

# JUST FOR TODAY

RECOVERY ♦ UNITY ♦ SERVICE

www.aatucson.org

TUCSON AREA INTERGROUP INC.

October 2018

## OUR THREE LEGACIES OCTOBER

# 10

### STEP TEN

#### *Recovery*

*Continued to take personal inventory and when we were wrong promptly admitted it.*

### TRADITION TEN

#### *Unity*

*Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.*

### CONCEPT TEN

#### *Service*

*Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.*

## STEP 10:

### The First Maintenance Step

“Continued to take personal inventory and when we were wrong promptly admitted it.”

For example...despite my best efforts to minimize this character defect, I jump to conclusions. I don't jump to the wrong one all the time, but often enough to promptly admit my mistake. Just the act of jumping to a conclusion without prior investigation gets placed on my personal inventory list, and the prompt admission part? Well, that used to be really embarrassing for me, plucking crow feathers out of my mouth.

But that was when I was new to sobriety and well before I gave myself permission to be a fallible human being. I made mistakes in the past and still do, but I recognize them more quickly now, and I acknowledge that I'm human, make mistakes and occasionally make a complete ass of myself.

I had an interesting experience with this step recently. Twice I lost my temper with a person who owns unruly dogs. I made amends after both incidents because stress also factored into my anger with her. The first time my apology was accepted. The second was not. Instead I was told I was “rude.” No effort on my part to continue my amend was tolerated, so I left the conversation.

I had tried, and that was all I could do. After all, I didn't have to make that amend, but I chose to do so because of Step 10. It's a major ingredient to my continued sobriety.

I keep reminding myself that “it's a journey, not a destination” that involves my constant striving to be a better person than I was when I was drinking. So Step 10 along with Steps 11 and 12 are perpetually ongoing. But it's easy to forget about them, especially when in double-digit sobriety. That's where the meetings come in. They are the reminder I need to keep up my work.

Meetings also help when it comes to any guilt or shame that additions to my personal inventory elicit. It helps to put it out on the table and listen to how others handle similar situations. Sponsors are key to this step too. Unfortunately I lost mine earlier this year, and I have yet to find another. And that has a lot to do with procrastination. Yet another addition to the inventory list.

Will this ever end, I ask myself. No. Like almost everyone on this planet, I'm evolving and will do so until the day I die. The main thing is to keep evolving rather than devolving, and for that I have Step 10.

Wendy S., Tucson, AZ

**Join Us For Great Service Opportunities!**

**Bridge the Gap**

Contact:

Brad F. 247 4736 or Donna T. 490-8222

**Cooperation with the Professional Community**

Contact: Susan B. 396-8915

**Public Information**

Contact: Fred C. 909-1067

**Treatment:**

Contact: Mike F.  
760-851-8782

**Corrections**

Contact: Tom T. 909-8080

**Grapevine**

Contact: B.J. 329-8036

**Events**

Contact: Shantaye M. (516) 993-6023

**TACYPAA**

1st and 3rd Sundays  
2:00 pm @ Central Office

**JFT Stuffing**

Contact: Ted M.  
theodoremoeller@gmail.com  
Last Saturday of the Month @ 9:00 am

**Just For Today Editor**

Contact: Maureen A.  
info@aatucson.org

**Central Office**

840 S. Campbell Ave.  
Tucson, AZ 85719  
(520) 882-7422  
info@aatucson.org

**Just for Today is a monthly publication of Tucson Area Intergroup Inc., (TAII). A one year subscription costs \$12.00. The opinions expressed here are not necessarily those of TAIL or AA as a whole. We welcome your stories, news and comments. The deadline for submission is the 15th of each month. Material may be edited for space and content and cannot be returned.**

# Central Office News

The next Intergroup meeting will be on Sunday, October 14, 2018 @ 1:30 PM at Central Office.

We always are in need of people for the Home Answering Service. If you have a year or more of sobriety and want to be involved in this valuable service work please call Jim or Lynne at 882-7422 and set up a training time. It takes about 30 minutes.

We are in need of some 12 Step volunteers. If you have a year or more of continuous sobriety, a telephone and a willingness to help the alcoholic who still suffers, then call 882-7422. Just think, the life you save may be your own.

**Central Office Calls & Web Hits August 2018**



Info: 246

12 Step: 16

Web Visits: 10,215

New Visits: 3,390

Returning Visits: 6,825



**Treasurer's Report August 2018**

<b>Total Available Funds.....</b>	<b>\$ 24,826.94</b>
Income.....	\$ 12,240.85
Cost of Goods Sold.....	\$ 2,347.40
Gross Profit.....	\$ 9,893.45
Total Expenses.....	\$ 9,531.65
<b>Net Income/Loss.....</b>	<b>\$ 361.80</b>

Current available funds for operating total **\$ 24,826.94** which is equal to 2.9 months operating expenses. We also have established a savings account holding our prudent reserve of \$15,392.19 (15% of annual budget).

**P.Y.M.W.Y.M.I. AUGUST 2018**

Elizabeth T., Fernando R., Lynne L., Havlon B., Jim W., Suzy O., Michael J., Katrina S., Ronda C., John K., Judith V., Cheyanne T., Anonymous x 6, Valerie C., Mark D., Ronald R., Leah F., Lynn K., Bob K., Kathy S.

**Miscellaneous Income for August 2018**

Received from meetings @ Central Office .....	\$ 1,317.89
PC (Personal Contributions) .....	\$ 998.90
JFT (Just For Today) .....	\$ 12.00
Special Events .....	<u>\$ 0.75</u>
<b>TOTAL</b>	<b>\$ 2,329.54</b>

# Tucson Area Intergroup, Inc. (TAII) Committee Meeting Minutes — September 9, 2018

**The meeting was called to order with the Serenity Prayer at 1:30 pm.**

**New Intergroup Representatives** – Serena C. - 12 Stepping Sisters, Cindy M. - Women's Solution Group, Justin R. - Footloose; Amanda F. - Foothills Newcomers Group; Dante F. - Southside Group.

**Secretary's Report – Ted M. for Cheyanne T.** Mary D. motioned to approve the minutes, Fred seconded, and the motion passed unanimously.

**Treasurer's Report- Walt W.** - We currently have \$24,826.942 in our checking account, which is about 2.9 months in operating expenses. The books are balanced.

**Administrative Subcommittee quarterly report** – Sales of unused stock of Spanish literature are going slowly. Discussed possibility of merging the CPC and PI committees into one committee, with one chairperson. This would require a change to the Intergroup Bylaws. There was not a strong desire to make this change.

**Central Office - Jim W.** The payroll taxes have been paid. August is reconciled. We are in need of a couple of desk volunteers (Tues and Fri, 9:30AM – 1:30PM), and a couple of home answering service volunteers (Mon, Weds time slots available). Next Intergroup meeting will be is October 14, 2018.

**Corrections – Ted M. for Tom T.** More volunteers are always needed at all facilities! Ted M. intends to do as much prison time as possible using the one hour at a time, one day at a time method. The Pima Co. Jail men's unit needs volunteers on Wednesdays, 6-7PM.

**Bridge the Gap – Brad F.** – Received two referrals from treatment facilities, and two referrals from Bridge the Gap group in Phoenix. Brad will be attending the Bridging the Gap Workshop Weekend in Denver the weekend of the September Intergroup meeting.

**Treatment- Mike F.** Reaching out to groups for donated books and Grapevines. A donation box is at Central Office. Cornerstone Behavioral Health has requested a speaker meeting to be brought in; will start Sep. 25.

**Public Information/ Cooperation with the Professional Community- Fred C./ Sue B.** - Mini Funshop will be held at Central Office, Sunday Sep 23 1:30-3PM, discussing speaking at non-A.A. events and to non-A.A. organizations. Light refreshments and coffee will be served.

**Grapevine - BJ** – There was a very funny drunk joke. Planning a workshop after the turn of the year. The committee is still collecting "AA in the Military" books for the VA, and will be sending 50 books to the VA hospital. The committee members are reaching out to groups to personally invite them to the next Grapevine committee meeting, which will be November 4. After the first of the year, the committee will experiment with meeting every month.

**Events Coordinator - Shantaye M.** - The 801 Group is planning for the Christmas Alcathon, and are asking for volunteers; flyers to be out soon. The Courage to Change Group will be chairing the New Years Alcathon.

**Historian - Lynne L. for Alan S.** – Attending the National Archives workshop in Chicago this month.

**Spanish Speaking Liaison** - No report.

**Area Liaison/ Vice Chair- JoDe J.** – I attended the August Area 03 Assembly in Mesa. Two significant topics were brought to all panels: (1) a request that the Area Delegate forward a request to the GSC that GSO stop using YouTube for posting PSAs; this was tabled until the November Assembly, as the Spanish language panel did not have information on this request prior to the Assembly; and (2) that GSO consider trying to get the owner of the domain name "alcoholicsanonymous.com" to stop using it. The consideration did not pass.

**Al-Anon Liaison** - No report.

**Old Business** - None.

**New Business** – None.

**Intergroup Representative Announcements** – Brook serves on the steering committee for the National AA Technology Workshop; this workshop is being held next weekend in Round Rock, TX. Our Daily Bread is moving to Saguaro Christian Church, 8302 E. Broadway Blvd, first meeting will be October 4 at that location; no change to meeting time. The aatucson.org website now carries maps to meeting locations, and the calendar is well-populated with events. Something Less Stuff is recording monthly speaker meetings, and they are being posted to the aatucson.org website. City-wide speaker meeting – contact Rob C. for more info.

Fred C. moved to adjourn; Wendy seconded, moved to close, passed unanimously.

**The meeting adjourned with the Declaration of Unity and then I am Responsible at 2:16 pm.**

# OCTOBER BIRTHDAYS!

## 801 Group

Kellie D. 2 years  
 Haven B. 2 years  
 Joe S. 2 years  
 Mike S. 2 years  
 Aaron B. 12 years  
 Leo C. 24 years

## Morning Shades

John G. 2 years  
 Erik W. 2 years  
 Tom S. 5 years  
 John S. 8 years  
 Sunny 9 years  
 Karla W. 11 years  
 Debbie F. 11 years  
 Michael C. 13 years  
 Linda N. 14 years  
 Lee B. 20 years  
 Emily C. 24 years  
 Willy S. 28 years  
 Adrian 37 years  
 Dan G. 45 years

## TGIF

Jessica S. 4 years  
 Robin D. 21 years  
 Shelly K. 30 years  
 Perry C. 34 years

## Freedom Group

Dave H. 1 year  
 Julie L. 4 years  
 Eric B. 6 years  
 Samantha D. 11 years

## Eastside Nooners

David B. 30 years  
 Steve L. 11 years  
 Steve D. 1 year  
 David B. 11 years

## Courage to Change

Jake C. 14 years  
 Teri T. 28 years  
 Walt W. 30 years

## Ironwood Hills Group

Steve F. 1 year  
 Richard G. 4 years  
 Leslie W. 32 years  
 David M. 8 years  
 Betsi M. 23 years  
 Peggy B. 32 years  
 Rich W. 43 years

## Honest, Open & Free

Myndi B. 1 year

## GROUPS REPRESENTED AT THE SEPTEMBER 2018 INTERGROUP MEETING

Afternoon Delight  
 Big Apple II  
 Campus Newcomers  
 Courage to Change  
 Eastside Nooners  
 Foothills Newcomer  
 Footloose  
 Free At Last  
 Honest Open and Free  
 Ironwood Hills  
 Morning Shades  
 New Beginnings  
 Serenity Seekers GV  
 Smoke Free Nooners  
 Sober Living  
 Solutions Group  
 Something Less Stuffy  
 Sub-District 11-119  
 Sunday Morning AA Group  
 T G I F!  
 The Retired Professionals  
 Thursday Sharing Group  
 Tubac  
 Tucson into Action Group  
 Twelve at Twelve  
 Twelve Stepping Sisters  
 Upon Awakening  
 Women's Solutions

## MEETING SPOTLIGHT

### HOPI GROUP

Streams in the Desert Lutheran Church

5360 E. Pima

Wednesday @ 4:00 P.M.

(O) NS (WH) Discussion (12)



# Group Contributions thru August 2018 \*



11th Step Meditation Meeting	227.50	Green Valley Mon. Noon	433.00	Stone Sober	573.00
801 Group	182.00	Green Valley Serenity	1,025.00	Sunday Morning AA	1,080.00
911 Group	150.00	Green Valley Sober Sisters	140.00	Sunday Morning Eastside	
A Safe Place for Women	254.51	Happy Hour	120.00	Sunrise Sobriety	
ABC Group	800.00	Green Valley Happy Hour	360.00	SWACYPAA	1,500.00
Ajo Group	60.00	Happy Joyous and Free	450.00	Survivors Big Book Group	212.00
Airport Area Nooners	795.00	Honest, Open, and Free	850.00	Tanque Verde Loop Group	123.50
Amada Nooners	100.00	Hopi Group	547.00	TGIF!	250.00
Amen Stag	231.86	Houghton Sunset	424.00	The Drifters	50.00
Anonymous	462.00	Ironwood Hills Group	452.26	The Forum	72.00
Arivaca Group	25.00	JDFD		The Lighter Side	
As Bill Leads It	45.00	Joe & Charlie BB Study		Three Points	100.00
Backdoor Friends	900.00	Little House	100.00	Thurs 11th Step	
Between the Tracks	622.74	Mens seeking Guidance	1,050.00	Thurs Nite AA Group	400.00
Big Apple 2	42.00	Lodestar of Hope		Tubac AA Group	724.81
Big Book Before Work	85.00	Midvale Sat AM		Tucson Into Action Group	360.00
Big Book Scholars Meeting	100.00	Miracle Group	50.00	Tucson Mens	163.00
Business & Professional Men's	374.00	Mid-Week Serenity	644.80	Tues.Nite BB Step Study	
By the Book	100.00	Monday Night BB	100.00	Twelve at Twelve	900.00
Campus Newcomers		Morning Shades	1,000.00	Twelve Stepping Sisters	1,033.68
Campus Nooners	750.00	New Beginnings	100.00	Upon Awakening	400.00
Cat Mountain Group	275.00	Never Had it so Good	200.00	Vistoso Retreads	318.00
Catalina Wed Night Mtg	145.00	Northside Group	300.00	Wed. 12 Step Study	228.88
Clean Air Group	395.00	Oracle Thursday Nooner	50.00	Wednesday Night Mens	
Copper Valley Group	325.00	Oro Valley Men's Stag	1,350.00	Weeknight Newcomers	
Courage to Change Group	192.00	Oro Valley Monday Noon	50.50	West Ajo BB Study	100.00
Desert Drifters	152.00	Our Daily Bread	119.60	Westside Primary Purpose	150.00
District 11-110	1,000.00	Overton Sun. AM	959.34	Women and the 12 Steps	132.08
Eastside Nooners	840.00	Pantano Group		Women By The Book	441.21
Eastside Sat AM'ers	200.00	Patagonia Group	40.00	Women From The Heart	600.00
El Sabado (Green Valley)	402.78	Picture Rocks Tues. Nite		Women of Hope	468.00
Emotional Sober thru 12 Steps	95.80	Pink Triangle	150.00	Women Of Serenity	50.00
Faith Not Fear	160.00	Pre-weekenders	421.90	Women Drank Too Much	23.00
Fantastic Breakfast Group	644.00	Primary Purpose		Women Weren't Born Yest.	
Final Frontier	710.00	Recovery in Progress	74.00	Women's Solutions	787.50
Foothills Newcomer	200.00	Retired Professionals	150.00	WOW Group	140.00
Free at Last	250.00	Rincon Group	364.50	<b>TOTAL</b>	<b>42,402.05</b>
Freedom Group	60.00	Safe Place For Women	86.00	<div style="border: 1px dashed black; padding: 10px; text-align: center;"> <p><i>*Please, when you send in your Group Contributions, list the meeting name as it is in the Meeting Schedule so your Group can get credited.</i></p> <p><i>Thank you.</i></p> </div>	
Free to be me	150.00	Sahuarita Big Book	200.00		
Friday Morning Fun Group	660.00	Sahuarita Brand new	80.00		
From The Promises	120.00	Smile Group	400.00		
Get a Life		Smoke Free Nooners	392.00		
Glum Lot Not	382.27	Sober Living	205.03		
Golf Links Group	816.00	Sober Saturdays			
Good Life	53.00	Society BB Study			
Gtreat Spirit	47.00	Solutions Group	200.00		
Beginners Living Sober	360.00	Solutions on Sunday			
Green Valley Afternoon Delight	50.00	Something Less Stuffy	20.00		
Green Valley Lamplighter's	75.00	Southside	1,000.00		
Green Valley Men's Group	600.00	SNYP	60.00		
Men Seeking Serenity	636.00	Spiritual Kindergarten			
Green Valley Miracle Group		Step Sisters			

# Spanish AA Corner

## Spanish Intergroup NEWEST Office

2241 N. Oracle Road, Suite #4 Tucson, AZ 85705

(520) 622-5112

**Secretary:** Rafael

**Literature Coordinator:** Fernando (520) 342-9875

Intergroup Meeting held the Last Friday of every month at 7:30pm @ Spanish Intergroup Office

## UPDATES TO THE NEW "ROCKET RED" MEETING SCHEDULE

### New Meetings

#### **Page 14**

A Way Out

Monday @ 5:30 P.M.

VA Medical Center,

3601 S. 6<sup>th</sup> Ave

Bldg. 60, Rm C108

Tucson, AZ 85723

(O) NS (WH) Big Book (13)

#### **Page 32**

We Agnostics

Thursday @ 5:30 P.M.

Alano Club

4405 E. Pima

Tucson, AZ 85712

(O) S (WH) Discussion (12)

#### **Page 32**

Sober Today

Thursday @ 6:00 P.M.

St James United Methodist Church

3255 N. Campbell Ave.

Tucson, AZ 85719

(O) NS (WH) BB & 12 & 12 (19)

#### **Page 51**

Twelve and Twelve at 10:00

Wednesday @ 10:00 A.M.

Mountain View Church

3270 Armstrong Ln.

Tucson, AZ 85739

Step Study

Tradition once a month

(O) NS (WH)

### Changed Meetings

Little House Mtgs. now meet

at 2109 S 6<sup>th</sup> Ave., Tucson

All Airport Area Nooners

Meetings @ 12:05 P. M.,

Monday through Friday now meet

at Kino Sports Complex

next to the Baseball Stadium,

2500 E Ajo Way, Admin. Bldg.

#### **Page 10**

Founder's Path Meeting

Sunday @ 6:00 P.M.

Christ Community Church

530 S. Pantano Rd

Tucson, AZ 85710

Disc./Hist. Lit. Study

(O) NS (WH)

#### **Page 15**

Basic AA

Monday @ 7:00 P.M.

Central Office

840 S. Campbell

Big Book (No Disc. or Speaker)

(C) NS (WH)

#### **Page 20**

Where Women are Welcome

Now meets Tuesday @ 5:15 P.M.

Alano Club

4405 E. Pima

Tucson, AZ 85712

(O) NS (WH) (12)

#### **Page 39**

TGIF!

Friday @ 5:45 P.M.

St Mark's Presbyterian Church

3809 E 3<sup>rd</sup> St

Tucson, AZ 85716

(Childcare Available)

#### **Page 42**

Women's Solutions

Saturday @ 9:00 A.M.

Jewish Community Center

3800 E River Rd.

Tucson, AZ 85718

Discussion (C) NS (WH)

#### **Page 53 & 54**

Green Valley

Men Seeking Serenity

New meeting name is now

Serenity Seekers

#### **Page 56 & 57**

Oro Valley

Lodestar of Hope

Thursday @ 7:00 P.M.

New location:

12111 N. La Cholla Blvd

(Use main church entrance)

Oro Valley, AZ 85755

#### **Page 58**

Saddlebrook

Final Frontier Group

Friday @ 7:00 P.M.

Community Center (Crafts Room)

64500 E Saddlebrook Blvd

Tucson, AZ 85739

Last Friday Open Meeting

### Deleted Meetings

#### **Page 10**

Lost and Found

Sunday @ 6:00 P.M.

#### **Page 19**

Mostly Agnostic

(Women)

Tuesday @ 5:00 P.M.

#### **Page 22**

Little House Meeting

Tuesday @ 7:30 P.M.

#### **Page 32**

Happy Destiny

Thursday @ 6:00 PM

#### **Page 55**

Marana

Big Book Thumpers

Saturday @ 6:30 P.M.

#### **Page 57**

Big Book Before Work

Wednesday @ 7:00 AM



# CAN YOU FIND THESE STEP 10 WORDS?



<b>PROMPTLY</b>	<b>GROWING</b>
<b>ADMIT</b>	<b>TEN</b>
<b>DAILY</b>	<b>INVENTORY</b>
<b>CONTINUOUS</b>	<b>SELF RESTRAINT</b>
<b>ASSETS</b>	<b>DISCIPLINE</b>
<b>LIABILITIES</b>	<b>LIFETIME</b>
<b>HABIT</b>	<b>PERSEVERANCE</b>
<b>LEARNING</b>	

I	A	S	S	E	T	S	D	N	I	D	N	A
U	E	E	I	C	G	N	I	N	R	A	E	L
S	S	I	S	N	N	C	S	S	D	I	N	D
Y	U	T	C	A	U	T	C	M	P	L	F	A
P	O	I	G	R	O	W	I	N	G	Y	U	Y
R	U	L	T	E	A	T	P	B	E	T	R	N
O	N	I	G	V	B	M	L	D	A	O	I	L
M	I	B	U	E	I	S	I	I	T	H	A	N
P	T	A	L	S	A	N	N	N	E	T	I	I
T	N	I	A	R	T	S	E	R	F	L	E	S
L	O	L	D	E	O	V	D	D	I	C	E	M
Y	C	T	N	P	N	A	I	N	I	D	T	T
I	R	N	L	I	F	E	T	I	M	E	R	I

### *The Things We Cannot Change*

Clyde H. "Bear"

Passed away with 31 years of sobriety

## THIRD LEGACY

### **Tucson Area Intergroup, Inc.**

Meets 2nd Sunday Monthly  
1:30 p.m. at Central Office

### **CPC & PI Committee**

Meets 4th Wednesday Monthly  
5:30 p.m. at Central Office

### **Treatment Committee**

Meets 1st Tuesday Monthly  
5:30p.m. at Central Office

### **Corrections Committee**

Meets Quarterly, 3rd Saturday,  
January, April, July, October @  
10:30 a.m. at Central Office  
New volunteer orientation @9:30

### **Grapevine Committee**

Odd Months, 1st Sunday  
2:00 p.m. at Central Office

### **JFT Stuffing & Mailing**

Last Sat. Monthly 9:00 a.m. Ted M.  
at theodoremoeller@gmail.com

### **Bridge the Gap Committee**

Meets 1st Sun. Monthly 4:00 p.m.  
840 S. Campbell Ave.

### **DCMC**

John N. (520) 398-3259  
Alternate: Sarah VP. (520) 200-2456  
TAII Liaison: Jode J.(520) 437-2685

### **District 11-000 Pima County**

Meets 3rd Thursday Monthly  
7:00 p.m. at Central Office.  
6:30 p.m.- new GSA Orientation  
All GSRs and DCMs have a voice  
and vote at this meeting.

### **Northwest Sub-District 11-110 & Southwest Sub-District 11-115**

Meets 2nd Wed. @ 6:00p.m.  
NW Alano Club  
3120 W. Curtis Rd.  
DCM: Jo S. (520) 869-8678

### **Central Sub-District 11-111**

Meets 2nd Wed. @ 6:45 p.m.  
610 E. Delano #103 Stone Sober  
DCM: Shelli H. (520) 429-4178

### **Eastern Sub-District 11-114**

Meets 3rd Wed. @ 6 p.m.  
Eastside City Hall  
7575 E. Speedway  
DCM: Sarah VP. (520) 200-2456

### **Sub-District 11-119**

Meets every 2nd Thurs, 6:00 p.m.  
St. Francis Episcopal Church  
600 S. La Canada, Green Valley  
DCM: Joanne C. (520) 625-3895

### **Spanish Sub-District 11-122**

Meets last Friday @ 7:30 p.m.  
Grupo Libertad Meeting Place  
5248 S. 12th Ave. 85706  
DCM: Ingeborg H. (520) 622-5112

Tucson Area Intergroup, Inc.  
840 S. Campbell Avenue  
Tucson, AZ 85719

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