

JUST FOR TODAY

UNITY ♦ SERVICE ♦ RECOVERY

www.aatucson.org

TUCSON AREA INTERGROUP INC.

October 2017

OUR THREE LEGACIES OCTOBER

10

STEP TEN

Recovery

Continued to take personal inventory and when we were wrong promptly admitted it.

.....

TRADITION TEN

Unity

Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

.....

CONCEPT TEN

Service

Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

STEP 10: PERSEVERANCE

The tenth word on my shabby looking 3" x 5" card was *Perseverance*. My sponsor said this was where I continued with all the work I had done heretofore. Step 10 says, "Continued to take personal inventory and when we were wrong promptly admitted it."

I still had difficulty recognizing when I was wrong. After all, I had already admitted I was wrong when I made my amends. Jeez! Wasn't that sufficient? No. I had to continue to take my own inventory and promptly admit where I was at fault. Those times I had an "issue" with someone, I'd spend a lot of time in my mind rationalizing and justifying my side. My sponsor pointed out that this was probably a clue that I was wrong in some way.

She also directed me to a sentence in Step 10 in the **TWELVE STEPS AND TWELVE TRADITIONS** which states: "It is a spiritual axiom that every time we are disturbed, no matter what the cause, there is something wrong with us." This was awfully hard to take. Couldn't there be a time or two when the other party was to blame? No dice. I had to look at what was going on with me. What was my attitude? What were my motives? Was I having a day when I hated everyone and everything? Was I splashing around in murky self-pity? Did I harbor a superiority complex?

What with fiddling around in my head with rationalization and self-justification in trying hard not to be wrong and then looking at what was going on with me internally, it often took two weeks to a month to "promptly admit it". I'm telling you, that internal civil war was exhausting! I finally realized that it was so much easier to look at my disturbance, quickly perceive what was wrong with me and promptly admit it and make amends where appropriate. There! It was done.

Step 10 is another way to practice *self-discipline*. Over the years, I've developed a routine. At the end of the day, just before bedtime, I check within to see if I am disturbed about anything, and try to determine what the cause is. As one guy said at a meeting, "If something irritates me, there is something in me that is irritable." Then, I look to see if I did anything that requires an amends. If so, I do it as soon as possible. If not, I say a prayer to release my bad attitude. Then, I make a gratitude list for all that I appreciate and am grateful for that day. Finally, I list what I have accomplished that day. I no longer make "to do" lists, I make "have done" lists and I feel so much better!

Step 10 reminds me that I have to *persevere* in cleaning up the mess that is inside me. When I take care of my insides, miraculously my outsides take care of themselves.

Lynne L., Tucson To be continued...

Join Us For Great Service Opportunities!

AA of the Air

Contact: Open

Cooperation with the Professional Community

Contact: Susan K. 977-8371

Public Information

Contact: Ken C. 245-7287

Treatment

Contact: Elizabeth R. (928) 642-5586

Corrections

Contact: Tom T. 909-8080

Grapevine

Contact: Dennis W. 977-8149

Events

Contact: Shantaye M. (516) 993-6023

TACYPAA

1st and 3rd Sundays
2:00 pm @ Central Office

JFT Stuffing

Contact: T.G.I.F.
Last Saturday of the Month @ 9:00 am

Just For Today Editor

Contact: Maureen A.
info@aatucson.org

Central Office

840 S. Campbell Ave.
Tucson, AZ 85719
(520) 882-7422
info@aatucson.org

Just for Today is a monthly publication of Tucson Area Intergroup Inc., (TAII). A one year subscription costs \$12.00. The opinions expressed here are not necessarily those of TAIL or AA as a whole. We welcome your stories, news and comments. The deadline for submission is the 15th of each month. Material may be edited for space and content and cannot be returned.

Central Office News

We still need a group to volunteer to host the Christmas Alcocthon. Call Central Office if your group is interested.

We always are in need of people for the Home Answering Service. If you have a year or more of sobriety and want to be involved in this valuable service work please call Jim or Lynne at 882-7422 and set up a training time. It takes about 30 minutes.

We are in need of some 12 Step volunteers. If you have a year or more of continuous sobriety, a telephone and a willingness to help the alcoholic who still suffers, then call 882-7422. Just think, the life you save may be your own.

The next Intergroup meeting will be on Sunday October 8, 2017 @ 1:30 PM at Central Office.

Central Office Calls & Web Hits August 2017



Info: 259
12 Step: 19
Web Visits: 1,271
New Visits: 39%
Returning Visits: 61%



Treasurer's Report August 2017

Total Available Funds	\$24,650.68
Income.....	\$9,456.63
Cost of Goods Sold.....	(\$3,108.42)
Gross Profit.....	\$6,348.21
Total Expenses.....	\$10,866.33
Net Income/Loss	(\$4,518.12)

Current available funds for operating total \$24,650.65 which is 44% of our 'Prudent Reserve' of \$55,631.90

P.Y.M.W.Y.M.I. August 2017

Anonymous x 4, Elizabeth T, Fernando R, Jim W, John K.
Valerie C, Lynne L, David M, Cheyanne T, Ronda C,
Michael J, Ronald R, Millard C, Katrina S, Corey, Ted M, Mary F

Miscellaneous Income for August 2017

Received from meetings @ Central Office	\$ 803.03
PC (Personal Contributions)	\$ 1308.00
Just for Today Contributions	\$ 0.00
Special events	\$ 0.00
TOTAL	\$ 2,111.03

Tucson Area Intergroup, Inc. (TAII) Committee Meeting Minutes — August 13, 2017

The meeting was called to order at 1:32 p.m with the Serenity Prayer.

New Intergroup Representatives- Sarah J- Morning Shades, Zach- Campus Newcomers, Steven G- Happy Destiny, Inga-Little House

Secretary's Report – Cheyanne T. Matt L. makes a motion to approve the minutes, Denise B. seconds the motion, and the motion passes unanimously.

Treasurer's Report – Dana L. The prudent reserve is down to 44% and we are in trouble. We had 3 paydays this month and repair and maintenance costs went up. Both personal and group contributions are down.

Sub-Committee- James W. We discussed the prudent reserve and diving further into the finances. The sub-committee will be meeting in 2 weeks to discuss any possible solutions we found; things we can cut, ways to increase contributions, etc. A motion was made and seconded during the sub-committee meeting to recommend the committees not spend until the next Intergroup meeting. The motion passed unanimously on the Intergroup floor.

Central Office – Jim W. The federal and state taxes have been paid. Group and personal contributions are low. There is one Home Answering Service shift available; the 2nd Tuesday of each month from 10 pm-6 am. We are currently in need of a group (meeting group or group of individuals) to stuff the Just For Today newsletter. We are also still in need of a group to chair the Christmas Alcathon. Please let your homegroup know that if they want birthdays in the JFT newsletter, all they need to do is e-mail the first name, last initial, and number of years being celebrated to info@aatucson.org. The 2017 Arizona State Convention is September 29th – October 1st in Prescott, AZ. Central Office is currently looking for a new janitor.

Corrections – Dennis W. for Tom T. Tucson will be the site for the 2018 Corrections Conference.

Bridging the Gap – Dante G. The committee sent Donna T. to the Bridging The Gap weekend in Minnesota. We have two meeting presentations this month. We had one correspondence this month from the Winchester Yard at the state prison.

Treatment – Elizabeth R. No report.

Public Information / Cooperation with Professional Community – Susan K. & Ken C. There were 5 people in attendance at the August meeting. The committee is currently working on getting letters out to the Tucson Police Department, Tucson Fire Department, and the Sheriff's Department. The next CPC/PI meeting is Wednesday September 27th at 5:30 pm.

Grapevine – Dennis W. On September 30th, we will be having an amends workshop based on the new Grapevine book. The workshop will be held at Central Office from 2 pm- 4 pm. A new Grapevine book just came out specifically for the female alcoholic.

Historian- Jim W. for Alan The AA Personal Memory Page was translated from English to Spanish. Alan attended the General Service Hispanic Forum to distribute these.

Events Coordinator – Shantaye M. We need a chair for the Christmas Alcathon. Please call if you are interested. The 801 Group is continuing to meet and organize the New Year's Eve Alcathon. Please call Courtney B. at (520)867-1559 to help.

Dark Meetings (Ad-Hoc) – Dana L. The list is down to 82 dark or non-participating groups. Please continue to attend these meetings and make the Intergroup announcement.

Spanish Speaking Liaison – Katrina There was a great Spanish speaking Service forum in August. They had a Spanish translation while the delegate, Dave B. gave his report. There was also a real-time English translation during panels and other presentations. There was a large display of Spanish literature.

Area Liaison/Vice Chair – Ted M. Ted attended the August Area 03 assembly in Mesa. While there, he went to the Corrections workshop, the CPC panel, the general assembly, and the overflow meeting and ask-it session. The TAIL Corrections Committee put in a bid for the 2018 convention and won! The Area 03 meeting directory will be available on the Area website (area03.org) very soon. The Navajo audio translation of the Big Book is nearly ready after 6 years of work. The CPC panel voted to move forward with the Navajo PSA using a maximum budget of \$600. The CPC panel also voted to add the "blue card" text on open and closed meetings to the pamphlet, "Members of the Clergy Ask About Alcoholics Anonymous". Next up is the November assembly.

AI-Anon Liaison – Mike M. No Report

Old Business- None

New Business-None

Intergroup Representative Announcements- Tucson won the bid for The Southwestern Area Conference of Young People in Alcoholics Anonymous (SWACYCAA) and committee elections will be October 1st at 2 pm at Central Office. Subdistrict 11-114 is holding a workshop and Delegate's report September 24th 2 pm- 4 pm.

The meeting adjourned with the Declaration of Unity and then I am Responsible at 2:18 p.m.

Spanish AA Corner

Spanish Intergroup New Office

2914 E 22nd Street
 Tucson AZ 85713
 (520) 622-5112

Secretary: Diego
Literature Coordinator:
 Fernando (520) 342-9875

Intergroup Meeting held the
 Last Thursday of every month
 @ 7:30pm at the
 Spanish Intergroup Office

GROUPS REPRESENTED AT THE SEPTEMBER 2017 INTERGROUP MEETING

-
- Campus Newcomers
 - Courage to Change
 - Get A Life
 - Golf Links
 - Honest Open and Free
 - Little House
 - Morning Shades
 - Our Daily Bread
 - Rincon
 - Safe Place for Women
 - Sober Living
 - Solutions Group
 - Southside
 - Stone Sober
 - Sub-District 11-114
 - Sunday Morning AA Group
 - TGIF!
 - The Retired Professionals
 - Tubac
 - Twelve Stepping Sisters

OCTOBER BIRTHDAYS!

801 Group

Kelly D 1 year
 Haven B 1 year
 Joe S 1 year
 Ashley S 2 years
 Aaron B 11 years
 Leo C 23 years
 Nancy R 39 years

Ironwood Hills Group

Richard G 3 years
 Leonard S. 9 years
 David M. 7 years
 Betsi M. 22 years
 Peggy B. 31 years

Freedom Group

Eric B. 7 years
 Samantha D. 10 years

Morning Shades

Erik W. 1 year
 John G. 1 year
 Tom S. 4 years
 John S. 7 years
 Sunny 8 years
 Debbie F. 10 years
 Michael C. 12 years
 Linda N. 13 years
 Alex A. 16 years
 Lee B. 19 years
 Emily C. 23 years
 Willy S. 27 years
 Adrian 36 years

Courage to Change

Walt W. 29 years
 Jake C. 13 years
 Teri P. 27 years

THINGS WE CANNOT CHANGE

Mary Ellen L.
 1974-2017
 43 years of sobriety



Group Contributions thru August 2017

12 @ 12	185.00	GV Happy Hour	180.00	Solutions on Sunday	250.00
12 and 12 Group	650.00	GV Lamplighters	175.00	Solutions Group	1,664.00
911 Group	300.00	GV Men's Group	600.00	Southside	900.00
AA for Alcoholics	250.00	GV Serenity Group	25.00	Step Sisters	145.00
ABC Group	112.00	GV Monday Noon Group	100.00	Spiritual Kindergarten	165.00
Afternoon Delight Group	28.40	Grapevine Study Meeting	66.40	Stone Sober	1,156.00
Airport Area	125.00	Happy Destiny	31.85	Sunday Morning AA Group	539.03
Airport Area Nooners	421.00	Happy Joyous and Free	500.00	Sunrise Sobriety	83.70.
Ajo Group	60.00	Honest, Open, and Free	790.00	Survivors Big Book Group	192.23
Arivaca Group	25.00	Hopi Group	625.00	Tanque Verde Loop Group	293.38
Amen Stag	94.00	Houghton Sunset	202.00	TGIF!	550.00
Backdoor Friends	950.00	Iron Hills Group	200.00	The Forum	234.43
Basic AA	60.00	JDFD	100.00	The Lighter Side	148.85
Big Book Before Work	34.00	Joe & Charlie BB Study	42.00	Three Points	100.00
Business & Prof.. Men's	57.00	Little House	160.00	Thurs 11th Step	345.00
By the Book	17.99	Lodestar of Hope	600.00	Tubac AA Group	460.00
Casa Adobe Gratitude	100.00	Men Seeking Guidance	2,002.00	Tucson Into Action Group	480.00
Campus Nooners	300.00	Message & Principles	400.00	Tucson Mens	100.00
Cat Mountain Group	60.00	Midday Meeting	150.00	Tuesday Nite BB Step Study	20.00
Catalina Wed Night Mtg	197.00	Midvale Sat AM	300.00	Upon Awakening	200.00
Courage to Change Group	75.00	Mid-Week Serenity	150.00	Twelve Stepping Sisters	275.91
Copper Mountain Group	340.00	Morning Shades	820.00	Vistoso Retreads	570.00
Clean Air Group	155.00	Monday Noon Group	405.00	Wed. 12 Step Study	264.25
Desert Drifters	146.00	Northside Group	200.00	Wednesday Night Mens	100.00
Dove Mountain Group	500.00	Oro Valley Mon. Noon	208.00	Weekday Nooners	200.00
Eastside Nooners	260.00	Oro Valley Men's Stag	1,000.00	Weeknight Newcomers	350.00
Eastside Sat AM'ers	410.00	Our Daily Bread	96.00	West Ajo BB Study	200.00
El Sabado	340.77	Overton Sun. AM	815.36	Westside Primary Purpose	200.00
Experience, Strength Hope	83.00	Patagonia Group	53.00	Women By The Book	137.50
Faith Not Fear Group	105.00	Pantano Group	80.00	Women of Hope	150.00
Final Frontier	609.36	Pre-weekenders	431.00	Women Of Serenity	100.00
Footloose	15.00	Picture Rocks Tues. Night	60.00	Women From The Heart	700.00
Foothills Newcomers	200.00	Primary Purpose	60.00	Women Solutions	488.00
Foothills Newcomer	160.00	Recovery in Progress	200.00	WOW Group	25.45
Free at Last	220.00	Retired Professionals	720.00	W. Weren't Born Yesterday	548.80
Free to be me	100.00	Safe Place for women	153.28	TOTAL	41,883.16
Free Spirit Group	100.00	Rincon Group	902.00		
Friday Morning Fun Group	512.00	Sahuarita Brand new	80.00		
From The Promises	200.00	Sahuarita Big Book	300.00		
Fri. Newcomer Fellowship	700.00	Saturday Serenity Meeting	500.00		
Glum Lot Not	400.00	Smile Group	300.00		
Get a Life	450.00	Smoke Free Nooners	1,859.27		
Golf Links Group	582.00	Sober Living	675.13		
Good Life	210.82	Sober Saturdays	16.00		
GV El Sabado	165.00	Sober Sisters	180.00		
GV Fantastic Breakfast	300.00	Society BB Study	500.00		

*Please, when you send
in your Group
Contributions, list the
meeting name as it
appears in the Meeting
Schedule so your
Group can get credited.
Thank you.*

STEP 10 WORD SEARCH

I A S S E T S D N I D N A
U E E I C G N I N R A E L
S S I S N N C S S D I N D
Y U T C A U T C M P L F A
P O I G R O W I N G Y U Y
R U L T E A T P B E T R N
O N I G V B M L D A O I L
M I B U E I S I I T H A N
P T A L S A N N N E T I I
T N I A R T S E R F L E S
L O L D E O V D D I C E M
Y C T N P N A I N I D T T
I R N L I F E T I M E R I



CAN YOU FIND
THESE 10TH
STEP WORDS?

PROMPTLY

ADMIT

DAILY

CONTINUOUS

ASSETS

LIABILITIES

HABIT

LEARNING

GROWING

TEN

INVENTORY

SELF RESTRAINT

DISCIPLINE

LIFETIME

PERSEVERANCE

Need a Place to Unwind After Work?

Go to a FANTASTIC Meeting!

HONEST OPEN & FREE

Eastside Meeting Place

6061 E Broadway #127

5:30 P.M

(O) NS (WH) Discussion (11)

Way More fun than Happy Hour!

Meets 7-Days a Week

ATTENTION

EVERYONE!

TUCSON AA

NEEDS HELP!

A GROUP IS STILL

NEEDED TO CHAIR

THE CHRISTMAS

ALCATHON

Call Central Office at

882-7422 if your

Group can do it!

UPDATES TO THE NEW "CELESTIAL BLUE" MEETING SCHEDULE

Changed Meetings

Page 33

"Many Paths AA Group" is now "Thursday Night AA Group"

New Address:

Mountain View Retirement Village

7900 N La Canada

(C) NS (WH) Literature/Discussion (04)

Thursday 7:00 P.M.

CONGRATULATIONS!

On October 15, 2017

The Eastside Meeting Place

Celebrates 25 Years of Helping

Alcoholics Stay Sober!

NEW

"CELESTIAL BLUE"

MEETING SCHEDULES ARE IN!

Stop by Central Office

to purchase yours! *

*Only while supplies last

To add announcements or meeting
schedule changes to the Just for Today,
call Central Office @ 882-7422 or email
info@aatucson.org

THIRD LEGACY

Tucson Area Intergroup, Inc.

Meets 2nd Sunday Monthly
1:30 p.m. at Central Office

CPC & PI Committee

Meets 4th Wednesday Monthly
5:30 p.m. at Central Office

Treatment Committee

Meets 1st Wednesday Monthly
6:00 p.m. at Central Office

Corrections Committee

Meets Quarterly, 3rd Saturday,
January, April, July, October @
10:30 a.m. at Central Office
New volunteer orientation @9:30

Grapevine Committee

Odd Months, 1st Sunday
2:00 p.m. at Central Office

JFT Stuffing & Mailing

Last Saturday Monthly 9:00 a.m.
Contact Patty C @ 232-4080

Bridge the Gap Committee

Meets 1st Sunday Monthly 4:00
p.m. 2301 N. Country Club Rd.

DCMC

Cheryl P. (209) 423-6440
Alternate: Aldofo (520) 943-1585
TAII Liaison: Ted M. (520)907-7531

District 11-000 Pima County

Meets 3rd Thursday Monthly
7:00 p.m. at Central Office.
6:30 p.m. - new GSA Orientation
All GSRs and DCMs have a voice
and vote at this meeting.

Northwest Sub-District 11-110 & Southwest Sub-District 11-115

Meets 2nd Wed. @ 6:00 p.m.
NW Alano Club
3120 W. Curtis Rd.
DCM: Clay R. (520) 668-2666

Central Sub-District 11-111

Meets 2nd Wed. @ 6:45 p.m.
610 E. Delano #103 Stone Sober
DCM: Susan B. (520) 344-1076

Eastern Sub-District 11-114

Meets 3rd Wed. @ 6 p.m.
Eastside City Hall
7575 E. Speedway
DCM: Kathy R. (520) 668-7304

Sub-District 11-119

Meets quarterly. Next Meeting:
Thursday Nov. 9 @ 6:00 p.m.
St. Francis Episcopal Church Library
600 S. La Canada, Green Valley
DCM: John N. (520)398-3259

Spanish Sub-District 11-122

Meets 1st Monday @ 7:30 p.m.
Spanish Intergroup Office
2914 E. 22nd Street
DCM: Adolfo R. (520) 443-1585

Tucson Area Intergroup, Inc.
840 S. Campbell Avenue
Tucson, AZ 85719

Return Service Requested

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