



JUST FOR TODAY

Recovery * Unity * Service

TUCSON AREA
INTERGROUP INC.

May 2024

OUR 3 LEGACIES
MAY

5

STEP FIVE

Recovery

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

TRADITION FIVE

Unity

Each group has but one primary purpose—to carry its message to the alcoholic who still suffers

CONCEPT FIVE

Service

Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

STEP 5

Release From My Prison of Secrets

They told me "I'm only as sick as my secrets". I realized at that point I was very sick indeed! There were so many dark things about myself that I buried deep within. These secrets trapped me in a prison of shame and self-loathing. Yet I felt like if I told anyone these secrets, I would be judged and rejected.

I discovered my fears kept me in bondage. I knew to stay sober I had to go to any lengths. "Fessing up" was a crucial part of this recovery process. When I started to speak to my sponsor about all my "dirty deeds", it was with a voice shaking with fear. I looked at my sponsor's face to gauge her reaction. I saw no shock or horror on her face. What I saw was compassion and understanding. Then it was like the bursting of a dam where all of those dark secrets flowed out of me as I spoke the absolute truth of things I have done. My sponsor spoke to me of similar "dirty deeds" she herself had done. I no longer felt alone! I was no better and I was no worse than anyone else. It was liberating to discover I was just as sick as all the other "garden variety drunks"! My sponsor also reminded me that what I spoke about was from my past and not my present.

She had me do one more thing when back home. She instructed me to sit quietly for an hour, without distractions, with my Higher Power in thankfulness. In that hour, I was so thankful that I was no longer caged. I felt all my past secrets fall off me as though I was dropping a suit of armor made of thick lead. What a relief I felt! Freedom!

Tina P., Tucson, AZ

Join Us For Great Service Opportunities!

Bridge the Gap

Contact: Ryan I. (520) 261-9766

Cooperation with the Professional Community

Contact: Jim H. (520) 392-5689

Public Information

Contact: Debbie S. (520) 955-2055

Treatment:

Contact: Courtney B. (520) 867-1559

Corrections

Contact: Patricia D. (520) 403-7245

Grapevine

Contact: Sara Mc. (480) 560-4861

Events

Contact: Dave D. (520) 603-0304

Homebound Outreach

Contact: Colleen B. (520) 370-0564

TACYPAA

Contact: Athiana L. (520) 345-8113

JFT Stuffing

Contact: Sara O. (520) 250-3450

Just For Today Editor

Contact: Maureen A.
info@aatucson.org

Central Office

1920 E. Spring Street
Tucson, AZ 85719
(520) 882-7422
info@aatucson.org

Just for Today is a monthly publication of Tucson Area Intergroup Inc., (TAIL). A one-year subscription costs \$12.00 to cover mailing costs. The opinions expressed here are not necessarily those of TAIL or AA as a whole. We welcome your stories, news and comments. The deadline for submission is the 15th of each month. Material may be edited for space and content and cannot be returned.

Central Office News

Central Office Report

The new paper meeting schedules for Spring/Summer 2024 have been ordered and should be arriving in early May. Our online and print meeting schedules will no longer include meetings outside of Pima and Santa Cruz Counties. These areas have been notified to the best of our ability. AATucson.org will still link to meeting schedules for outside Pima County.

There are still open shifts for the Home Answering Service! Call Central Office to see what is available.

As we continue to research viable forwarding services for the Hotline, the Hotline Volunteer Coordinator position is still in need of backup volunteers; this involves manually forwarding the hotline number 5 times/day.

This will be our last print edition of the JFT sent with bulk mailing! If you have paid for a subscription, don't worry- you will still get the newsletter delivered. If you have been receiving the JFT for free and would like to pay for a subscription, stop by Central Office during business hours so that we may add you to the subscriber list. The JFT will still be available for free at AATucson.org, and printed copies can be picked up at Central Office.

We have selected and begun working with a janitorial service provider. The pesky old PayPal button on the website has been removed! Please scroll to the bottom of the home page to make contributions. Additionally, there is now an option for groups and individuals to cover the PayPal fee when making contributions.

Thank you to all of the volunteers and contributors who help keep Central Office and its services going; we appreciate you!

~Susan B. (Coordinator) & Elissa M. (Assistant Coordinator)

P.Y.M.W.Y.M.I. March 2024

Anonymous, Corey N., Daniel S., Dona P.,
Elizabeth & Richard T., Fernando R., Jeffrey G., John S.,
Katrina S., Lynne L., Michael J.,
Peter S., Reggie T., Steve L., Valerie C.

Central Office Calls* & Web Hits March 2024



Info Calls: 87
12 Step Calls: 11
Web Views: 18,994
Unique Web Visitors: 4,942



**Calls taken during Central Office Business Hours*

Miscellaneous Income for March 2024

Received from meetings @ Central Office	\$ 193.00
Just For Today Subscriptions.....	\$ 0.00
PC (Personal Contributions)	\$ 1,910.32
TOTAL	\$ 2,103.32

Tucson Area Intergroup, Inc. (TAII) Committee Meeting Minutes — April 14, 2024

Open meeting with the Serenity Prayer

Preamble and Purpose of the Intergroup

New Intergroup Representative Introductions (full name and represented group)

Secretary's Report – Adriana B. Eileen B motion to accept, Jake M second

Treasurer's Report – Chip J. (for Ken J.)

Administrative Subcommittee Report for Q1 2024. (Chip J.) - *January 2024:* Position of Central Office Coordinator was vacant after the departure of Betsy S. in December. The position was advertised, interviews were held, and a new Central Office Coordinator, Susan B., was hired on Jan. 21. Central Office observed shortened hours while the position was vacant, but Elissa M. (Assistant Central Office Coordinator) and Colleen B. (Substitute Central Office Coordinator) worked extra hours to minimize the impact on office hours. Approved version 1.0 of the TAI Website Policy Manual. Robert B. has been managing the Home Answering Service volunteer shifts. We are looking for volunteers to help him. *February 2024:* IRS informed us that the proposed penalty of \$6877 for late filing of 2021 tax forms was waived. Yay! (Thanks to Betsy S., the prior Central Office Coordinator, for working with our new CPA to successfully appeal the penalty.) New Central Office Coordinator Susan B. learning the position. Moved some funds from checking account to savings in order to bring prudent reserve held in savings to 15% of 2024 budget. Discussed changes to PTO policy in the TAI Employee Manual. Presented a motion to Intergroup to amend by-laws to include Homebound Outreach as a standing committee. *March 2024:* Discussed and approved updated TAI Employee Manual v. 1.1. Changes were limited to PTO policy changes. Approved retroactive PTO for Substitute Coordinator, which was needed in order to comply with AZ employment regulations. Continue discussion of Home Answering Service Coordinator role, and need for additional volunteers to relieve Robert. Met with CPA to begin the process of filing 2023 tax forms for TAI. Submitted annual report for TAI to Arizona Corporation Commission.

Central Office –Susan B. Updating meeting schedule, submit changes to Susan by Tue 4/16/24. Answering Service: Seeking an additional volunteer coordinator to help Robert. Susan filed the annual report with the Arizona Corporation Commission. New Janitorial Service hired for CO. Just for Today: No more bulk mailings, available for free on Website. People who paid for subscriptions will continue to receive JFT by mail. Paypal “donations” button issue is resolved, non-working button is deleted. New Meeting List available in about 2 weeks

Corrections – Patricia D — Corrections conference in May 2024, registration fee \$25, 8:30am to 4:30pm

Bridge the Gap – Ryan (not present)

PI /CPC – Deborah S (PI)/Jim H (CPC) - Dropped off AA materials at the Pima West campus of Pima Community College. Deb contacted Central Office about getting a wagon to transport our materials at events, and is working on obtaining it for us. Ongoing efforts to work with the social workers in the Public Defenders Office. Possibility to get AA materials in the Transitional Services at the Jail, Discussed making materials available to the Deaf and Blind, firefighters, Aids Foundation. Contribution to a continuing ed class for legal community concerning the destigmatizing of those suffering mental illness and addiction issues.

Treatment – open position, report read by Jake from 801. Thurber house needs chair assistance. TLC transitional living committee needs volunteers. Marshall Home for Men, 7pm, needs Volunteers. Gospel Rescue Mission needs volunteers, 7pm Wed. Banner South needs volunteers. Courtney from 801 Group nominated

Grapevine – Sarah—Eileen B filling in. Met yesterday by Zoom. TGIF hosting Founder's Day. Grapevine wants to be involved. Should La Vina be included in the Grapevine? Grapevine committee votes Yes.

Events – Dave D—Founder's Day, 2 groups stepped forward, TGIF and Something Less Stuff. Confirmed for Sat. June 8th, Tucson Women's Club. Spanish translators available? Will check.

Historian – Kimberly S—Met Sat April 13—4 committee members volunteered at the Area Assembly. Several “Mark On The Gate” books sold at Assembly. Permanent display being planned.

Homebound Outreach -- Colleen B (not present, sent report, read by Chip). Met April 8th, 5 regular members. Last month, brought a meeting to a skilled nursing facility. Next Meeting April 29th at CO. If anyone would like a meeting, contact CO.

Spanish Speaking Liaison – Nancy sharing her first report. Two Spanish-speaking meetings have been closed, due to lack of attendance. Nancy willing to assist in getting Spanish translators at events, if requested.

Area Liaison/Vice Chair – Pat S (not present, report read by Chip) - 2024 Post Conference Assembly to be in Globe/San Carlos. 2024 Pre-conference went well. Reviewed Packet A Items, approved. These items will be brought to GSO. Grapevine and La Vina self-supporting, La Vina struggling financially. Motion to make Area Assembly fully hybrid, failed. Big Book Plain Language translation removal proposal failed. Details of upcoming conventions and conferences at area03.org.

Al-Anon Liaison – open position. Susan reached out to someone who is interested, will go to Al-Anon for a vote

Old Business: Open service positions for 2024: Treatment – Courtney. Coordinator nomination, Deb moves, Jake seconds. Welcome, Courtney! Spanish Speaking Liaison – Nancy R.—Has attended may of the Spanish-speaking meetings, but not all. Would like a Spanish-speaking partner to also visit meetings. Welcome, Nancy! Home Answering Service needs volunteer t help Robert. A week or two shift, several times per day. Robert can do it from his phone from anywhere.

New Business—Next month's Intergroup meeting rescheduled to May 19. Bylaws change— Language for the duties of the Admin. Subcommittee to include maintaining an Employee Policies Manual. Jake motions, Eileen seconded. Motion passes. Translation Equipment, Sara B, Area Spanish-speaking liaison. Inquiring about purchasing or renting. Runs \$600 to \$1800 to purchase. ASCYPAA has 20 headsets. Free for rent with a deposit. Area has translators available. Newcomer Packet-Johnny W. Newcomer's Group at Northwest Alano Club. Handouts that are helpful for newcomers. CO employees are willing to collaborate on something to be used as a tool for newcomers.

Intergroup Representative announcements—None.

Adjournment with I am Responsible

AA en ESPAÑOL

Southern AZ Hispanic AA Office:
2914 E. 22nd St. #1 Tucson, AZ 85713
Esta Abierto la oficina solamente cuando hay reuniones.

Reunion del Intergroup en Espanol:
Ultimo Viernes del Mes 7:30 p.m. to 9:00 p.m.
Junta de Informacion Publica en Espanol:
Cada Martes 7:00 p.m. to 8:30 p.m.
Se busca representantes de cada grupo in esta Reunion

Luis Rene (520) 406-7643 es la persona
en carga de Literatura en Espanol.

Esa Literatura ya se puede comprar directamente del
“Area” para evitar cargas de enviada. Coordinador de
Intergroup en Espanol atiende a Reuniones del Distrito
cada mes. Sus gastos fueron aprobados. Se busca
alguien para ser lider del Comite de Correccion.
La oficina de Intergroup en Espanol tiene mucha
literatura que se puede usar.

Miembros de AA buscando ayuda pueden marcar:

(520) 622-5112

www.OISAdTucsonAA.org

Facebook: Alcoholicos Anonimos—Sur de Arizona

GROUPS REPRESENTED AT THE APRIL 2024 INTERGROUP MEETING

Meetings

445 Solutions Group
801
ABC Group
A Step Study
Freedom Group
Honest, Open, and Free
Hopi Group
Lamplighters
Latenighters
Little House
Odds & Ends
Pathway to Serenity
Smoke Free Nooners
Something Less Stuffy
Southside
Stone Sober
Sunday Morning AA
Sunday Night Young Peoples
Survivors Big Book Study
TGIF!
Thursday Share Group
Upon Awakening
Weeknight Newcomers

Committees & Subdistricts

Corrections
CPC
Grapevine
PI
Spanish Intergroup Liaison
Special Events

MAY BIRTHDAYS!

801

Adam K: 7 years
Austin B: 1 year
Cayden S: 1 year
Courtney B: 16 years
Hannah S: 13 years

AAfternoon Tea

Meghan B. 1 year
Martha H. 42 years

Courage to Change

Ed B. 36 years

FREEDOM GROUP

Bill G. 1 year
Ken K. 33 years
Bruce F. 41 years

HOPI

Vicki H. - 40 years



Group Contributions thru March 2024



11th Step Meditation Meeting	50.00	GV Daily Reprieve Group	96.62
12 at 12	350.00	GV Afternoon Delight Group	50.50
12 & 12 Group	350.00	GV Men's Group	100.00
6 pm Weeknight Newcomers	1,420.00	GV Sober Sisters	80.00
9/11 Group	300.00	Happy Joyous & Free	168.00
A Daily Reprieve	100.00	Himmel Park	139.62
AAfternoon Tea Women's Mtg.	100.00	Honest, Open & Free	100.00
ABC Group	612.00	Hopi Group	140.00
Airport Area Nooners	100.00	Jaywalkers	115.55
Ajo Group	90.00	Language of the Heart Group	9.22
Amen Mens Stag	226.20	Morning Awakening	148.00
Anonymous Groups	965.11	Morning Shades	150.00
Back Door Friends	284.00	New Beginnings	550.00
Basic AA	80.70	New Dimension Virtual Mtg.	168.63
Business & Professional Men's	496.50	Northside Group	150.00
By the Book	132.10	Odds & Ends	281.21
Cat Mountain Group	325.00	Oro Valley Happy, Joyous & Free	200.00
Catalina Big Book Study Group	90.00	Overton Sunday Morning Meeting	597.47
Catalina Wednesday Night Mtg.	350.00	Pantano Group	115.55
Clean Air Group	100.00	Primary Purpose	100.00
Desert Drifters	200.00	Retired Professionals	359.47
Design for Living Group	53.89	Simply Sober Meeting	112.00
District 11-119	125.00	Sober Saturdays	400.00
Dove Mountain Group	412.00	Solutions 445 Group	1,250.00
Eastside Nooners	324.50	Something Less Stuffy	400.00
Eastside Sat AM's	310.00	Southside	96.62
Faith Not Fear Group	400.00	Step Sisters	1,175.00
Fantastic Breakfast Group	111.00	Sunday Morning AA Group	100.00
Feed Your Sobriety	287.95	Sunrise Sobriety	222.82
Final Frontier	187.40	TGIF	1,172.48
Fourth Dimension	100.00	Tues Men's Stag	400.00
Free at Last	100.00	Vistoso Retreads	180.00
Fresh Start Group	582.17	Wasson Peak	200.00
Friday Morning Fun Group	600.00	Weeknight Newcomers Group	1,060.00
friends of Bill W Meeting	400.00	West Ajo BB Study	117.00
Get A Life	60.00	Women By The Book	132.67
Golf Links Group	93.00	Women from the Heart	210.00
		TOTAL	\$21,936.95

Treasurer's Report March 31, 2024

Total Operating Funds	\$ 63,318.69
Income	\$ 14,929.92
Cost of Goods Sold	\$ 4,863.34
Gross Profit	\$ 10,066.58
Total Expenses	\$ 7550.50
Net Income/Loss	\$ 2,516.08

Current available funds for operating total of \$63,870.83 which is equal to 5.55 months operating expenses. We have also established a savings account holding our prudent reserve of \$20,708.32, which equals 15% of our annual budget.

Meetings with Childcare

TGIF!

Fridays at 5:45 p.m.

St. Mark's Presbyterian Church

3809 E 3rd Street

Tucson, AZ 85716

Foothills Newcomers

Fridays at 6:00 p.m.

Beautiful Savior Lutheran Church

7570 N. Thornydale Road

Tucson, AZ 85741

Please Join us for the 22nd Annual Arizona O3 Corrections Conference “Freedom From Bondage”

May 18th from 8:30 a.m. to 4:30 p.m.

*\$25 registration fee includes coffee, water, continental breakfast,
lunch & snacks throughout the day!*

***Correctional Officer Training Academy (COTA)
5601 W. Trails End Road
Tucson, AZ 85745***

Register at www.area03.org

For more information email: corrections@area03.org

Arizona AA Corrections Committees cooperate with Corrections Professionals statewide to bring AA meetings to our fellow alcoholics behind bars. This event includes panels, speakers, information sharing and awareness of processes to get involved with this service commitment. *Please join us!*

Tucson Citywide Second Saturday Speaker Meeting



Pima Alano Club

4405 E. Pima St. • Tucson, AZ 85712

Saturday, April 13, 2024 • 7:00pm

***** Fernando C. *****

Sobriety Date: 8/24/87 • Homegroup: Green Valley Morning Group

Upcoming Speaker Schedule

Date	Name	Sobor Date	Homegroup
May 11, 2024	Karrie T.	10/30/10	Foothills Newcomers Group
June 8, 2024	Ben W.	4/18/08	Retired Professionals
July 13, 2024	Betsy S.	10/18/88	Basic AA
Aug. 10, 2024	Gecko	11/10/96	NHG
Sept. 14, 2024	Jo D	12/05/95	Friday Morning Fun Group
Oct. 12, 2024	Rob C.	11/12/13	Tucson Into Action Group

For Further Information: (520) 881-6601

Sponsored by the Thursday Share Group



***Join us for a
New Meeting!***

545 Grapevine Book Club

Thursdays at 5:45 p.m.

Meets at Central Office

1920 E. Spring Street

Tucson, AZ 85719

Open meeting

Grapevine literature study

THIRD LEGACY

Committee meetings may still be via Zoom due to COVID-19. In-person meetings are at 1920 E. Spring Street. Check the website @ <https://aatucson.org/calendar/> and click on the Calendar for links to Zoom meetings or call the Committee Chairperson's number for information.

Tucson Area Intergroup, Inc.

Contact: info@aatucson.org
Meets 2nd Sunday Monthly @ 1:30 p.m.
via Zoom and at Central Office

Area Liaison:

Contact: Pat S. (520) 405-0965

CPC & PI Committees

CPC: Jim H. (520) 392-5689
PI: Debbie S. (520) 955-2055
Meet 4th Wednesday Monthly
@ 5:30 p.m. at Central Office

Bridge the Gap Committee

Contact: Ryan I. (520) 261-9766

Treatment Committee

Contact: Courtney B. (520) 867-1559
Meets 2nd Tuesday Monthly
@ 5:30 p.m. on Zoom

Corrections Committee

Contact: Patricia D. (520) 403-7245
Meets 3rd Saturday Quarterly
@ 10:30 a.m. via Zoom
January, April, July, October

Events Liaison:

Contact: Dave D. (520) 603-0364

Grapevine Committee

Contact: Sara Mc. (480) 560-4861
Meets 2nd Sat. Monthly @10:00 a.m.
via Zoom and at Central Office

Historical Committee

Contact: Kimberly S. (443) 858-2505
Meets 2nd Saturday Monthly
@ 8:00 a.m. at Smoke Free Nooners
3620 N. 1st Ave.
Tucson, AZ 85719

Homebound Outreach

Contact: Colleen (520) 370-0564
Future meeting dates TBD

TACYPAA

Contact: Athiana L. (520) 345-8113
Meets Bi-Monthly 1st & 3rd Sunday
@ 2:00 p.m. at Central Office
(subject to change, call to make sure)

JFT Stuffing & Mailing

Contact: Sara O. (520) 250-3450
Meets Monthly at Central Office

Area 03:

Arizona Area Committee
PO Box 13714
Scottsdale, AZ 85267

District 11-000 Pima County

DCMC: Lisa P. (520) 419-6248
Meets 3rd Thursday Monthly
@ 7:00 p.m. via Zoom and at
Saint Kateri Tekakwitha Parish
507 W. 29th Street Tucson. AZ 85713
All GSRs and DCMs have a voice
and vote at this meeting

Northwest Sub-District 11-110 & Southwest Sub-District 11-115

DCM: Jody S. (520) 869-8678 &
terabuhl@gmail.com
Meets 2nd Wednesday Monthly
@ 6:00 p.m. via Zoom and at
NW Alano Club 3120 W. Curtis Rd.
Tucson, AZ 85705

Central Sub-District 11-111

DCM: Elissa M. (469) 235-3843
Meets 2nd Wednesday Monthly
@ 7:00 p.m. via Zoom and at
Central Office

Eastern Sub-District 11-114

DCM: Karla W. (949) 683-8678
Meets 3rd Wednesday Monthly
@ 6:00 p.m. at Eastside City Hall
7820 E. Broadway Tucson, AZ 85710

Sub-District 11-119

DCM: Jackie H. (262) 930-4661
Meets 2nd Thursday Monthly
@ 6:00 p.m. in person at
St. Francis Episcopal Church
600 S. La Canada, Green Valley

Spanish Sub-District 11-122

Spanish Hotline: (520) 622-5122
Meets 1st Monday Monthly
@ 7:30 p.m. in person at the
Spanish Intergroup Office
2914 E. 22nd Street #1 Tucson, AZ 85713

Just For Today Mailing Update!

Starting in June, we will no longer be sending out free copies of the Just for Today newsletter. If you have paid for a subscription, we will continue mailing issues to you. The newsletter will continue to be available for free at AAtucson.org and for pickup at Central Office.

Home Answering Service Volunteer Coordinators Needed

We are looking for a handful of individuals to help transfer the hotline to volunteers. Shifts would last 1-2 weeks at a time. To sign up, or for questions, contact Central Office.

Tucson Area Intergroup, Inc.
1920 E Spring Street
Tucson, AZ 85719

Return Service Requested

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