

OUR THREE LEGACIES MAY

5



Step Five: (Recovery)

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Tradition Five: (Unity)

Each group has but one primary purpose-to carry its message to the alcoholic who still suffers.

Concept Five: (Service)

Throughout our structure, a traditional "Right of Appeal" out to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

Thus was I convinced that God was concerned with us humans when we want Him enough.

-Bill W.

THERE is a mountain in one of our Western states which is not often climbed. Any old veteran of parts thereabouts will give this reason: "The first part goes easy. But about one third of the way up most of 'em turn around and come back. There's sheer walls and jagged rocks, deep crevices and poor footing. Right there most folks quit. Odd thing, too. When you've passed that big hump you've got it made. The rest is a climb all right, but the worst is over."

The Twelve Steps of Alcoholics Anonymous are like that mountain. There's a big hump on the way up--*Step Five*: "We admitted to God, to ourselves, and to another human being the exact nature of our wrongs." Right here some folks give up.

I must have a 'Fifth-Step face.' As a counselor I have often been asked to be the other human being referred to in this Step. And my date book with its broken engagements is mute testimony that it is easy to approach this part of the mountain and then turn back.

In my work as a minister I have seen good Fifth Steps and bad ones; long Fifth Steps and short ones; Fifth Steps scribbled on brown wrapping paper and those neatly typed with a secretary's perfection. In listening to men and women, young and old, some long in AA and some who tackled this part of the mountain before they were ready, I have noticed that there were always some things in common among those who were successful.

What are the secrets of a good Fifth Step? Let us take a look at the basic ingredients, then the mechanics, and finally the places where the going is roughest. The following is based entirely on my own experience and observations on the receiving end of the Fifth Step and is intended as a possible guide for those seeking suggestions as to how to go about taking the Fifth Step.

Three Basic Ingredients

Belief in a forgiving God. Read the Gospel of Luke, Chapter 15, Verses 11 to 24. Let it sink deep into your heart until you are convinced that God will forgive anything; that He is like a father who goes out each night to the end of the road looking for a boy to come home. When the boy

Please Join Us...

Get connected with great service opportunities outside of the home group!

AA of the Air
Contact: Jim H. 248-1698

Cooperation with the Professional Community
Contact: Dennis O. 940-5741

Public Information
Contact: Barry G. 990-6664

Treatment
Contact: Pat S. 405-0965

Corrections
Contact: Dante G. 975-6043

Grapevine
Contact: Andrea S. 250-0578

Just for Today editor
Contact: Camille M.
at info@aatucson.org

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Just for Today is a monthly publication of Tucson Area Intergroup Inc., (TAIL). A one year subscription costs \$12.00. The opinions expressed here are not necessarily those of TAIL or AA as a whole. We welcome your stories, news and comments. The deadline for submission is the 15th of each month. Material may be edited for space and content and cannot be returned. Please send your submissions to info@aatucson.org.

Miscellaneous Income For March 2013

JFT.....\$0.00
Personal Contributions.....472.00
Received from meetings at
Central Office.....659.07

Central Office News

The next Intergroup meeting will be Sunday, May 5th @1:30pm.

We always are in need of people for the Home Answering Service, if you have a year or more of sobriety and want to be involved in this valuable service work please call Reggie or Lynne at 882-7422 and set up a training time. It takes about 30 minutes.

We are in need of some 12 Step volunteers. If you have a year or more years of continuous sobriety, a telephone and a willingness to help the alcoholic who still suffers, then call 882-7422. Just think, the life you save may be your own.



Central Office Calls March 2013

Info: 542

12 step: 60

Internet Hits: 5114

Treasurer's Report March 2013

Total Available Funds.....	\$25,316.14
Income.....	\$17,685.55
Cost of Goods Sold.....	(2,728.44)
Gross Profit.....	4,957.11
Total Expenses.....	6,776.51
Net Income/Loss.....	-1,819.40

Current available funds for operation total \$25,316.14 which is 53% of our 'Prudent Reserve' of \$48,050.00

Personal Contributions 3/01/2013 to 3/31/2013
Anonymous X2, Margaret Mc, Bill N, Elizabeth T,
Michael J, Lynne L, Ned & Sally B, Mark D, Bob F,
Bruce J, James C, Don H, Brian C X2.

Tucson Area Intergroup, Inc. (TAI) Committee Meeting

Minutes – April 14, 2013

Nancy S. called meeting to order at 1:30pm with the Serenity Prayer, the Preamble and the TAI Functions and Ground Rules being read. Thanks was given to John A. for all his work last month.

New Intergroup Reps: Nick W. of SNYP, BJ of the Solutions Group.

Secretary's Report: (Mark K.) **Corrections:** Please note that the April 2013 JFT should reflect that HOF was represented (on p.6). Minutes accepted with corrections.

TAI Sub-Committee: (Nancy S.) We met at 12:30pm and items for discussion will be brought up under New Business.

Treasurer's Report: (Trish D.) The current prudent reserve is at 53% with \$25,316.14 of \$48,050.00. Group and individual contributions have fallen down by 50%. And too there was the need for a large literature order to be placed. WACYCAA, *that's whacky*, is thanked for their \$2,200 contribution to Intergroup.

Central Office: (Reggie T.) We are currently full on the Home Answering Service. Central Office is open Mon. through Fri. from 9:30am to 5:30pm. You can always come down and help us make newcomer Packets, etc. Call ahead. *Step by Step* is a Grapevine publication that I think is worth a reading. It is reasonably priced at \$13.00. Founder's Day will be on June 8th from 8am to 4pm at St. Francis Cabrini Church, 3201 E. Presidio Rd., at E. Fort Lowell Rd and N. Country Club Rd., and is being chaired by Happy Destiny. They will need a lot of help, up to 1,200 people are expected to attend, so please outreach. This is an Tucson Area Intergroup Event and that means us. It was brought to my attention that some groups don't know how to get their B'days into the JFT. Just e-mail me your group name, person (first name and last initial) and how many years the person has. Please do not send the sobriety date as Lynne and I really don't want to do the math. Thank you. Central Office needs help with the meeting and group update forms for current contacts (even one current contact) for all meetings and groups, we would really appreciate it. The Tucson web-site, www.aatucson.org is a great way stay informed with Tucson AA. See you next month. We decided to hold our next Intergroup meeting on May 5th at 1:30pm at Central Office, so families can honor Mothers Day.

Corrections Committee: (Dante G.) We had our committee meeting on March 16th. Dante presented the "*Meeting in a Pocket*" from Dallas area which contains "How it Works," "The Preamble," "The Steps and The Traditions," and asked if there was interest in it. Members said, "Yes, if it could be produced without staples." Minutes from Jan 26th read and Jack W. makes a motion to approve, Blair seconds. Passed. We are on track with the increase in budget. Tamara (271-2401) reports that the Pima County Jail for Women has great volunteers. She has openings for 2 – 3 females for the Mon. 7:30pm meeting. They are still always looking for volunteers. Denise has been doing the juvenile detention meeting for a year and would like someone to take her place at the Girls Juvenile Detention Center every other Sat. at 10:30. If anyone is interested, they should contact Dante at 975-6043. Jack finished the format for meetings and put the ways to contact AA on the back. The purpose of it is to make sure the meeting we take inside is run like the meeting on the outside so that inmates know what to expect when they come to a meeting outside. Groups represented at the Corrections Committee meeting were: Mountain

Ave. BBS, Honest Open & Free, Happy Destiny. Next meeting is May 18th at 10:30am and orientation meeting is at 9:30am. Thanks. Yours in Service, Dante G., TAI Corrections Coordinator 975-6043.

Treatment Committee: (Pat S.) My name is Patrick S. and I am the Treatment Facilities Committee Coordinator for TAI. Our committee meets on the 2nd Thurs. of the month at 6pm at central office. **Our next meeting is June 13th.** We meet even months, every other month. **New Meeting/Spirit of Rotation Meeting Requests: Compass Detox 2950 N. Dodge Blvd: Mon. Afternoons**, every week, 4:30-5:30pm **Mon. Evenings**, every week, 7-8pm **Tues. Afternoons**, every week, 2:30-3:30pm **Wed. Afternoon**, 2nd and 4th Wednesday, 1-2pm **Wed. Evenings**, every week, 4:30-5:30pm **Fri. Evenings**, every week, 7:00-8:00pm **Sun. Afternoons**, every week, 4:30-5:30pm **Sun. Evenings**, every week, 7:00-8:00pm **Serene Life, 11th Av. and Ventura: Sun. Mornings**, every week, 9:30-10:30am **Las Amigas (Women) Silverbell/St Mary's Mon. Evenings**, every week. **Intergroup/Treatment Representatives:** I would like to encourage continued communication from our Intergroup Representatives by having your group Treatment Reps contact me so I can streamline the process of updating our current
Patrick S.

CPC/PI Committee: (Dennis O.) We are growing and are getting new people all the time. Last Thurs. we had a panel discussion with the psychology grad students from the University of Phoenix with 4 great speakers with a good question and answer segment. The Mental Health Professionals Conference which is in Aug. and is held at Loews Ventana Canyon, 7000 N. Resort Dr., has asked AA to volunteer hosting "open" meetings on Mon., Tues., and Wed. at 7pm. This is well worth the effort as individuals come from all over the state.

Grapevine Committee: no report.

AA of the Air Committee: (Jim H.) Experience, Strength and Hope is having a difficult time filling spots for speakers. We are spreading the word to different homegroups that we need them to volunteer speakers for a one month commitment. What normally happens is that the group sponsoring the meeting for that month will have other people from their homegroup show up to support their person. That is how we get a large turnout for our meeting every Mon. We need people with one year of sobriety or more and are looking for a large cross section of AA. All of these meetings will be posted on the web-page attached by a link on the Tucson Area website, www.aatucson.org, for anyone to listen to. Until we get back on the radio this will be our platform to keep AA of the Air alive. Speakers are diligently being briefed on following the AA Traditions prior to speaking. The format for the web-page will be 10 speakers and their talks that will be available on the main page for 3 months and then moved to an archive page, that can always be accessed, and then replaced by 10 new speakers, etc.. It will

Minutes - Continued

be a neat way to carry the message via the internet and all speakers have the choice to have their story available or not. Right now the main focus if AA of the Air is to fill our schedule with available speakers. You all know people in our AA community that have amazing stories of experience, strength and hope. Please help nominate them to share their story with us. Note that there is no time constraint for stories recorded on-line like there is on the radio, which is 26 minutes. Call Jim H. 248-1698. Please make announcements at your home group meetings. Experience, Strength and Hope meets Mon. nights at 7pm at Streams in the Desert Lutheran Church, 5360 E. Pima St. For questions regarding the website Mike M. can be reached at 743-6511.

Special Committee: (Tamara S.) Founder's Day is Sat. June 8th from 8am to 4pm at the St. Francis Cabrini Church, 3201 E. Presidio Rd., and is being sponsored by TAIL and chaired by Happy Destiny. The event is a pot luck and up to 1,200 people are expected to attend. Planned as part of the program will be a 1 hour AA speaker, ½ hour Al-Anon speaker and a ½ hour young peoples speaker and an AA history power point presentation by Wally C. We are asking for commitments from homegroups for a main dish. Please contact the food chair after your group has made a decision. As always individuals are encouraged to bring a dish to share!! I need some volunteers to set up for service work on the food committee. Please contact the Food Chair ASAP! Thanks everyone!! I am looking forward to a fabulous event. Tamara S. Food Chair-Founder's Day 271-2401 tamaras032573@yahoo.com. Committees are encouraged to have tables set up for the event with information and literature as well as people manning them to speak to people. Renee S. is the Founders Day Chairperson and can be reached at 488-9505 for questions and to volunteer. Tamara S. is the Food Chairperson and can be reached at 271-2401 for food and beverages donations and to volunteer.

Special Events Coordinator: no report.

Financial Sustainability Committee: no report. Please see new business.

Spanish Liaison: no report.

Vice Chair/ Area Liaison: (John A.) Intergroup Representatives, Some highlights of what's happening in District 11 (Pima County) of Area 03 (AZ): I attended the Area Assembly (Pre-conference), March 29-31 in Tucson, AZ. The sub-committee to which I am assigned (Policy and Admissions panel) discussed four items: **1)** Index to the Big Book, "no"; **2)** revise Tradition 11 short form, "no"; **3)** discussed upcoming themes for General Service Conference; **4)** Revising Alcoholics Anonymous "boards" (AA World Services and Grapevine) "no". This went to business meeting where all the panel topics were reviewed. This feedback is given to the Area 03 delegate Dave M. for "group conscious" at the General Service Board meeting ("the conference") to be held in April 2013 in New York state. Additionally, focus is on planning for the 2013 State Convention in Tucson. Spread the word. Service opportunities abound. Meetings are at 5:45-6:45pm on the third Thurs. at Central Office just before the District meeting. The most recent District 11 meeting, held on March 21 at Central Office had reports from the sub-districts and officers. Some things upcoming or in the planning stages include step workshops, planning for assemblies, PRAASA (Pacific Regional Alcoholics Anonymous Service Assembly) 2014 in San Diego, CA. There was also a review of the March 2013 General Service Representative Orientation and the "mini-PRAASA" which had been held at the St. James United Methodist Church. There are three remaining General Service assemblies scheduled for this year as well as the state convention that I hope to attend. Thanks for letting me be of service. John A. Vice Chair/Liaison.

Al-Anon Liaison: no report.

Old Business: none

New Business: **1.)** Motion made and passed to hold our next Intergroup meeting on May 5th at 1:30pm at Central Office, so families can honor Mothers Day. We will return to the 2nd Sun. of the month in June. **2.)** Mel S. has made the decision to step down as the chair of the Financial Sustainability Committee. Motion made and passed that the Administrative Sub-Committee take over responsibilities related with the function of the Financial Sustainability Committee, which is now disbanded. Proposal for moving forward will be presented at next meeting. **3.)** TAIL is interested in seeing the Spanish Liaison position filled. Everyone is asked to get the word out and find candidates. Thank you. **4.)** AA of the Air budget of \$250.00 may be utilized to carry the message, they just need to get Reggie the receipts for reimbursement. **5.)** Tamara reminds everyone to consider having their group tables set up and manned at the Founder's Day Event.

Adjournment: Closed at 2:33pm with the Declaration of Unity and the Responsibility Declaration. The next TAIL meeting will be on May 5th at 1:30pm at Central Office.

In your service,

Mark K.

MAY BIRTHDAYS

by: Dr. Charlie Shedd
 January 1955
 Vol. 21 No. 5

comes there will be no "I told you so," or "It's about time." There will be only rejoicing because you have come. No matter where you have been or what you have done, from out of "riotous living" or from feeding with the swine, your Heavenly Father loves you and wants you home.

In my opinion, this concept of a forgiving God is needed for a thorough Fifth Step.

One must want to take it. Just as deciding one is powerless over alcohol is necessary in taking the First Step, one must be *personally ready* for Step, Five. Do not take it because someone urges you. *You* must want it with a passion. That kind of desire is the only thing which will enable you to endure the anguish which goes with it. Only when you want it bad enough will you know the heaven which follows this particular hell.

Before going further, I want to explain that as a nonalcoholic I have taken this Step myself and I recommend it heartily for those who are not in AA. I have experienced the soul-struggle which it requires. I know the

Hopi Group

Robin C 8 years
 Vicki H 29 years

Freedom Group

Oops April.
 Darrin F 4 years
 Ken P 31 years

May

Bruce F 30 years

A Safe Place for Women

Susan K 5 years

801 Group

Hannah S 2 years
 Courtney B 5 years
 Jacquie L 12 years

Mountain Avenue Big

Book
 Chris M 3 years
 Diane C 12 years
 Bob S 23 years
 Elaine R 27 years
 Del W 30 years
 Eric R 38 years

Happy Destiny

Jeff S 4 years
 Courtney B 5 years
 Tim H 9 years

The Right Place

Beth F 2 years
 Ana O 24 years

humiliation which accompanies it. I also know the deep peace which follows in its wake.

Take the Forth Step. "We made a searching and fearless moral inventory of ourselves." This Step is a basic preliminary, and may be even rougher than Step Five.

When you have completed your inventory, make a date with the person you have chosen and have it over as soon as possible. It's a good idea to call this person well ahead of time and ask him to save you plenty of time in his schedule.

Select a listener you can trust. Maybe it's your doctor, your priest, your minister. Possibly it's a prominent businessman or someone nobody notices. It may be a person in a distant city whom you will never see again. Maybe it's just a good friend.

But whoever it is, believe in him completely. Have confidence that he can help you put the pieces together. You should also believe that he has enough of the love of God in his heart to share some of it with you. It also helps if your counselor has been over this part of the rocky pass ahead of you, although there are exceptions to this generalization.

Good climbing! It's a tough mountain but the view is worth it from the top.

CHANGES TO THE 'PLANETARY PURPLE' MEETING SCHEDULE



New Meeting

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Tucson into Action Meeting
Salvation Army 1001 N Richey
Blvd
(O) NS (WH) book Study
Tuesday 7:00 pm

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Around the Block
East entrance Library Ansei
Israel
5550 E 5th Street
(O) NS (WH) BB/Discussion
Thursday 6:30

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Hope Group
New Life Bible Fellowship
4900 W Cortaro Farms Rd
(O) NS (WH) 12 & 12/ Disc
Thursday 7:00 pm

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Mercy instead of Justice
Mercy House
2215 E Pinon Dr
(O) NS (WH) Disc/Spkr/BB
Friday 7:00 pm

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Catalina
From the Promises Group
Mt View Church Kitchen
3270 E Armstrong Ln
(C) NS (WH) Discussion
Thursday 10:00 AM

Meeting Changes

New Address

Monday 6:00 pm &
Friday 6:00 pm
Ironwood Hills &
Saturday 12 noon

Westside Primary Purpose
Meeting have all moved to
Church of the Painted Hills
3295 W Speedway Blvd

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Friday Fellowship Meeting is now:
Friday Newcomer Fellowship
Meeting
Delete: Step 11
Friday 6:00 pm

Delete

Page 13
Pink Triangle Group
Monday 12:00 pm

**Call Tamara @
271-2401
to contribute
food!**

**St. Francis
Cabrini
Church, 3201
E. Presidio
Rd.**

FOUNDER'S DAY

June 8th 8 am - 4 pm

Groups Represented at the April 2013 Intergroup Meeting

Honest, Open & Free
AA of the Air
Between the Tracks
Courage to Change
801 Group
Experience Strength & Hope
Footloose Group

Foothills Group
Free to be Me
Golf Links
Green Valley
Happy Destiny
Honest Open and Free
Late Nighters
Mountain Avenue Big Book
Our Daily Bread
Pre-weekenders
Rincon

Smoke Free Nooners
Solutions
Spirit of Rotation
Stone Sober
Sunday Morning Eastside
Sunday Night Young Peoples
T G I F!
Weeknight Newcomers

Group Contributions Thru March 2013

12 at 12.....	300.00	Sahuarita Brand New.....	80.00
A Mountain.....	50.00	Serenity.....	25.00
A Safe Place for Women.....	51.89	Smoke Free Nooner's.....	Contr.
AA Literature Study.....	25.00	Sober Sister.....	100.00
ABC Group.....	300.00	Solutions Group.....	495.21
Anonymous Group.....	316.00	Southside.....	430.50
Business & Professional Men....	700.00	Step Sisters.....	160.00
BYOB.....	5.00	Stone Sober.....	50.00
Campus Nooners.....	100.00	Tanque Verde Loop.....	112.65
Casas Adobes.....	100.00	TGIF.....	260.00
Catalina Wed Night Mtg.....	104.50	Three Points.....	100.00
Clean Air Group.....	170.00	Thurs 11th Step.....	150.00
Desert Drifters.....	120.00	Thurs Night AA.....	213.00
Dove Mountain Group.....	407.00	Tubac Group.....	15.00
Eastside Sat AM'ers.....	130.00	Tucson Group.....	100.00
El Sabado.....	240.00	Tuesday Picture Rocks.....	25.00
Foothills Newcomers.....	500.00	Twelve Stepping Sisters.....	120.00
Forum Group.....	54.25	Under the Mesquite.....	17.00
Free To Be Me.....	50.00	Weeknight Newcomers.....	720.00
Freedom Group.....	100.00	Women by the Book.....	500.00
Golf Links Group.....	350.50	Women From the Heart.....	50.00
Good Life.....	100.00	Women of Hope.....	100.00
GV Fantastic Breakfast.....	60.00	Women of Serenity.....	100.00
GV Lamplighters.....	164.00	Women Who Weren't	
GV Men Seeking Serenity.....	210.00	Born Yesterday.....	400.00
GV Women in Sobriety.....	15.00		
Happy Destiny.....	74.00		
Happy, Joyous & Free.....	50.00		
Honest, Open & Free.....	300.00		
Hopi Group.....	130.00		
Ironwood Hills.....	45.40		
Lodestar of Hope.....	400.00		
Men Seeking Guidance.....	288.91		
Mid Week Serenity.....	250.00		
Mon Night Big Book.....	171.00		
Morning Shades.....	180.00		
Mountain Ave.....	175.00		
New Beginnings.....	280.00		
Northside Group.....	125.00		
Odds & Ends.....	62.50		
Oro Valley Men's Stag.....	608.95		
Oro Valley Step Sisters.....	93.76		
Our Daily Bread.....	299.04		
Overton Sun AM.....	282.75		
Pantano Group.....	92.00		
Paths to Sobriety.....	150.00		
Pre-Weekenders.....	33.00		
Retired Professional's.....	40.00		
Rincon Group.....	300.00		

THIRD LEGACY

Tucson Area Intergroup, Inc.

Meets 2nd Sunday Monthly
1:30 p.m. at Central Office

CPC & PI Committee

Meets 4th Wednesday Monthly
5:30 p.m. at Central Office

Treatment Committee

Meets 2nd Thursday (even months)
6 p.m. at Central Office

Corrections Committee

Meets 3rd Saturday (odd months)
at 9:30 a.m. at Central Office

Grapevine Committee

Meets last Tuesday (odd months)
6 p.m. at Central Office

DCMC

Cyd B. 909-3862

Alternate DCMC: Fred H. 370-2124

TAII Liaison: John A. 271-8183

District 11-000 Pima County

Meets 3rd Thursday
7 p.m. at Central Office. All GSRs and
DCMs have a voice and vote at this
meeting.

Northwest District 11-110

Meets 2nd Wednesday at 6:45 p.m.
NW Alano Club 3120 W. Curtis Rd.
DCM: Lana W. 270-0702

Central District 11-111

Meets 2nd Wednesday at 6:45 p.m.
610 E. Delano #103 Stone Sober
DCM: Tim H. 232-4374

Eastern District 11-114

Meets 3rd Wednesday at 6 p.m.
Eastside City Hall, 7575 E. Speedway
DCM: Alex A. 548-1326

Southwest District 11-115

Meets 1st Wednesday 6 p.m.
At Central Office
DCM: Aaron M. 358-5072

Green Valley District

Meets 2nd Thursday at 6:30 p.m.
St. Francis Episcopal Church Library
600 S. La Canada, Green Valley
DCM: Mike F. 407-5581

Spanish Linguistic District 16-016

Meets 1st Saturday at 7:30 p.m.
Spanish Intergroup Office
2549 S. 6th Ave.
DCM: Rene