

# JUST FOR TODAY

RECOVERY ♦ UNITY ♦ SERVICE

www.aatucson.org

TUCSON AREA INTERGROUP INC.

March 2019

## OUR THREE LEGACIES MARCH

3

### STEP THREE

#### *Recovery*

*Made a decision to turn our will and our lives over to the care of God as we understood Him.*

### TRADITION THREE

#### *Unity*

*The only requirement for A.A. membership is a desire to stop drinking.*

### CONCEPT THREE

#### *Service*

*To insure effective leadership, we should endow each element of A.A.— the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional “Right of Decision.”*

## STEP 3: Taking That Leap

Two years had passed since I did step two in the night sky at Ft. Defiance. The absence of the hopelessness, fear and shame of my drinking was relieved and major problems of life were beginning to be resolved. Program promises appeared reachable in time. Steps, well teaching about steps etc., was my profession and I felt that there was plenty of time to do “the steps” later and it didn’t seem necessary to do any right away.

“Deciding to turn over my life to the care of a higher power” was out of sight and out of mind for me. I was not considering doing such because it would mean passing through a black cloud of fog of distrust and dependence on a spiritual entity.

I faced a spiritual Gordian knot that was an impasse to acknowledge the assistance nor control of any spiritual entity.

That knot was formed by a combination of the loss of faith in Christian principles caused by their leaders’ hypocritical nonsupport of civil rights, by the cynic rejection and belief in “an uncaring and unjust system,” by intellectual and professional arrogance, and by my identification as a member of a small group of committed action driven people believing they were the only ones holding true values and commitments.

I was oblivious to the requirement to work all those “steps” to attain those promises being shared at meetings. They remained inaccessible to my defective and dysfunctional personality.

I whined to sponsor Rick a lot about “why me’s?” All he would say was “you can hurt as long as you want to.” Rick seemed to sail through the direst of circumstances with ease and without fear or anger. I wanted what Rick had. He said those promises only matured as a result of working all the steps, “You have to do step three.”

I had to decide to move over into the ‘sunshine of the spirit,’ to start the journey of turning me life over to a mysterious energy force in the universe. I had to overcome residence of false logic and prejudice. Like Indiana Jones in the movie Raiders of the Lost Arc I had to jump out and into the unknown abyss with the faith that I would not fall, I had to jump in the pool and swim.

The fates interceded to push me off the shore. Of a summer my life became so stressed that I literally turned beet red. The Bureau of Indian Affairs was closing in to destroy my program, my parents had rejected me, I had severed a passionate love affair. I totally caved in. I rushed to my current sponsor Ed in Cottonwood. In three days he put me back together. He insisted that I kneel each morning and ask my Higher Power, “God grant me the trust.” Ed’s wife Betty gifted me with Trappist Monk Thomas Merton’s prayer that briefly went like this, “Dear God I don’t know where I am going but I do know as long as I intend to do your will, though I walk through the valley of death, you will never leave me to face my troubles all alone,” (Thomas Merton, Thoughts in Solitude in SEVEN STORY MOUNTAIN).\*

While faith had to come from a decision deep inside me it was not totally irra-

*Continued on page 7*

**Join Us For Great Service Opportunities!**

**Bridge the Gap**

Contact:  
Brad F. 247 4736 or Donna T. 490-8222

**Cooperation with the Professional Community**

Contact: Janet H. (847) 275-9614

**Public Information**

Contact: Fred C. 909-1067

**Treatment:**

Contact: Mike F.  
760-851-8782

**Corrections**

Contact: Tom T. 909-8080

**Grapevine**

Contact: B.J. 329-8036

**Events**

Contact: John A. (520) 271-8183

**TACYPAA**

1st and 3rd Sundays  
2:00 pm @ Central Office

**JFT Stuffing**

Contact: Jessica H.  
(928) 254-8099  
Last Saturday of the Month @ 9:00 am

**Just For Today Editor**

Contact: Maureen A.  
info@aatucson.org

**Central Office**

840 S. Campbell Ave.  
Tucson, AZ 85719  
(520) 882-7422  
info@aatucson.org

Just for Today is a monthly publication of Tucson Area Intergroup Inc., (TAII). A one year subscription costs \$12.00. The opinions expressed here are not necessarily those of TAIL or AA as a whole. We welcome your stories, news and comments. The deadline for submission is the 15th of each month. Material may be edited for space and content and cannot be returned.

# Central Office News

The next Intergroup meeting will be on Sunday, March 10, 2019 @ 1:30 PM at Central Office.

We always are in need of people for the Home Answering Service. If you have a year or more of sobriety and want to be involved in this valuable service work please call Jim or Lynne at 882-7422 and set up a training time. It takes about 30 minutes.

We are in need of some 12 Step volunteers. If you have a year or more of continuous sobriety, a telephone and a willingness to help the alcoholic who still suffers, then call 882-7422. Just think, the life you save may be your own.

**Central Office Calls & Web Hits January 2019**



Info: 289  
12 Step: 15  
Web Visits: 7625  
New Visits: 2952  
Returning Visits: 4673



**Treasurer's Report January 2019**

<b>Total Available Funds.....</b>	<b>\$ 29,520.48</b>
Income.....	\$ 18,195.28
Cost of Goods Sold.....	\$ 3,350.46
Gross Profit.....	\$ 14,844.82
Total Expenses.....	\$ 7,810.64
<b>Net Income/Loss.....</b>	<b>\$ 7,034.18</b>

Current available funds for operating total **29,520.48** which is equal to **3.3** months operating expenses. We also have established a savings account holding our prudent reserve of **\$15,409.02** (15% of annual budget).

**P.Y.M.W.Y.M.I. JANUARY 2019**

Elizabeth T., Fernando R., Ronda C., Michael J.,  
John K., David M., Anonymous x3,  
Valerie C., Cori C., Joan L., Reggie T.,  
Judith V., Eugene V., Lynne L., Adam S., Steve W.

**Miscellaneous Income for January 2019**

Received from meetings @ Central Office .....	\$ 1,182.94
PC (Personal Contributions) .....	\$ 1,113.36
JFT (Just For Today) .....	\$ 0.00
Special Events .....	\$ 4543.40
<b>TOTAL</b>	<b>\$ 6,839.70</b>

# Tucson Area Intergroup, Inc. (TAII) Committee Meeting Minutes — February 10, 2019

**Meeting was called to order with the Serenity prayer at 1:30pm.**

**New Intergroup Representatives-** Ray C. - Get a Life Group, Sandy C. - Sober Sisters Green Valley AA, Mike S. – Free at Last, Michelle K. – Weeknight Newcomers Group

**Secretary's Report – Shantaye M.** Inge last initial is H not B. Serena makes a motion to accept the Secretary's Report. George seconds. Motion passes unanimously.

**Treasurer's Report – Walt W.** Money returned from Alcohons and a \$1000.00 personal contribution reflected in the income. Total Operating Funds is at 29,520.48 which is equal to 3.3 months of operating expenses. Long term financial trends were discussed based on visuals provided.

**Central Office – Jim W.** Payroll and Federal taxes have been paid. 4 HAS positions available. Front desk position available. January bank account has been reconciled and balanced.

**Corrections – Tom T.** Meeting took place last month with a very good turn-out reporting from all facilities. Correction encourages new Corrections representatives. Only meets quarterly. New volunteers are always needed, one-two year sobriety requirement is observed. There will be a Fifth Step Workshop on March 5<sup>th</sup> at the State Prison starting at 5:30pm. Corrections is looking for AA members at large for 1 time clearance, if interested please call Ted at 907-7531. Next meeting will be April 20<sup>th</sup>.

**Bridge the Gap – Brad F.** Workshop occurred with good attendance. We will see how successful when we see referrals returned. Another workshop will be planned for the Fall. Still no participation from Homegroups at monthly BTG meeting. Homegroup representatives are encouraged to attend. Received a correspondence from Perryville from a woman excited to start life in AA! Next meeting is March 3<sup>rd</sup>.

**Treatment – Mike** January 19 Workshop was a success! Special thanks to Stoned Sober for a great turn-out. New study meeting at the Haven has been launched this month. AMI still needs a group for the last Tues. of every month 6:30-7:30 pm. Sapphire Behavioral would like meetings on both Saturday at 2:10pm and Monday at 6pm. Sonora Behavioral Health would also like a meeting brought in. If interested please contact Mike. Meeting list will need to be updated. If your meeting is hosting a treatment center meeting please let Mike know via e-mail FortinMike2@gmail.com .

**Public Information (PI) / Cooperation with Professional Community (CPC) – Fred C.**

Tucson Estates Health Fair attendance was a success. We have been invited to R.I.S.E event scheduled for March 23<sup>rd</sup> from 10am to 4pm at the PCC. Also invited to "Tucson Palooza 2019" at University of Arizona on May 4<sup>th</sup>.

**Grapevine – BJ B.** 9 people attended the Monthly meeting. Reviewed and set-up first workshop of 2019 which will take place April 13<sup>th</sup> 11am-3pm Workshop at Central Office. Grapevine will be submitting written and oral articles to the Grapevine. Volunteers are needed for registration and greeters. Bob P. attended the meeting and provided a helpful presentation for the 75<sup>th</sup> Anniversary Celebration. Tentative date would be June 22. New Grapevine representatives are encouraged. Next meeting is March 3<sup>rd</sup> at 2pm at Central Office.

**Events Coordinator – John A.** Founders Day June 15<sup>th</sup> at St. Francis Cabrini Church. A host group is needed for Founders Day. All information will be provided to you.

**Historian – Alan S.** Photos of meeting places are still needed for "Mark on the Gate" History of AA in Tucson Book. Please send meeting place submissions, without pictures of people, to Alan. [asorko@cox.net](mailto:asorko@cox.net)

**Monthly City-Wide Speaker Meeting – Rob C.** No report.

**Spanish Speaking Liaison – Inga H.** Meets every last Friday of the month 7:30pm at 2241 N. Oracle Rd, #4. Each group contributed with a general average of \$40.00. A visit to the Correctional on 29<sup>th</sup> St is in progress and in application process.

**Area Liaison/Vice Chair – JoDe J.** No Report.

**Al-Anon Liaison – Matt C.** No Report.

**Old Business - Open Intergroup Positions;** CPC: Sally stated that she will not be standing and will respectfully decline nomination. Janet Friday Morning Fun Group expresses interest and is voted in unanimously on the intergroup floor.

**New Business – Budget;** Walt W. discusses changes to the budget based on previous two years spending and changes to committee budgets as per January motion. Was discussed in Subcommittee and approved. James G. motions to approve budget. Serena seconds. Motion passes unanimously. **Liability Insurance;** Noreen L. attended the meeting to provide more information regarding Liability Insurance. With our current Insurance we do not have extended liability insurance for off premise events. New insurance quote will provide liability insurance for meetings and groups, as well as, events. Childcare will not be covered under the new insurance.

**Intergroup Representative Announcements-** Jackie made an announcement about the new Green Valley Alano Club. See website for meeting details. Shantaye M. due to construction 801 Group will continue to meet at Southside Presbyterian but with access at the West entrance. Janet Pima Alano Club Wed. Morning Book study at 9:30 am would like support please attend. James G Tuesday Morning Church of Painted Hills 10am Women's Group Big Book study please attend.

**Meeting adjourned at 2:30pm with the Declaration of Unity and I am Responsible.**

# MARCH BIRTHDAYS!

## Morning Shades

Edward J. 2 years  
 Joe M. 5 years  
 Chris K. 5 years  
 Millie L. 6 years  
 Diana J. 24 years  
 Nan T. 30 years  
 Sam A. 33 years  
 Wade O. 36 years  
 Pat T. 36 years

## Ironwood Hills

Jim G. 6 years  
 Richard G. 12 years  
 Neal O. 37 years  
 Hans L. 9 years  
 Jack J. 42 years

## Hopi

Sharon B. 24 years  
 Tom D. 24 years  
 Rod R. 22 years

## TGIF

Ken J. 23 years  
 Rose R. 22 years

## Freedom Group

Ashley H. 1 year  
 Michael N. 6 years  
 Bill B. 33 years

## Thursday Sharing Group

Bonnie L. 37 years  
 Philip B. 22 years  
 Irene B. 10 Years  
 Bob 2 7 years

## Courage to Change

Melissa S. 1 year  
 Mary K. 31 year



## GROUPS REPRESENTED AT THE FEB. 2019 INTERGROUP MTG.

- ABC Group
- Afternoon Delight
- Campus Newcomers
- Courage to Change
- Each Day New Beginning
- Eastside Nooners
- 801
- Free at Last
- Freedom Group
- Friday Morning Fun Group
- Get A Life
- Honest Open and Free
- Ironwood Hills
- Morning Shades
- Odds and Ends Group
- Our Daily Bread
- Overton Sunday Morning
- Power Greater than Alcohol
- Pre-weekenders
- Rincon
- Smoke Free Nooners
- Sober Living
- Sober Sisters
- Solutions Group
- Southside
- Sunday Morning AA
- Sunday Night Young People's
- T G I F!
- Thursday Sharing Group
- Tucson into Action Group
- Twelve at Twelve
- Twelve Stepping Sisters
- Upon Awakening
- Weeknight Newcomers

## MEETING SPOTLIGHT

*Honest, Open, and Free*

*Eastside Meeting Place*

*6061 E. Broadway Blvd., Suite 128*

*(O) NS (WH) Discussion (11)*

*Seven Days a Week @ 5:30 p.m.*



# Group Contributions thru January 2019\*



11th Step Meditation	46.00	GV Serenity Seekers	252.00	Smoke Free Nooners	852.00
Airport Area Nooners	355.00	Hopi Group	100.00	Sober Living	167.89
Ajo Group	48.00	Joe & Charlie BB Study	20.00	Sober Roadrunners	55.00
Anonymous Group	100.00	Little House	20.00	Solutions Group	300.00
Back Door Friends	100.00	New Beginnings	85.25	Step Sisters	420.00
Campus Nooners	50.00	Odds & Ends	125.00	Sunday Morning AA	90.00
Catalina Wed. Night	49.00	Oro Valley Sat. Serenity	550.00	Tanque Verde Loop Group	68.00
Courage to Change	97.50	Oro Valley Big Book	145.00	TGIF	157.50
Freedom Group	100.00	OV Happy, Joyous & Free	100.00	Thursday Sharing Group	25.00
Golf Links Group	307.00	Oro Valley Men's Stag	500.00	Vistoso Retreads	19.00
Good Life	111.00	Oro Valley Step Sisters	25.00	West Ajo BB Study	200.00
GV Fantastic Breakfast	208.62	Smile Group	160.00	<b>TOTAL</b>	<b>\$6,008.76</b>

\*When you send in your Group Contributions, list the meeting name as it is in the Meeting Schedule so your Group can get credited.

## STEP 3 WORD SEARCH

W I L L I N G N E S S  
T S K R O W T G I N O  
P U N D E R S T O O D  
D I R L N F O I G O T  
D H P N L A S L T R I  
E E T H I I S R E N G  
E H P O C T W W L N O  
E C A E P H O Y O W L  
I A D R N P Y V H T G  
D A B O N D A G E T W  
A O I O M O D E E R F

## CAN YOU FIND THESE STEP 3 WORDS?

DECISION  
WILLINGNESS  
FAITH  
DEPEND  
TURN IT OVER  
THY WILL  
LET GO  
BONDAGE  
FREEDOM  
POWER  
UNDERSTOOD  
PEACE  
WORKS

# UPDATES TO THE NEW "TERRESTRIAL TEAL" MEETING SCHEDULE

## New Meetings

### **Page 18**

Peaceful Journey  
1st, 2nd, & 3rd Tuesday  
@ 5:00 P.M.  
AMI Behavior Health  
6700 N. Oracle Rd., #411  
Tucson, AZ 85704  
Discussion (O) NS (WH)

### **Page 53**

Big Book Discussion Mtg.  
Sunday @ 2:00 P.M.  
Oracle County Court Bldg.  
1470 N. Justice Dr.  
Oracle, AZ 85623  
Discussion (O) NS (WH)

### **Page 35**

In All Our Affairs  
Friday @ 11:00 A.M.  
Sunrise Chapel (in back)  
8421 E Wrightstown Rd  
12 & 12 Step Study  
(O) NS (WH)

### **Page 56**

Oracle  
Big Book Meeting  
Sunday @ 2:00 P.M.  
Oracle County Court Bldg.  
14701 N Justice Dr.  
Discussion  
(O) NS (WH)

### **Page 56**

Oro Valley, AZ  
Sun. Women's Meditation  
Sunday @ 9:30 A.M.  
Rancho Vistoso Urgent Care  
13101 N. Oracle Rd.  
Oro Valley AZ. 85739  
Discussion (O) NS (WH)

## Changed Meetings

Little House Mtgs. now meet  
@ 2109 S. 6<sup>th</sup> Ave.

### **Page 21**

Footloose  
Tuesday @ 9:30 P.M.  
Campus Health Bldg. 1  
3rd Floor Lounge  
Parking at 6th & Park  
1224 E. Lowell St.  
Tucson, AZ 85721  
Literature, Speaker on last  
Tuesday (O)NS(WH)

### **Page 34**

Our Daily Bread  
Thursday @ 7:15 P.M.  
Now Meets at  
Eastside Meeting Place  
6061 E. Broadway

### **Page 37**

T.G.I.F.  
Friday @ 5:45 P.M.  
St. Marks Presbyterian  
3809 E. 3rd Street  
(not 2nd Street)

### **Page 42**

Women's Solutions  
Saturday @ 9:00 A.M.  
Jewish Community Center  
3800 E River Rd.  
Babysitting Provided

### **Page 49**

AK-CHIN  
Now Meets @ 8:00 P.M.  
SMI Building,  
Santa Rosa Village  
85634 Discussion (O)

### **Page 56**

Oro Valley, AZ  
Lodestar of Hope  
Sunday @ 6:00 P.M.  
United Church of Christ  
1401 El Conquistador Way  
Oro Valley, AZ 85704  
Meditation (O) NS (WH)

### **Page 57**

Oro Valley, AZ  
Lodestar of Hope  
Wednesday @ 7:00 P.M.  
United Church of Christ  
1401 El. Conquistador Way  
Oro Valley, AZ 85704  
Disc./Beginner  
(O) NS (WH)

### **Page 58**

Saddlebrook  
Final Frontier Group  
Friday @ 7:00 P.M.  
Community Center  
(Crafts Room)  
64500 E Saddlebrook Blvd  
Tucson, AZ 85739  
Discussion (C) NS (WH)  
Last Friday (O)

## Deleted Meetings

### **Page 10**

Free Spirit Group  
Sunday @ 7:00 P.M.  
Health Center  
7490 S. Camino Oeste

### **Page 11**

Early Bird Meditation  
Mon.-Fri. @ 6:30 A.M.  
732 N. Stone

### **Page 31**

Sober Today  
Thursday @ 6:00 P.M.  
St. James United Methodist

### **Page 32**

Thursday Night AA Group  
Thursday @ 7:00 P.M.  
Mt. View Retirement Village

### **Page 54**

Big Book Action Group  
Thursday @ 1:30P.M.  
Church of Risen Savior

*To add announcements or meeting schedule changes to the  
Just for Today, contact Central Office at [info@aatucson.org](mailto:info@aatucson.org)  
or call (520) 882-7422*

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tional or unusual. After all, over 2 million sober alcoholics could not be wrong. I had heard a plethora of miracles for over two years. I could no longer explain the miracles I was hearing as phony or the result of delusion, self-hypnotism or mass hysteria.

Even Einstein had told a 6<sup>th</sup> grader *"spirit is manifest in the laws of the universe—a spirit vastly superior to that of man, and one in the face of which we with our modest powers must feel humble."* \*

*"As soon as we admitted the possible existence of a Creative Intelligence, a Spirit of the Universe underlying the totality of things, we began to be possessed of a new sense of power and direction, provided we took other simple steps.... To us, the Realm of Spirit is broad, roomy, all inclusive; never exclusive or forbidding to those who earnestly seek,"* (Alcoholics Anonymous, Pg. 46)

I have chosen to follow and live in that positive energy field and must keep a focus on living up to certain moral principles. I cannot stop swimming as I swim within the streaming steps daily. I must stay in the *"sunshine of the spirit."*

I find my self saying the third step prayer throughout the day— *"God, I offer myself to Thee - To build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of life. May I do Thy will always!"* (Alcoholics Anonymous, Pg. 63)

Jerry K., Green Valley, AZ

\*Not AA approved literature, but an expression of my program.

## Spanish AA Corner

### Spanish Intergroup

2241 N. Oracle Road Suite #4

Tucson, AZ 85705

(520) 622-5112

**Coordinator:** Daniel (520) 249-6462

**Treasurer:** Rafael

**Literature:** Fernando (520) 342-9875

Intergroup Meets Last Friday  
of the month at 7:30pm  
@ Spanish Intergroup Office

## THIRD LEGACY

### **Tucson Area Intergroup, Inc.**

Meets 2nd Sunday Monthly

1:30 p.m. at Central Office

### **CPC & PI Committee**

Meets 4th Wednesday Monthly

5:30 p.m. at Central Office

### **Treatment Committee**

Meets 2nd Tuesday Monthly

5:30p.m. at Central Office

### **Corrections Committee**

Meets Quarterly, 3rd Saturday,

January, April, July, October @

10:30 a.m. at Central Office

New volunteer orientation @9:30

### **Grapevine Committee**

Meets 1st Sunday Monthly

2:00 p.m. at Central Office

### **JFT Stuffing & Mailing**

Last Sat. Monthly 9:00 a.m.

Jessica H. (928) 254-8099

### **Bridge the Gap Committee**

Meets 1st Sun. Monthly 3:00 p.m.

840 S. Campbell Ave.

### **DCMC**

John N. (520) 398-3259

Alternate: Sarah VP. (520) 200-2456

TAII Liaison: Jode J.(520) 437-2685

### **District 11-000 Pima County**

Meets 3rd Thursday Monthly

7:00 p.m. at Central Office.

6:30 p.m.- new GSA Orientation

All GSRs and DCMs have a voice

and vote at this meeting.

### **Northwest Sub-District 11-110 &**

### **Southwest Sub-District 11-115**

Meets 2nd Wed. @ 6:00 p.m.

NW Alano Club

3120 W. Curtis Rd.

DCM: Jo S. (520) 869-8678

### **Central Sub-District 11-111**

Meets 2nd Wed. @ 6:45 p.m.

610 E. Delano #103 Stone Sober

DCM: Shelli H. (520) 429-4178

### **Eastern Sub-District 11-114**

Meets 3rd Wed. @ 6 p.m.

Eastside City Hall

7575 E. Speedway

DCM: Sarah VP. (520) 200-2456

### **Sub-District 11-119**

Meets every 2nd Thurs, 6:00 p.m.

St. Francis Episcopal Church

600 S. La Canada, Green Valley

DCM: Joanne C. (520) 625-3895

### **Spanish Sub-District 11-122**

Meets last Friday @ 7:30 p.m.

Grupo Libertad Meeting Place

5248 S. 12th Ave. 85706

DCM: Ingeborg H. (520) 622-5112

Tucson Area Intergroup, Inc.  
840 S. Campbell Avenue  
Tucson, AZ 85719

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