



# JUST FOR TODAY

Recovery \* Unity \* Service

TUCSON AREA  
INTERGROUP INC.

October 2024

OUR 3 LEGACIES  
OCTOBER

10

**STEP TEN**

*Recovery*

*Continued to take personal inventory and when we were wrong promptly admitted it.*

**TRADITION TEN**

*Unity*

*Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.*

**CONCEPT TEN**

*Service*

*Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.*

## STEP 10

### Checking Before Wrecking

For me, I am successfully practicing step ten if I am being ever vigilant about my program. It is about continuing to grow and progress along spiritual lines. Part of that is praying every morning for my daily reprieve. Then I do my part by taking positive action to ensure that my postponement remains intact. A crucial part of daily action is catching my harmful thoughts immediately as they crop up.

The main liabilities I am always on the lookout for are selfishness, dishonesty, resentment, and fear. When these appear, if I do not immediately utilize my tools to manage them, I am in the danger zone! These are too intense for me to cope with by myself, so I ask my Higher Power for help. Then I talk about it with a closed mouthed friend I trust so I am not alone in my head with them and this lessens their power over me. After I get that stuff out of my head, I go help someone. I have discovered if I am assisting another, I am not giving myself the opportunity to sit with those dangerously negative thoughts.

Another huge aspect of practicing step ten for me is to not fight everything and everyone all the time, especially myself. Most of my insanity has been caused by this. I have learned the hard way that the less I am fighting, the more sane I become. That serenity I crave comes from the calm place of neutrality within. The protective spiritual armor from my Higher Power that is my daily reprieve gets stronger the more I calmly do the next indicated action put in front of me. I know that no matter what obstacles I may encounter, if I ask for guidance then follow directions, I will grow from it.

*Tina P., Tucson, AZ*

## Join Us For Great Service Opportunities!

### Bridge the Gap

Contact: Ryan I. (520) 261-9766

### Cooperation with the Professional Community

Contact: Jim H. (520) 392-5689

### Public Information

Contact: Debbie S. (520) 955-2055

### Treatment:

Contact: Courtney B. (520) 867-1559

### Corrections

Contact: Patricia D. (520) 403-7245

### Grapevine

Contact: Sara Mc. (480) 560-4861

### Events

Contact: Dave D. (520) 603-0304

### Homebound Outreach

Contact: Colleen B. (520) 370-0564

### SWACYPAA 2025

Contact: David B. (612) 875-7983

### Just For Today Editor

Contact: Maureen A.  
info@aatucson.org

### Central Office

1920 E. Spring Street  
Tucson, AZ 85719  
(520) 882-7422  
info@aatucson.org

Just for Today is a monthly publication of Tucson Area Intergroup Inc., (TAII). A one-year subscription costs \$12.00 to cover mailing costs. The opinions expressed here are not necessarily those of TAII or AA as a whole. We welcome your stories, news and comments. The deadline for submission is the 15th of each month. Material may be edited for space and content and cannot be returned.

# Central Office News

Substitute Coordinator: We received 4 resumes from interested candidates and will hold interviews during the first week of September. We will select two candidates to hire as our current Substitute Coordinator. Our current Substitute Coordinator, Colleen B, has decided to step down to move on to new opportunities. We want to thank Colleen very much for all her help during her time of employment and for the outstanding assistance provided during the transition period when we were between Coordinators. Colleen, thank you very much and we look forward to keeping in contact.

ICOOA: (Intergroup and Central Offices of AA) I attended the 39<sup>th</sup> Annual ICOOA Seminar from August 22-25, hosted by the Las Vegas, Nevada Intergroup. I attended several workshops and meetings which were informative and interesting. I was able to meet and get to know other Special Office Workers from across the Country. We also met with staff from AAWS, Grapevine Sr. Editor and staff from Grapevine and LaVina.

Home Answering Service: We have shifts available so please share this at meetings and with anyone interested in being of service. Please refer them to Central Office for more information at 520-882-7422 or by email at info@aatucson.org.

JFT: is still being printed at Central Office and those with subscriptions will receive it in the mail. We are keeping a supply available in the office for those interested in picking up a copy. And a copy will be uploaded to the website.

As always, thank you to all the volunteers and those who have made contributions to help keep Central Office running smoothly!!!

~Susan B. (Coordinator) & Elissa M. (Assistant Coordinator)

## P.Y.M.W.Y.M.I. August 2024

Alan E., Roberta P., Cori C., Dacia F-H., Elizabeth T., F.R., John S.,  
John W., Katrina S., Lynne L., Mary F., Mollie & Sally H.,  
Reggie T., Tyler L., Valerie C.

## August 2024 Central Office Calls\* & Web Hits



Info Calls: 75  
12 Step Calls: 2  
Web Views: 18,187  
Unique Web Visitors: 4,793



\*Calls taken during Central Office Business Hours

## Treasurer's Report September 6, 2024

<b>Total Operating Funds</b> .....	<b>\$ 59,534.60</b>
Income .....	\$ 11,637.97
Cost of Goods Sold .....	\$ 3,719.68
Gross Profit .....	\$ 7,918.29
Total Expenses .....	\$ 11,178.81
<b>Net Income/Loss</b> .....	<b>- \$ 3,260.52</b>
Current available operating funds total \$59,534.60, which equals 5.18 months operating expenses. We have also established a savings account holding our prudent reserve of \$20,721.34, which equals 15.49% of our annual budget.	

# Tucson Area Intergroup, Inc. (TAII) Committee Meeting Minutes — September 8, 2024

**Open meeting with the Serenity Prayer**

**Preamble and Purpose of the Intergroup**

**New Intergroup Representative Introductions** (full name and represented group) Kelly—Northwest Pima Alano, Joset—Morning Shades.

**Officer's Reports:**

**Secretary's Report** – Adriana B. Jake moves to approve meeting minutes Ron seconds. Motion approved.

**Treasurer's Report** –Ken J.

**Committee Reports (REMINDER: 3 minutes maximum per report!)**

**Central Office** –Susan B.- Selected 2 candidates for the Substitute Coordinator Position. The home answering service still needs more volunteers. The home answering service has open shifts from 10pm-6am.

**Corrections** – Patricia D– Not present

**Bridge the Gap** – Ryan– Not present

**PI /CPC** – Deborah S (PI)/Jim H (CPC)- Jim- Conference, “Carry the Message” is October 12th 8am-1pm at the Cottonwood Treatment Center. Annual talk to the U of A Big books in the neighborhood libraries. Putting ad in the Tucson Weekly.

**Treatment** – Courtney B/Dee- September 20th is the next meeting. need for Spanish speakers as translators. Please contact Courtney. Contact information is in the newsletter. Casa De Vida looking for someone to bring in meetings. Buena Vista treatment center on Pima looking to bring in meetings

**Grapevine** – Sarah- Not present

**Events** – Dave D- Not present.

**Historian** – Kimberly S- No report

**Homebound Outreach** — Colleen B- Not present

**Seventh Tradition-** Ask someone to read 9th Tradition

**Liaison Reports**

**Spanish Speaking Liaison** —open

**Area Liaison/Vice Chair** – Pat S- **2024-12 Revisions to Assembly Assistance in Area 03 Handbook** • 23 votes for and 0 against. Discussion: Emphasizing the importance for GSRs to first get available funding from their home groups or district Before requesting Area 03 assistance **2024-06 Removal of the word “women” from a sentence in Concept IV, Right of Participation** 24 votes for, 0 against and 2 abstentions Discussion: Concept 6 is already being rewritten due to the language being “woefully out of date”. Use a footnote versus a rewrite. **2024-16 Increase to Treasurer’s budget for 2024 only** 22 votes for, 3 against and 1 abstention. Discussion: Increase to cover costs for accounting firm expenses incurred due to unforeseen fees. Hold Chase bank accountable for cost due to their misinformation. **2024-15 Ask that GV/LV Committee to include a Spanish podcast section on the LaVina webpage.** 24 votes for and 2 against. Discussion: GV panel members would like to see more information on costs and viability for this.**2024-14 Redirect \$4000 budgeted funds from AV/Tech committee to GSR/DCM/DCMCs assistance fund** 9 votes for and 0 against on Assembly floor. Discussion: AV/Tech committee line item expenses have decreased due to vote at 2024 Pre-Conference Assembly to suspend Hybrid Assemblies

**AI-Anon Liaison** – open position

**Old Business**—Alcothons—Christmas Alcothon – need a group to host; New Years Alcothon – Free at Last- Ryan I.- Late Nighters will be hosting the Christmas Alcothon. Sep 22nd at 4pm will be the first committee meeting.

**New Business**—Next Intergroup meeting October 13.

**Intergroup Representative announcements**

**Adjournment with I am Responsible**

# OCTOBER BIRTHDAYS!

## TGIF!

Angie 1 yr.  
Jane H. 1 yr.  
Michael G. 2 yrs.  
Jessica S. 10 yrs.  
John M. 23 yrs.  
Robin D. 27 yrs.  
Alan K. 35 yrs.  
Shelley K. 36 yrs.  
Courtney W. 37 yrs.  
Perry C. 40 yrs.

## AAfternoon Tea

Mary G. 11 yrs.  
Mercedes T. 4 yrs.  
Regina M. 20 yrs.

## Courage to Change

Teri P. 34 yrs.  
John B. 33 yrs.  
Walt W. 36 yrs.

## AA en ESPAÑOL

Southern AZ Hispanic AA Office:  
2914 E. 22nd St. #1 Tucson, AZ 85713  
*Esta Abierto la oficina solamente  
cuando hay reunions.*

Reunion del Intergroup en Espanol:  
Ultimo Viernes del Mes 7:30 p.m. to 9:00 p.m.  
Junta de Informacion Publica en Espanol:  
Cada Martes 7:00 p.m. to 8:30 p.m.  
*Se busca representantes de cada grupo  
in esta Reunion*

Luis Rene (520) 406-7643 es la persona  
en carga de Literatura en Espanol.

Esa Literatura ya se puede comprar directamente  
del “Area” para evitar cargas de enviada.  
Coordinador de Intergroup en Espanol atiende a  
Reuniones del Distrito cada mes.  
Sus gastos fueron aprovados. Se busca  
alguien para ser lider del Comite de Correccion.  
La oficina de Intergroup en Espanol tiene mucha  
literatura que se puede usar.

**Miembros de AA buscando ayuda  
pueden marcar:**

**(520) 622-5112**

**www.OISAdTucsonAA.org**

**Facebook: Alcoholicos Anonimos—Sur de Arizona**

THE GRAPEVINE COMMITTEE  
PRESENTS

## GV SUBMISSION & AUDIO PROJECT WORKSHOP

Join us for exciting insights on how to submit to the Grapevine!  
Hear from two speakers on their experiences getting published.  
Q&A, brainstorming & sharing sessions, and demonstration on the  
submission process. An individual will share live and submit for the  
audio project.

ATTENDEES  
ENTER TO  
WIN A  
PRIZE!!

REFRESH-  
MENTS  
PROVIDED

BRING PEN  
&  
PAPER

CONTACT  
SARAH FOR  
MORE INFO:  
(480)560-  
4861

WHEN  
TIME  
LOCATION

SAT, OCT 26  
11AM - 12:30PM  
CENTRAL OFFICE

CAN'T MAKE IT IN PERSON? JOIN US VIA ZOOM!

For zoom meeting information, visit  
<https://aatucson.org/calendar/> or scan the QR code.



**Join us for The Rincon Group  
60th Anniversary Celebration!**

**Potluck Lunch!**

**Saturday, October 26th 2024**

**11am—3pm Ft. Lowell Park**

**at the Ramada by the  
duck pond #6**

**Speaker: Cubby L. (Alabama)**

**\*Bring a Chair**

**Questions: Tom (520) 909-8080**

# Group Contributions thru August 2024

11th Step Meditation	50.00	Free at Last	100.00	Retired Professionals	359.47
12 at 12	350.00	Fresh Start Group	582.17	Sahuarita Mon. Nite	100.00
12&12 Group	350.00	Friday Morning Fun Group	600.00	Sat Morn Women's	175.00
6 pm Weeknight Newcomers	1,420.00	friends of Bill W Meeting	471.00	Saturday Serenity	1,100.00
801 Group	242.28	Get A Life	150.00	Simply Sober Mtg.	112.00
9/11 Group	550.00	Golf Links Group	356.00	Smoke Free Nooners	5.00
a Daily Reprieve	109.22	GV Daily Reprieve Group	458.38	Smoke Free Zoom	75.00
A Step Study	500.00	GV 12 and 12 Study Group	86.80	Sober Lunch Group	183.82
AA for Alcoholics	675.00	GV Afternoon Delight Group	104.25	Sober Saturdays	400.00
AAfternoon Tea Women's	200.00	GV Lamplighters	50.00	Solutions 445 Group	1,250.00
ABC Group	1,104.90	GV Men's Group	100.00	Something Less Stuffy	630.00
Airport Area Nooners	200.00	GV Nooners	1,073.37	Southside	396.62
Ajo Group	90.00	GV Serenity Seekers	250.00	Southwest Happy Hour	240.00
Amen Mens Stag	492.60	GV Sober Sisters	80.00	Step Sisters	1,175.00
Anonymous Groups	970.11	GV TGIF	150.00	Sunday AM Bus. & Prof.	722.75
Back Door Friends	517.00	Happy Joyous & Free	168.00	Sunday Morning AA Group	100.00
Basic AA	591.17	Himmel Park	281.18	Sunny Side Up Group	351.00
Benson Sobriety House	50.00	Honest, Open & Free	120.00	Sunrise Sobriety	222.82
Between the Tracks	14.08	Hopi Group	370.00	TGIF	1,172.48
Business & Prof. Men's	496.50	Houghton Sunset	400.00	The Right Place	236.00
By the Book	489.97	Jaywalkers	210.55	Thurs 11th Step	50.00
Campus Newcomers	321.18	Just Show Up Group	270.50	Thurs. W Ajo Big Book	300.00
Cat Mtn. Spirit Kindergarten	675.00	Language of the Heart Group	9.22	Tucson Into Action Group	193.73
Catalina Big Book Study	390.00	Language of the Heart Zoom	79.22	Tucson Men's	540.00
Catalina Wednesday Night	350.00	Lodestar of Hope	500.00	Tucson Survivors BB Study	366.00
Clean Air Group	200.00	Men Seeking Guidance	1,000.00	Tues Men's Stag	650.00
Courage to Change Group	105.00	Midvale Morning Group	590.84	Tues Night Vistoso Retreads	150.00
Crow's Nest Benson	96.62	Monday Night 8pm Pantano	28.64	Twelve at Twelve	350.00
Desert Drifters	400.00	Morning Awakening	298.00	Vistoso Retreads	180.00
Design for Living Group	53.89	Morning Shades	640.72	Wasson Peak	200.00
District 11-119	125.00	New Beginnings	550.00	Wednesday Guys Group	195.00
Dove Mountain Group	661.50	New Dimension Virtual	1,004.94	Weeknight Newcomers	1,060.00
Eastside Nooners	764.50	Northside Group	150.00	West Ajo BB Study	117.00
Eastside Sat AM'ers	910.00	Odds & Ends	385.80	Women By The Book	262.91
EL Sabado	40.00	OV Happy, Joyous & Free	600.00	Women from the Heart	641.00
Faith Not Fear Group	400.00	Oro Valley Men's Stag	274.50	Women of Hope	139.00
Fantastic Breakfast Group	182.00	Overton Sunday Morning	875.85	Womens Big Book Promise	60.00
Feed Your Sobriety	671.43	Pantano Group	115.55		
Final Frontier	744.40	Pink Triangle	184.02		
Fourth Dimension	100.00	Primary Purpose	355.00		
				<b>TOTAL</b>	<b>45,289.45</b>

## Miscellaneous Income for August 2024

Received from meetings @ Central Office .....	\$ 425.55
Just For Today Subscriptions.....	\$ 0.00
PC (Personal Contributions) .....	\$ 728.00
<b>TOTAL</b>	<b>\$ 1,153.55</b>

***We are gearing up to print new meeting schedule books for Fall/Winter. Please check the online listing for your group or meeting on [aatucson.org](http://aatucson.org) and contact Central Office with any corrections or updates***

# GROUPS REPRESENTED AT THE SEPT. 2024 INTERGROUP MTG.

12 Stepping Sisters  
 445 Solutions Group  
 801  
 Basic AA  
 Courage to Change  
 Free at Last  
 Get a Life  
 HOPI Group  
 Midvale Morning Group  
 Morning Shades Zoom  
 New Dimension  
 NW Alano 12 @ 12

Southside  
 Stone Sober  
 Sunday Morning AA  
 Survivors Big Book  
 TGIF!  
 Upon Awakening  
 Weeknight Newcomers  
 Women's BYOBB  
 Bridging the Gap  
 PI/CPC  
 Subdistrict 11-110/115  
 Treatment

## Home Answering Service Shifts are Available!

There are multiple monthly shifts for the Home Answering Service that need to be filled.

If you are interested in taking a shift, please contact Central Office so that we may schedule your training and add you to the volunteer schedule.

~Open AA Meeting~

## 545 GRAPEVINE BOOK CLUB

at Central Office

Every Thursday, 5:45 pm

We read a couple stories from Grapevine books and then have an open discussion. You do not need to read anything before the meeting.

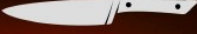

Coffee is served. All are welcome!

Free Grapevine magazines on the last Thursday of the month!

**Central Office Address:**  
 1920 E. Spring St.

Send an email to receive the weekly reading PDF: [jrubby1406@gmail.com](mailto:jruby1406@gmail.com)

SWACYPAA XI HOST  
 presents the 3rd annual

MURDER MYSTERY NIGHT   
 7 PM

SATURDAY  
 OCTOBER 19

GROUNDWORKS  
 E. GRANT RD  
 2919 TUCSON

PANEL SPEAKER MEETING  
 POTLUCK & COSTUME CONTEST  
 MURDER MYSTERY GAME

# THIRD LEGACY

Committee meetings may still be via Zoom due to COVID-19. In-person meetings are at 1920 E. Spring Street.  
Check the website @ <https://aatucson.org/calendar/> and click on the Calendar for links to Zoom meetings  
or call the Committee Chair for information.

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## **Tucson Area Intergroup, Inc.**

info@aatucson.org.  
Meets 2nd Sun. Monthly  
@ 1:30 p.m. via Zoom  
& at Central Office

## **Area Liaison**

Pat S. (520) 405-0965

## **CPC & PI Committees**

**CPC:** Jim H. (520) 392-5689  
**PI:** Debbie S. (520) 955-2055  
Meet 4th Wed. Monthly  
@ 5:30 p.m. at Central Office

## **Bridge the Gap Committee**

Ryan I. (520) 261-9766

## **Treatment Committee**

Courtney B. (520) 867-1559  
Meets 2nd Tues. Monthly  
@ 5:30 p.m. on Zoom

## **Corrections Committee**

Patricia D. (520) 403-7245  
Meets 3rd Sat. Quarterly  
@ 10:30 a.m. via Zoom  
January, April, July, October

## **Grapevine Committee**

Sara Mc. (480) 560-4861  
Meets 2nd Sat. Monthly  
@ 10:00 a.m.  
via Zoom & Central Office

## **Historical Committee**

Kimberly S. (443) 858-2505  
Meets 2nd Saturday Monthly  
@ 8:00 a.m. at Smoke Free Nooners,  
3620 N. 1st Ave. Tucson, AZ 85719

## **Homebound Outreach**

Colleen (520) 370-0564  
Future meeting dates TBD

## **Events Liaison:**

Dave D. (520) 603-0304

## **Area 03**

Arizona Area Committee,  
PO Box 13714,  
Scottsdale, AZ 85267

## **SWACYPAA 2025 Host Committee**

Chair: David (612) 875-7983  
Meets Bi-Monthly 1st & 3rd Sun. @ 3:00 p.m.  
St. Philip's in the Hills  
La Parroquia building, Palo Verde room

## **District 11-000 Pima County**

**DCMC:** Lisa P. (520) 419-6248  
Meets 3rd Thurs. Monthly  
@ 7:00 p.m. via Zoom & at St. Kateri Tekakwitha  
507 W. 29th Street Tucson. AZ 85713.  
*All GSRs and DCMs have a voice & vote.*

## **Northwest Sub-District 11-110**

### **Southwest Sub-Dist. 11-115**

**DCM:** Jody S. (520) 869-8678 tebuhl@gmail.com.  
Meets 2nd Wed. Monthly @ 6:00 p.m.  
via Zoom and at NW Alano Club  
3120 W. Curtis Rd., Tucson, AZ 85705

### **Central Sub-District 11-111**

**DCM:** Elissa M.  
(469) 235-3843. Meets 2nd Wednesday Monthly  
@ 7:00 p.m. via Zoom & Central Office

### **Eastern Sub-District 11-114**

**DCM:** Karla W. (949) 683-8678  
Meets 3rd Wed. Monthly @ 6:00 p.m.  
at 7820 E. Broadway Tucson, AZ 85710

### **Sub-District 11-119**

**DCM:** Jackie H. (262) 930-4661.  
Meets 2nd Thurs. Monthly @ 6:00 p.m. at St. Francis  
Episcopal Church, 600 S. La Canada, Green Valley

### **Spanish Sub-District 11-122**

**Spanish Hotline:** (520) 622-5112.  
Meets 1st Monday Monthly  
@ 7:30 p.m. in person at  
Spanish Intergroup Office  
2914 E. 22nd Street #1 Tucson, AZ 85713

Tucson Area Intergroup, Inc.  
1920 E Spring Street  
Tucson, AZ 85719

Return Service Requested