníquese con nosotros:

520.622.5112



Página web: www.OISAdetucsonAA.org

Facebook: Alcohólicos Anónimos - Sur de Arizona

Group Contributions Jan thru December 2025*

11th Step Meditation Mtg	50.00	Glum Lot Not	821.82	Primary Purpose	675.00
12 @ 12 (NW Alano)	437.24	Golf Links Group	963.00	etired Professionals	242.28
12&12 GV Group	144.91	Good Life Group	125.00	Rincon Group	390.00
801 Group	410.73	Green Valley Men's Group	100.00	RIP Meeting	100.00
9/11 Group	500.00	GV Nooners	469.00	Sahuarita Brand New	75.00
9th Step	25.00	GV Afternoon Delight Gr	215.00	Saturday Serenity Gr	1,150.00
A Daily Reprieve	474.80	GV Lamplighters	173.22	Saturday Step Sisters	810.00
A Step Study	400.00	GV Mon Night BB Study	100.00	Simply Sober Meeting	42.00
AA for Alcoholics	900.00	GV MORNING GROUP	200.00	Smoke Free Nooners	1,827.50
AA Young Ppls GV	200.00	GV Nooners	500.00	Sober Lunch Group	195.59
Afternoon Tea Womens	124.00	GV Serenity Seekers	250.00	Sober Sisters AA	129.00
ABC Group	942.00	GV TGIF	300.00	Solutions 445 Group	1,000.00
Airport Area Nooners	200.00	Happy, Joyous & Free	200.00	Something Less Stuffy	240.00
Ajo Group	100.00	Himmel Park	758.20	Southside	996.62
Amen Mens Stag	684.00	Hopi Group	970.00	Southwest Happy Hour	200.00
Anonymous Groups	47.00	Houghton Sunset	400.00	Stone Sober	136.00
AZ AA Women's Conf	200.00	Jaywalkers	121.00	Sub District 11-119	600.00
Back Door Friends	200.00	JDFD	25.00	Sun AM BusProf Men's	2,167.78
Basic AA	368.68	Just Show Up Group	136.00	Sunday AM AA Group	1,000.00
Between the Tracks	20.00	Lang of the Heart Group	48.06	Sunny Side Up Group	801.00
By the Book	449.27	Lodestar of Hope	1,000.00	Sunrise Sobriety	602.28
Came to Believe	480.19	Love & Tolerance W's Gr.	38.85	Survivors BB Study	404.00
Campus Newcomers	144.00	Men Seeking Guidance	1,500.00	SWACYPA	1,050.24
Cat Mtn/Spiritual Kgartn	1,225.00	Midday Mtg Pima Alano	368.05	TGIF	
Catalina BB Study Group	100.00	Midvale Morning Group	900.00	739.48	
Clean Air Group	125.00	Monday Eve Pantano Gr	28.64	The Crow's Nest Benson	50.00
Courage to Change Gr.	90.00	Monday Night Big Book	100.00	The Fantastic Bkfst Club	44.00
Daily Reflections Meeting	7.85	Morning Awakening	511.00	Thurs Sharing Group	200.00
Desert Drifters	400.00	Morning Shades	915.00	Tucson Doctors Anon	685.00
Dove Mountain Group	1,013.00	Morning Shades Zoom	901.08	Tucson Into Action Gro	273.12
Eastside Nooners	96.62	New Beginnings	400.00	Tucson Men's Stag	2,477.00
Eastside Sat AM'ers	650.00	New Dimension Group	773.44	Twelve Stepping Sisters	461.00
Faithful Fivers	5.00	New Dimension Virtual	304.70	Upon Awakening	1,400.00
Fantastic Breakfast Group	163.00	Northside Group	350.00	Vistoso Retreads	90.00
Feed Your Sobriety	925.00	Odds & Ends	697.94	Wknight Newcmrs Gr	1,242.00
Final Frontier	1,305.00	Old Pueblo Group	50.00	Westside Primary Purp	125.00
Foothills Newcomers	3,300.00	OV Happy, Joyous & Free	800.00	Where Women Are Wel	65.00
Free at Last	440.00	OV Men's Stag	601.00	Women's BB Thursday	150.50
Free Spirit Group	200.00	OV Wmn From The Heart	444.00	Women's Solutions	585.87
Freedom Group	60.00	OV Survivors Big Book Gr.	358.00	Women By The Book	258.00
Friday Morning Fun Group	300.00	Overton Sun Morn Mtg	814.67	Women of Hope	125.95
Friends of Bill W Meeting	150.00	Pink Triangle	366.10	Women of Wisdom	45.00
Get A Life	260.00	Pre-Weekenders	144.00	Wm Who Wrnt Born Yest	100.00

TOTAL \$58,427.95

*YTD Group contributions for the August issue will be YTD through June (it's always a month behind publishing, and 2 months behind the issue date).

SEEKING TUCSON AA GROUPS' HISTORIES!

Can your group recount its start in Tucson AA? If you want to contribute your group's origin story to the Tucson archives, contact Central Office or Patrick F., Chair of the Historical Committee @ (480) 239-2478

Group History: Between the Tracks

This group was founded Nov. 2, 2004, as a result of a split from Sober Roadrunners. Pam C, Siri C, Jason A and John B were founding members. Early members included Ann W, Sharon, Taney M and Chris E. The group first met at St. Rita's Shrine in Vail at 7:00 pm on Tuesdays as a Step and Speaker meeting. In 2005, the group had 10-12 members. The meeting is still going on, but it's also a hybrid meeting. The name was a suggestion from a visitor because the group meets between two sets of railroad tracks.

Third Legacy

In-person meetings are at 1920 E. Spring Street. Check the website <https://aatucson.org/calendar/> and click on event for links to Zoom meetings, or call the Committee Chairperson's number for information.

Tucson Area Intergroup, Inc.

Meets 2nd Sun. monthly at 1:30 pm
Zoom & in person at Central Office
Chair: Ted M. (520) 907-7531

Area Liaison

Mike H. (520) 661-5448

Bridging the Gap Committee

Paul R. (520) 444-7997

CPC & PI Committees

Meets 4th Wednesday Monthly
5:30 p.m. at Central Office
CPC Contact: Jim H. (520) 392-5689
PI Contact: *Position Open*

Treatment Committee

Laura S., 520-627-3399

Corrections Committee

Meets quarterly
10:30 AM at Central Office AND online
Marty T. (520) 954-5870

Events Liaison

Ken J. 520-471-7609

Grapevine Committee

Erin P. 949-981-9474
2nd Saturday monthly meeting
9am *start time and zoom id change*
Zoom ID 82126760422
Passcode 600908

Historical Committee

Meets 2nd Sunday
8:15am at Central Office
Patrick F. (480) 239-2478

Homebound Outreach

Position Open

Area 03 Contributions:

Arizona Area Committee
PO BOX 13714
Scottsdale, AZ 85267

District 11 Pima County

3rd Thursday @ 7:00pm
Central Office, Hybrid
DCMC Jeff B., 520-975-4150

Subdistrict 11-119

2nd Monday @ 7:00 pm
St. Francis Episcopal, Green Valley
DCM- not filled yet

Subdistrict 11-110/115

3rd Wednesday @ 6:00pm
NW Alano Club, Hybrid
DCM Emily V., 520-603-4487

Subdistrict 11-111

2nd Wednesday @ 7:00pm
Central Office, Hybrid
Tom S., 619-846-6367
uatomcat@mindspring.com

Subdistrict 11-114

3rd Wednesday @ 6:00pm
Eastside City Hall, Ward 2 (NEW)
7820 East Broadway Blvd.
Karen R. 520-448-1185

Spanish Subdistrict 11-122

Meets monthly first Monday 7:30 pm
2914 E 22nd St. #1 - Tucson 85713

Spanish Intergroup Office:

Spanish Hotline: (520) 622-5122

For more information on General Service, visit Area03.org

February Birthdays



TGIF!

Dona R	46 years
Gilbert D	44 years
Patty C	41 years
Jean M	32 years
Sue F	22 years
Gary O	14 years
Sara W	7 years
Roy A	3 years
Allie B	2 years

MORNING SHADES ZOOM

Kären G	3 years
PJ	1 year
Barbara B	27 years

801

Emil B.	13 years
Matt C.	11 years

AA Afternoon Tea Daily Women's Meeting

Roseann B.	9 years
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Thursday Sharing Group

Carl S.	30 years
Patrick F.	47 years

Congratulations friends!

H - honest

O - open

W -willing

SERVICE OPPORTUNITIES!

- Would you like to be a 12 step hotline contact? Please send Central Office your name, zip code, and phone number if you are willing to be of service!
- Central Office is looking for front desk volunteers to shadow current volunteers to learn the job.
- Volunteers are needed to staff home answering shifts overnight. Please call the office line at 520.882.7422 for more information.

Tucson Area Intergroup Inc.
1920 E. Spring Street
Tucson, AZ 85719-3346

Address Service Requested