

JUST FOR TODAY

RECOVERY ♦ UNITY ♦ SERVICE

www.aatucson.org

TUCSON AREA INTERGROUP INC.

November 2021

OUR THREE LEGACIES

11

STEP Eleven

Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

TRADITION Eleven

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.

CONCEPT Eleven

The trustees should always have the best possible committees, corporate service directors, executives, staffs and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.

Breathe In, Breathe Out, and Listen

Step Eleven, like many of the other steps, is a step that I am inconsistent with. There are times when I get into a regular habit, when I take a few minutes at the start of my day every day to breathe in love and to exhale love, sending it out into the universe. Many times after about a week of doing this consistently I get distracted, I get off track and I forget, then I forget again and again, until suddenly, a month has gone by and I have not practiced step eleven at all. Then I remember and try again.

I have heard it said that prayer is talking to a higher power and meditation is listening. The other part of step eleven is "...praying only for knowledge of his will for us and the power to carry it out." Not long ago I spent a great deal of time and energy caring for my elderly mother until, at the age of 100, she passed away on Christmas night. After my mother passed away a few people asked "What are you going to do with all of your time now?" I had not really thought much about it, I didn't know. So, I decided to use step eleven to seek the answer. I got out my yoga mat, practiced my breathing then I laid still and asked "What is your will for me now?"

The answer that came back was very unexpected. (This is how I know it came from my higher power) The answer that came to me was "I gave you this gigantic life, go live it!" Not what I expected at all. What I expected was something like, find another person to help, focus your time and energy on others. What I was hearing was to go and DO things to live the life I had been gifted. Then, the Pandemic hit. Have I mentioned my higher power has a lousy sense of humor? Still, the experience of being still and quiet and listening to my higher power was an experience I won't soon forget.

I have a glass ball that a friend gave me. It came with slips of paper that say Wishes and Thanks on one side and a small bit of room to write on the other side. There is a tiny hole in the glass ball where I can roll up the slips of paper and put them in. There is no way to get them out. I use this ball as a form of prayer and a way to let go. When something bothers me I write "Please help _____". Then I roll up the paper, put it in the ball and walk away. The actual act of turning and walking away for me is powerful, it goes back to step 3 where I turn it over and let it go. One doesn't need a fancy glass ball, a simple paper bag will do. I don't know much, but I do know that when I DO practice step eleven I am calmer, more at ease with and in tune with the breath of life.

Central Office News

Join Us For Great Service Opportunities!

Bridge the Gap

Contact: Juliet M. 730-3307

Cooperation with the Professional Community

Contact: Pat S. 405-0965

Public Information

Contact: Karrie T. (815) 354-6382

Treatment

Contact: Terry B. 271-4732

Corrections

Contact: Emil B. (520) 332 8426

Grapevine

Contact: Joycejean 702-203-5940

Events

Contact: open

Historical

Contact: Laurie B. (520) 441-2017

ASCYPAA

1st and 3rd Sundays

2:00 pm at Central Office

Contact: Lauren 343-0268

JFT Stuffing

Contact: Brian H. 668-7764

Just for Today Editor

Contact: Kyle W.

info@aatucson.org

Central Office

840 S. Campbell Ave.

Tucson, AZ 85719

(520) 882-7422

info@aatucson.org

Just for Today is a monthly publication of Tucson Area Intergroup Inc., (TAII). A one year subscription costs \$12.00. The opinions expressed here are not necessarily those of TAII or AA as a whole. We welcome your stories, news and comments. The deadline for submission is the 15th of each month. Text may be edited for space and content. Materials cannot be returned.

The next Intergroup meeting will be on Sunday, November 14th, 2021 at 1:30 PM. Look on Website aatucson.org and click on Calendar for Zoom instructions.

We always are in need of people for the Home Answering Service, If you have a year or more of sobriety and want to be involved in this valuable service work please call Jim or Lynne at 882-7422 and set up a training time. It takes about 30 minutes.

We are in need of some 12 Step volunteers. If you have a year or more of continuous sobriety, a telephone and a willingness to help the alcoholic who still suffers, then call 882-7422. Just think, the life you save may be your own.

Soon, there will be a Goldenrod yellow, printed meeting schedule for Fall/Winter 2021/2022. Look on our website aatucson.org. All the AA meetings in Tucson are listed there. Click on the meeting name and a window will open up, showing you all the details of that meeting.

Phone Calls

September calls for information: 217 12 Step calls: 7

Website

September

Views

22,520

Visitors

5,114

Treasurer's Report: September 30, 2021

Total Operating Funds	\$	71,885
Income.....	\$	11,097
Cost of Goods Sold	\$	3,193
Gross Profit.....	\$	7,904
Total Expenses.....	\$	8,503
Net Income/(Loss)	\$	(401)

Current available funds for operating total \$71,885 which is equal to 7.443 months average operating expenses. The savings account holding our prudent reserve is \$17,345 (14.95% of annual budget).

Miscellaneous Income

Received from meetings at Central Office (rent).....	\$	626.00
Special Events	\$	0.00
Personal contributions	\$	1,822.88
Total	\$	2,448.88

24-HOUR HOTLINE & MEETING INFORMATION

520 - 624 - 4183

AATucson.org



Intergroup Meeting Minutes

October 10, 2021. Meeting opened at 1:30pm with The Serenity Prayer

New Intergroup Representative Introductions - Sara C., Daily Reprieve Green Valley; Elizabeth Basic AA; Mary, Tucson into Action Group, Eileen, Lamplighters Group; Rita, A Safe Place for Women; Robert, Smile Group.

Administrative Subcommittee Quarterly Report – Steve A.

July 2021 –We reviewed the proposal from the new Landlord of Central Office and decided to create an Ad hoc committee to explore our options on how to move forward. In the meantime, Steve A. spoke to the Landlord about our current rent. The Landlord agreed to allow us to pay our current rent for the time being.

August 2021– Brian H. and Walt W. reviewed the Budget and determined that we could afford \$950 rent for Central Office. Possibly up to \$1250 but many changes would have to be made to the Budget. We voted to bring a seconded motion to the Intergroup floor to approve the Ad hoc Committee to sign a lease with a rent of up to \$1150 per month with a 2% hike for a 10-year lease. This motion subsequently passed on the Intergroup floor.

September 2021 – We discussed electing a new Administrative Subcommittee member because we are 1 person short. Agreed to ask for nominations in Intergroup meeting. Mandy was subsequently nominated and elected to be on the Administrative Subcommittee at the Intergroup meeting.

Secretary's Report – Maureen A. – Eileen made a motion to accept the minutes, Jules seconded the motion, motion passed.

Treasurer's Report – Brian H. - We have \$71,885 in the checking account. That is 7.44 months average operating expenses. We have a prudent reserve of \$17,345 which is 14.95% of our annual budget. The amount we have is higher right now which is a good thing because we still don't know what our new rent amount for Central Office will be.

Central Office –Lynne L. – Central Office is open Mon. thru Fri. from 9:30am to 5:30pm. Payroll taxes have been paid. The Sept. check register has been reconciled. There are 3 Home Answering Service shifts open. The 4th Sat. from 9:30am to 1:30pm; the 4th Sat. from 1:30pm to 5:30pm; the 1st Sun 1pm-5:30pm. We need 12 Step volunteers. We need a volunteer at Central Office on Friday afternoons from 1:30-5:30pm. No word from the landlord about rental agreement. We are waiting for him to contact us after he receives his property tax statement. Fall/Winter 2021-2022 meeting schedule is being printed. They are waiting for proofs. There are already changes to this schedule.

Corrections – Emil B. – No report.

Bridge the Gap – Juliet – No report.

Treatment – Terry – No report.

PI/CPC – Pat S. – Next door App for Covid-19 utilization. Karrie T., PI Coordinator, continues to manage participant inclusion for Next Door App Tucson AA page. 320+ participants as of the August meeting. We anticipate having a new slate of professionals to take to a meeting in early November and we continue to compile a list of AA volunteers via email. CPC Committee member John P. to speak to U of A medical students regarding his journey in recovery as a medical professional in November. The Next Workshop for “Take a Professional to an AA Meeting” is planned for December 11th 2021 at 2pm, Tucson Central Office. P. I. Event is at Santa Rita Park, 401 E. 22nd St. Volunteer needed for the Secretary position of PI/CPC Committee.

Grapevine – Joycejean – Preamble changed in Grapevine. A new prayer and meditation book is out. GV Committee bought 10 of them. They have a Hybrid meeting on the 2nd Sat at 10am. Will have tables at Alcothons. Call Central Office for information about Alcothons or go to aatucson.org calendar for information.

Events– No Report - Position is open.

Continued on page 4

ATTENTION!

**All Meetings!
All Clubhouses!**

ATTENTION!

We need your help to update our contact information in the records of central office! We need current information IGR/contact, phone numbers, and any corrections that need to be up dated. Club houses please send by email your up dated meeting schedules. Please email info@AATucson.org, come visit us at 840 S. Campbell Ave or call 520-885-7422 Thursdays or Fridays between 9:30 and 5:00 to speak with JoyceJean.

Continued from page 3

Historian – Laurie B. – Price for reprinting of original Mark on the Gate is \$625. Would like a motion to receive \$625 from Intergroup printing budget to spend to re-print Mark on the Gate and sell the copies and give the money back. Eileen made the motion Matthew seconded. Motion passed.

Monthly City-Wide Speaker Meeting – Rob C. – No Report. On hold until further notice

Homebound Exploratory Committee- Karen B. – Not much to report. Contacted a couple of homebound AA members this month. Looking for a new chairperson for the committee.

Seventh Tradition- Lynne L. read the 7th Tradition

Spanish Speaking Liaison – Sara B. – Nov. 16 Hispanic Intergroup will have elections. They have 20 subscriptions to La Vina so they are visiting groups and raffling off subscriptions when they visit the groups.

Area Liaison/Vice Chair – James W. – The November Assembly will be held 11/20-11/21. I have not yet received any information about topics assigned to our panel. This will be an election assembly. All elected positions for the Area will be open for nomination. District 11 Treasury doing well. District voted to increase GSR assistance fund (for helping GSRs attend in-person assemblies) from \$100 to \$200. The 2022 State Convention: Casino del Sol has stopped responding to emails/calls after new point of contact started. La Paloma is offering a decent proposal, so we are continuing to work with them. Looking at late August time frame. Will be filling positions on the committee soon. District 11-119 is putting on gratitude banquet in Tubac at St. Anne's Parish Office on 11/7 at 2pm. Banquet will be catered instead of potluck due to COVID concerns.

Al-Anon Liaison – Brian C. – Looking for an Alanon speaker for Christmas Alcolthon. Contact Brian if you know anyone in Alanon who is interested.

Old Business- continuation of elections: Events Coordinator, Homebound Exploratory Committee. No takers for these positions.

New Business - Elections will be next month. The following positions are open: Vice-Chair/Area Liaison, Treasurer, Administrative Subcommittee Members (4 IG Reps, 1-year term), Corrections Chair, Spanish Speaking Liaison. Public Information Chair, Bridge the Gap Chair, Homebound Exploratory Committee Chair, Treatment Chair, Events Coordinator. Let your groups know.

Intergroup Representative Announcements – Email your attendance to info@aatucson.org. Women's Luncheon will be on Oct 24 via Zoom.

The meeting adjourned at 2:32pm with I am Responsible.

WANTED

Central Office Coordinator

- *Administer Central Office under the guidance of the Administrative Subcommittee
- *Shall be responsible for the manning the office, having an adequate answering service, literature, arranging janitorial services and the handling of monies at the direction of the Treasurer.
- *Shall serve on subcommittees as directed by these bylaws and by the Intergroup Committee.
- *Shall not vote at Intergroup Committee meetings or at Administrative Subcommittee meetings.
- *Shall be a member of AA with at least five years of continuous sobriety.
- * Shall be interested in and involved in Twelve Step Work
- *Shall be knowledgeable in principles and practices of Office Management.
- *Has the authority to hire and train two paid workers with the approval of the Administrative Subcommittee
- *Shall have charge and custody of all funds of Tucson Area Intergroup.
- *Shall be responsible for receipts and disbursements as approved by the Intergroup Committee
- *Shall be responsible for preparation and filing for all required tax returns.

If interested, please submit a resume directed to the Tucson Area Intergroup Subcommittee

840 S. Campbell Ave
Tucson, AZ 85719

By Friday, December 10, 2021

Group Contributions Through September 2021

911 Group	250.00	GV Morning Group	885.00	Simply Sober Meeting	245.00
ABC Group	339.00	GV Serenity Seekers	279.40	Smile Group	210.00
Airport Nooners	319.44	GV Sober Sisters	110.00	Smoke Free Nooners	4,625.00
Amen Men's Stag	112.87	Happy Joyous & Free	700.00	Sober Living	1,200.00
Anonymous	772.86	Hopi Group	144.00	Solutions Group	1,050.00
As Bill Leads It	303.00	House 19	50.00	Something Less Stuffy	100.00
Back Door Friends	255.00	Ironwood Hills Grp	462.50	Southside	1085.02
Basic AA	115.00	Jaywalkers	396.62	Spiritual Kindergarten	445.24
Between the Tracks	245.00	JDFD	20.00	Stone Sober	10.00
By the Book	271.00	Joe & Charlie BB Study	200.00	Sunday Morning AA Group	96.80
Campus Nooners	1000.00	Lodestar of Hope	700.00	Survivors Big Book Study	655.00
Catalina BigBook Scholars	75.00	Men Seeking Guidance	1,800.00	TGIF	165.00
Clean Air Group	185.00	Message & Principles Group	700.00	Three Points	50.00
Desert Drifters	164.77	Midvale Morning Group	445.17	Thursday Society BB Study	303.00
Dove Mountain Group	463.00	Morning Shades	1370.00	Today Group	20.00
Eastside Nooners	709.50	Northside Group	350.00	Twelve and Twelve	200.00
Eastside Sat AM'ers	100.00	Odds & Ends	60.00	Twelve at Twelve	1750.00
Final Frontier	1345.00	Old Pueblo Group	10.00	Twelve Stepping Sisters	835.50
Firegall HG	90.00	Oro Valley Men's Stag	400.00	Upon Awakening	1800.00
Foothills Newcomers	854.00	Oro Valley Step Sisters	95.83	Way Out West	400.00
Free at Last	115.00	Overton Sunday Morning	1,470.79	Wed 12 Step Study	175.00
Freedom Group	120.00	Pantano Group	64.00	Wed Night Newcomers	2475.75
Fresh Start Group	500.00	Paths to Serenity	264.80	West Ajo BB Study	50.00
Get A Life	150.00	Pink Triangle	239.16	Westside Primary Purpose	90.00
Golf Links Group	270.60	Primary Purpose	330.00	Where Women are Welcome	20.00
Good Life	200.00	Rincon Group	540.00	Women from the Heart	171.50
GV Daily Reprieve Group	1233.00	Sahuarite Brand New	300.00	Women of Hope	162.00
GV Men's Group	150.00	Saturday Serenity Meeting	450.00	TOTAL	41,945.12

P.Y.M.W.Y.M.I.

September 2021

Anonymous	Cori C	Ethel L	John S	Lee	Nicholas T
Barbara K	David M	Fernando R	Johnathon A	Lynne L	Peter S
Bill P	Elizabeth C	Frank S	Juliet M	Michael J	Reggie T
Bryan C	Elizabeth T	Ian M	Katrina S	Mollie H	Ronda C
					Sterling V

**To add
announcements
or meeting schedule
changes to the
Just for Today,
contact Central Office**

**@ info@aatucson.org
Or call (520) 882-7422**

Spanish Corner

Spanish Intergroup office is closed.
Spanish Intergroup meetings are being
held at 5248 S. 12th Ave. on the last
Friday of the month at 7:30PM to 9:00PM.

A.A.'s needing Spanish Language
assistance may call: 520-622-5112.

WORD SEARCH

**CAN YOU FIND
THESE STEP 11
WORDS?**

PRAYER

MEDITATION

CONSCIOUS

CONTACT

RELAX

TAKE IT EASY

PAUSE

ASK

KNOWLEDGE

GOD'S WILL

INTUITION

INSPIRATION

DISCIPLINE

ST FRANCIS

SELF-

FORGETTING

O T P J Y V A K O B J W E B R U Y U E B
 O O Y Y R W R U E Y N G L S F E N X S M
 A T C A T N O C N O D N Y H U V W H U N
 M G I U N R R P I E X L Q A L O S O A F
 K U V U D J R T L Z B Q P S L R E B P Y
 N I D E R Y A W P A S I F K I N L R L O
 V Y J P C R O O I Z R C D S W R F E B S
 S F N R I N U I C O O J T S S Z F C P T
 S K P P K P R Y S V T G R L D O O J P X
 U S S O T J Z X I E H K J T O R R W A I
 O N I M A N J N D S H P M N G F G L P X
 I L J T K W O O C D T Y A U G K E G K U
 C T W A E V S I C N A R F T S R T M L V
 S R P Y I O C T T H A Q A N U R T E J M
 N W R Z T F G A X I A S M V T D I N S X
 O I A K E L V T Y V U R B Z V R N F A N
 C S Y E A N K I J J M T D I R E G C O U
 X L E D S K F D Z F Q C N O E H H Y V Y
 G N R F Y J I E E G X S T I M M Q U P E
 O U D Y S M W M O O G Q M C B Y P C Q N

**Home Groups at the
September 2021
Intergroup Meeting**

ABC Group

Basic AA

By the Book Step Study

Courage to Change

Free at Last

Golf Links

GV Daily Reprieve

GV Lamplighters

Hopi Group

Jaywalkers

Midvale Morning Group

Morning Shades

Our Daily Bread

Safe Place for Women

Smile Group

Solutions

Southside

T.G.I.F.!

Tucson Into Action
Group

Wednesday Twelve
Step Study

West Ajo Big Book
Study

Tucson Meeting Updates

We do our best to provide the most up-to-date meeting information available on our website, aatucson.org. Please note, the "Sky Blue" meeting schedule booklet is currently incorrect and will be updated when meetings resume their regular schedules. Thanks for your patience during this challenging time.

Third Legacy

Committee meetings may be suspended due to Covid-19. Check the website and click on Calendar for possible Zoom meetings, or call the Committee Chairperson's number for information.

Tucson Area Intergroup, Inc.

Meets 2nd Sunday Monthly
1:30 pm on Zoom & in person at
Central Office

Homebound Committee

Meets 2nd Sunday Monthly
3:00 pm at Central Office
Central Office: 520-882-7422

CPC & PI Committee

Meets 4th Wednesday Monthly
5:30 pm on Zoom
Contact: Karrie T. (815) 354-6382
or Pat S. (520)405-0965

DCMC Johnnie W. 520-907-1779

Alternate: Jo S. 520-869-8678
TALL Liaison: James W. 907-1489

Treatment Center Committee

Meets 2nd Tuesday Monthly
5:30 pm on Zoom
Contact: Terry B. 271-4732

District 11-000 Pima County

Meets 3rd Thursday Monthly
7:00 pm at Central Office
All GSRs and DCMs have a
voice and a vote at this meeting.

Corrections Committee

Meets quarterly, 3rd Saturday
January, April, July, October
10:30 am at Central Office
New volunteer orientation @ 9:30
Contact: Emil B. 332-8426

Northwest 11-110 & Southwest 11-115

Meets 2nd Wednesday @ 6:00 pm
NW Alano Club, 3120 W.Curtis Rd.
DCM: Jo S. 520-869-8678

Grapevine Committee

Meets 2nd. Sat..10:00 A.M.
Face To face Central Office..
Zoom Info Meeting
ID:847039603
Passcode: 192021

Central Sub-District 11-111

Meets 2nd Wednesday @ 6:45 pm
610 E. Delano #103 Stone Sober
DCM: Cory S. 520-507-0486

Historical Committee

Laurie B. (520)441-2017

Eastern Sub-District 11-114

Meets 3rd Wednesday @ 6:00 pm
Eastside City Hall, 7575 Speedway
DCM: Rick D. 520-336-6053

JFT Stuffing and Mailing

Last Saturday Monthly
9:00 am at Central Office
Contact: Brian H. 668-7764

Sub-District 11-119

Meets 2nd Thursday @ 6:00 pm
St. Francis Episcopal Church
600 S. La Canada, Green Valley
DCM: Jeffrey S. 520-822-7582

Bridge the Gap Committee

Meets 1st Sunday Monthly
Contact: Juliet M. 730-3307

Spanish Sub-District 11-122

Meets first Monday @ 7:30 pm
Next door to "Grupo 4 de enero"
2241 N. Oracle Rd. #4, Tucson AZ
520-622-5112

November Birthdays

Basic AA

October

Betsy S 33 years

November

Kristen S 1 year

Mat L 1 year

Courage to Change

Patricia T 3 years

Brian H 9 years

Craig W 24 years

801 Group

Seamus G 12 years

Freedom Group

Gary K 10 years

Hopi Group

Phil R 40 years

Morning Shades

Michael B 1 year

Amanda L 1 year

Zina T 2 years

Christie W 2 years

Kimberly T 2 years

Bill A 2 years

Daniel T 4 years

Jennifer 4 years

Alta B 5 years

Ralph H 12 years

Joe T 13 years

Sheila S 14 years

Terry H 14 years

Paula G 19 years

Kate S 24 years

Ed E 30 years

Charlie P 34 years

Sandy S 49 years

Tucson Area Intergroup, Inc.
840 S. Campbell Avenue
Tucson, AZ 85719

Address Service Requested

Non-Profit Org.
U.S. Postage
PAID
Tucson, AZ
Permit No. 1114