

JUST FOR TODAY

RECOVERY ♦ UNITY ♦ SERVICE

www.aatucson.org

TUCSON AREA INTERGROUP INC.

July 2019

OUR THREE LEGACIES JULY

7

STEP SEVEN

Humility

Humbly asked Him to remove our shortcomings.

TRADITION SEVEN

Responsibility

Every A.A. group ought to be fully self-supporting, declining outside contributions.

CONCEPT SEVEN

Balance

The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of A.A.

STEP 7: Soul-Wrenching Appeal

The gap between my step six 'willing' and my step seven 'humbly asking' was immense. The act was a soul-wrenching thing and still is. And I obsessed as to whether or not I could really muster enough courage to give up all those ideas, feelings, and dealings with life challenges that had always worked so well??

I recognized the mystery of life and that an HP, positive universal energy source, is responsible for my absolute welfare. I accepted that HP wants everything good for me, which is the fulfillment of the promises, experienced by my fellow alcoholics as detailed in the first 164 pages of the Big Book.

The time came when I had enough humility to realize that HP had the entire power to influence my life. I then accepted that I must turn over all my shortcomings in favor of the receipt of all those promises that my HP had for me. Some can identify nearly 150 promises in the Big Book.

I now believe that humility has nothing to do with humiliation. The latter is the experience of an unbearable feeling of shame at the exposure of something very bad. Humility is simply the acceptance of the totality of my being as the creation of a HP, a positive and mysterious energy out in the universe.

The abandonment of the shortcomings came about only by unbelievably painful defeats and humiliations.

AA has enabled me to rescue the real me, the person who HP wants me to be, and the courage to live as that individual. This perspective gives me a willingness to let go of those shortcomings, which block the fulfillment of the promises. My deep soul decision was to will the removal of all my character defects.

I found that it was impossible for me to focus on the removal of all defects in one psychic act. Just pleading for complete removal of defects was only the beginning and I could never close the book and turn off the energy to focus on individual defects. And time exposed even more defects. Once identified I had to reach deep down in mind and soul to completely let go of some exact trait of character.

I have been amazed at the effectiveness of an in-depth performance of step seven. In my sixth year absent of alcohol and any mood changing agents, I realized that my smoking was a serious health dysfunction. I was using over two packs of cigarettes a day at times when working into the wee hours of the night. From the deepest part of my being I asked HP to remove the obsession to smoke. For over forty-one years I have never desired a cigarette. My professional education enabled me to reject most of the reasons for my miracle of abstinence as not the result of some magic like self-hypnotism, but truly a psychic change given by a Higher Power.

The seventh step has not been a one-time event in my recovery but more like a continuous dynamic. Several parts of that dynamic are (1) my willingness to let go of a defect that engulfs my consciousness; (2) the emergence of memories, visions or events that had been buried for a long time; and (3) newly discovered past and present damage done to others by my character defects.

Continued on page 7

Join Us For Great Service Opportunities!

Bridge the Gap

Contact:
Brad F. 247-4736 or Donna T. 490-8222

Cooperation with the Professional Community

Contact: Janet H. (847) 275-9614

Public Information

Contact: Fred C. 909-1067

Treatment

Contact: Mike F. (760) 851-8782

Corrections

Contact: Tom T. 909-8080

Grapevine

Contact: B.J. 329-8036

Events

Contact: John A. (520) 271-8183

TACYPAA

1st and 3rd Sundays
2:00 pm at Central Office

JFT Stuffing

Contact: Jessica H. (928) 254-8099
Last Saturday of the month at 9:00 am

Just for Today Editor

Contact: Maureen H.
info@aatucson.org

Central Office

840 S. Campbell Ave.
Tucson, AZ 85719
(520) 882-7422
info@aatucson.org

Just for Today is a monthly publication of Tucson Area Intergroup Inc., (TAIL).

A one year subscription costs \$12.00.

The opinions expressed here are not necessarily those of TAIL or AA as a whole. We welcome your stories, news and comments. The deadline for submission is the 15th of each month. Material may be edited for space and content and cannot be returned.

Central Office News

The next Intergroup meeting will be on Sunday, July 14, 2019, 1:30 pm, at Central Office.

We always are in need of people for the Home Answering Service. If you have a year or more of sobriety and want to be involved in this valuable service work please call Jim or Lynne at 882-7422 and set up a training time. It takes about 30 minutes.

We are in need of some 12 Step volunteers. If you have a year or more of continuous sobriety, a telephone and a willingness to help the alcoholic who still suffers, then call 882-7422. Just think, the life you save may be your own.

Central Office Calls & Web Hits May 2019



Info: 287
12 Step: 23
Web Visits: 10,592
New Visits: 3,448
Returning Visits: 7,144



Treasurer's Report April 30, 2019

Total Operating Funds	\$ 26,764.75
Income.....	\$ 13,324.14
Cost of Goods Sold.....	\$ 3,041.66
Gross Profit.....	\$ 10,282.18
Total Expenses.....	\$ 6,123.23
Net Income/Loss	\$ 4,159.95

Current available funds for operating total \$26,764.75 which is equal to 3.1 months operating expenses. We also have established a savings account holding our prudent reserve of \$15,743.59 (15% of annual budget).

P.Y.M.W.Y.M.I MAY 2019

Elizabeth T, Ronda C, Michael J, John K,
David M, Anonymous X4, Valerie C, Jim W,
Lynne L, Cory C, Mick C, Frank S, Mark D, BJ & Bill B,
Bonita L, Fernando R, Leah F, Cheyanne & Mike B.

Miscellaneous Income for April 2019

Received from meetings at Central Office	\$ 849.00
Personal contributions	\$ 1,110.36
Just for Today	\$ 24.00
Special events	\$ 0.00
TOTAL	1,983.36

Meeting was called to order with the Serenity prayer at 1:31 pm.

New Intergroup Representatives- Jessica S. serving as alternate for TGIF!

Secretary's Report – Shantaye M. Corie makes a motion to approve minutes. Jim G. seconds. Motion passes unanimously.

Treasurer's Report – Lynne L. \$26,764.75 Total Operating Funds equal to 3.1 months operating expenses. \$15,743.59 (15% of annual budget) prudent reserve.

Administrative Sub-Committee Quarterly Report – Cheyanne April- Sub-committee discussed progress of City Wide Speaker Meeting. Call came to Central Office regarding the need for Homebound Meeting Assistance, brought this to Intergroup floor. May- Walt. W made proposal that Central Office give the inventory of Spanish Literature on hand to the Corrections committee and the Spanish Speaking Intergroup. The sub-committee was in favor of this idea and will discuss finer details in June.

Central Office – Jim W. Payroll taxes are paid. 3 Home Answering shifts are open: 3rd Monday 6am-9:30am, 5th Monday 5:30pm-10pm, 3rd Thursday 10pm-6am. New book “Our Great Responsibility” is available. New schedule books being printed and should be available this week. 12 step volunteer service opportunity for HAS available. Next intergroup meeting July 14th.

Corrections – Tom T. Not Present. No report.

Bridge the Gap – Brad F. / Donna T. Permission was given to distribute referral forms to clients at Casa de Vida. Will do a presentation to Foothills Newcomer Group. Fernando has joined BTG as a representative of the Spanish Speaking Community and is excited to carry the program to his community. No correspondence referrals this month, a release from Florence was connected to a volunteer via Google Phone. Next meeting July 7th 3pm @ Central Office.

Treatment – Mike F. Not present. No report.

Public Information (PI) / Cooperation with Professional Community (CPC) – Janet H. Continues to explore cooperation with 3 Pima County Health Department task forces. Letter writing campaign is complete and continue to look for ways to provide continuity in outreach. PI/CPC brochures will be made available at Founders Day. Need for clarifying the ways traditions affect non-AA groups. Discussion has been had to create a workshop for this purpose.

Grapevine – BJ B. Last meeting put finishing touches on the celebration of the 75th Anniversary . Multiple wonderful speakers will be present at the celebration discussing a variety of topics. Lots of door prizes, sobriety countdown, and of course... good food! Come join us June 22nd at St. Marks Presbyterian Church 3809 E. 3rd St. in their Knox Room. 11am-3pm. The committee will have an information table at Founders Day. If your group does not have a GVR consider electing one. Next meeting on July 7th 2pm @ Central Office.

Events Coordinator – Jim standing in for John A. Founders day will take place on the 15th at St. Francis Cabrini Catholic Church, hosted by TGIF!

Historian – Alan S. Topic outline for *Mark on the Gate* has been completed. Alan proposes to title the new updated publication *Marks on the Gate*. Outline was discussed at the Intergroup meeting. Alan welcomes comments, feedback and suggestions regarding the outline. His contact information is asorko@cox.net. Alan has also purchased archival storage materials to protect our first-edition, autographed Big Book.

Monthly City-Wide Speaker Meeting – Rob C. Help is needed! More volunteers from groups is necessary in order to make this vision concrete. City-Wide Speaker meeting is still looking for venues to hold the meeting. Please contact Rob C. to get involved: 520-991-2020.

Spanish Speaking Liaison – Inga H. 10 GR's attended last meeting. Spanish Intergroup visited 3 AA Groups for support. One of the groups was “Grupo Recuperacion” in Rio Rico. A new, colorful list of groups was published. Treasurer Report was shared. Fernando will participate in Bridge the Gap. The services of Coordinator, Treasurer, Literature and Secretary will come to an end in 6 months and volunteers will be needed to stand as alternates for these positions to learn the services ahead of time.

Continued on page 4

Area Liaison/Vice Chair – JoDe J. Not in attendance. No report.

Al-Anon Liaison – Dee R. 7/27 Al Anon Founders Day. Flyers and meeting lists are available at Central Office.

Old Business – Homebound Exploratory Committee- Sally H.
Volunteers have stepped up since last intergroup. Sally H. will stand as chair. Other committee positions will need to be elected. First meeting will take place after today’s Intergroup Meeting. Please contact Sally H. if you would like to get involved.

New Business – ASCYPAA Letter of Support- Serena C. Serena requested a letter of support from Intergroup to host 2020 Conference. Letter of support will be added to the Bid Packet to present to the ASCYPAA Committee. Cameron M. raises motion to support ASCYPAA

Intergroup Representative Announcements – No announcements.

Adjournment with Declaration of Unity and I am Responsible at 2:16pm.

GROUPS REPRESENTED AT THE JUNE 2019 INTERGROUP MEETING

- Alanon Liaison
- Between the Tracks
- Courage to Change
- Each Day a New Beginning
- 801
- Foothills Newcomer
- Free at Last
- Friday Morning Fun Group
- Get a Life
- GV Fantastic Breakfast
- Hear Ye
- Honest Open and Free
- Hopi Group
- Ironwood Hills
- Morning Shades
- Never Had a Legal Drink
- Odds and Ends Group
- Our Daily Bread
- Overton Sunday Morning
- Smoke Free Nooners
- Sober Living
- Solutions Group
- Southside
- Spanish Liaison
- T. G. I. F!
- Thursday Sharing Group
- The Retired Professionals
- Tucson into Action Group
- Twelve & Twelve Group
- Wednesday Night Twelve Step
- Study Group

JULY BIRTHDAYS!

801 Group

Lonnie B 1 year
 Andrew Scott K 2 years
 Ryan I 7 years
 Chase E 32 years

Morning Shades

Kathy L 2 years
 Brenda R 2 years
 Gretchen W 2 years
 Robb S 9 years
 Sue L 14 years

FREEDOM GROUP

Valerie F. 27 years

Pat S 15 years
 Handi 16 years
 Martha P 17 years

Courage to Change

Tom O 4 years
 Maureen A 21 years
 Karen W 29 years

Lawrence F 27 years
 Sarah J 28 years
 Jim M 44 years

happy birthday!



Group Contributions through May 2019



11th Step Meditation	117.00	GV Lamplighters	30.00	Sober Living	391.49
6pm Weeknight Newcomers	662.50	GV Men's Group	200.00	Sober Roadrunners	55.00
911 Group	200.00	GV Monday Noon Group	350.00	Sober Road Runners	94.00
AA for Alcoholics	500.00	GV Serenity Group	515.00	Sober Saturdays	50.00
ABC Group	327.00	GV Serenity Seekers	252.00	Solution on Sunday	150.00
Airport Area Nooners	655.00	GV Sober Sisters	70.00	Solutions Group	1,033.80
Ajo Group	108.00	Happy, Joyous, & Free	400.00	Something Less Stuffy	100.00
Anonymous Group	100.00	Here Ye Hear Ye	15.00	Southside	550.00
Aravaca Group	25.00	Honest, Open, & Free	200.00	Spiritual Kindergarten	125.00
As Bill Leads it	50.00	Hopi Group	495.00	Step Sisters	420.00
Back Door Friends	400.00	Houghton Street	114.00	Stone Sober	244.22
Big Book Scholars	200.00	Ironwood Hills	260.00	Sunday Morning AA Group	440.00
Business & Prof. Men	400.00	Joe & Charlie BB Study	20.00	Sunrise Sobriety	150.00
By the Book	200.00	Little House	60.00	Tanque Verde Loop Group	68.00
Campus Nooners	270.00	Message & Principles	100.00	TGIF	157.50
Casas Adobes	100.00	Monday Night Big Book	50.00	Thursday Sharing Group	25.00
Cat Mountain Group	75.00	Morning Shades	1,500.00	Tubac AA Group	360.00
Catalina Wednesday Night	129.00	New Beginnings	85.25	Tucson Men's	100.00
Clean Air Group	228.50	Northside Group	100.00	Twelve and Twelve	40.00
Copper Valley Group	200.00	Odds & Ends	356.74	Twelve at Twelve	350.00
Courage to Change Group	162.50	Oro Valley Sat. Serenity	550.00	Twelve Stepping Sisters	180.00
Desert Drifters	480.00	OV Big Book Meeting	145.00	Upon Awakening	200.00
Eastside Nooners	1,320.00	OV Happy, Joyous & Free	100.00	Vistoso Retreads	439.00
Eastside Saturday AM'ers	200.00	Oro Valley Men's Stag	500.00	West Ajo BB Study	300.00
Faith not Fear	80.00	Oro Valley Step Sisters	75.00	Westside Primary Purpose	102.00
Free Spirit Group	25.00	Our Daily Bread	46.00	Womens' Serenity	50.00
Free to be Me	100.00	Overton Sunday Morning	435.46	Women's Solutions	200.00
Freedom Group	190.00	Paths to Serenity	50.00	Women and the 12 Steps	392.87
Friday Morning Fun Group	300.00	Pink Triangle	100.00	Women from the Heart	325.00
Golf Links Group	308.00	Pre-Weekenders	93.00	Women of Hope	550.00
Good Life	111.00	Safe Place for Women	85.62	No Name	150.00
GV Beginners Living Sober	378.56	Smile Group	460.00		
GV Fantastic Breakfast	380.99	Smoke Free Nooners	2,055.00	TOTAL	\$26,644.00

MEETING SPOTLIGHT

The Right Place for women Big Book Study

(O) NS(WH)

Eastside Meeting Place
6061 E Broadway #127
Wednesday, 7:00 p.m.

Spanish AA Corner

Spanish Intergroup **Newest** Office
2241 N Oracle Rd Ste #4, Tucson AZ 85705
520-622-5112

¡¡ Se habla español !!

Intergroup meeting is held
the last Friday of every month,
7:30 pm at the Spanish Intergroup Office
Secretary: Rafael ~ Literature: Fernando

UPDATES TO THE "TERRESTRIAL TEAL" MEETING SCHEDULE

New Meetings

Page 8

Sunday Women's Meditation
Sunday @ 9:30 am
Rancho Vistoso Urgent Care
13101 N Oracle Rd
(O) NS (WH) Discussion

Page 18

Peaceful Journey
1st, 2nd, & 3rd Tuesday @ 5:00 pm
AMI Behavior Health
6700 N. Oracle Rd., #411
Discussion (O) NS (WH)

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In All Our Affairs
Friday @ 11:00 am
Sunrise Chapel (in back)
8421 E Wrightstown Rd
12 & 12 Step Study
(O) NS (WH)

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Green Valley Morning Mtg.
Every Day Sun thru Sat
@ 7:30 am
Green Valley Alano Club
1151 La Canada Ste 17
(O) NS (WH) Discussion

Page 56

Big Book Mtg.
Sunday @ 2:00 pm
Oracle County Court Bldg.
14701 N Justice Dr.
Oracle AZ 85623
Discussion (O) NS (WH)

Page 56

Sun. Women's Meditation
Sunday @ 9:30 am
Rancho Vistoso Urgent Care
13101 N. Oracle Rd.
Oro Valley, AZ 85739
Discussion (O) NS (WH)

Page 57

Morning Awakening
Monday @ 7:00 am
Church of the Apostles, Library
12111N. La Cholla Blvd
(O) NS (WH) Discussion

Page 59

San Manuel Welcome Meeting
Monday @ 6:00 pm
Pinal County Administrative Bldg
28380 S Veterans Memorial Blvd
(O) NS (WH) Discussion

Page 60

Oasis in the Desert
Tuesday @ 10:00 am
Hacienda del Lago
14155 E Via Rancho Del Lago
(O) NS (WH) 12 & 12

Changed Meetings

Little House Mtgs. now meet
@ 2109 S. 6th Ave.

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Footloose
Tuesday @ 9:30 pm
Campus Health Bldg. 1
3rd Floor Lounge
1224 E Lowell St.
Literature, Speaker on last
Tuesday (O) NS (WH)

Page 23

Daily Reprieve Meeting
Wednesday @ 9:30 am
Alano Club
4405 E Pima St
(O) NS (WH) Big Book (12)

Page 33

Our Daily Bread
Thursday @ 7:15 pm
Now meets at Eastside Meeting Place
6061 E. Broadway
(C) NS (WH) Discussion (11)

Page 37

T.G.I.F.
Friday @ 5:45 pm
St. Mark's Presbyterian
3809 E. 3rd St. (not 2nd St.)

Page 42

Women's Solutions
Saturday @ 9:00 am
Jewish Community Center
3800 E River Rd.
Babysitting provided

Page 49

AK-CHIN
Now meets @ 8:00 pm
SMI Building, Santa Rosa Village
85634 Discussion (O)

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Lodestar of Hope
Sunday @ 6:00 pm
United Church of Christ
1401 El Conquistador Way
Oro Valley, AZ 85704
Meditation (O) NS (WH)

Page 57

Lodestar of Hope
Wednesday @ 7:00 pm
United Church of Christ
1401 El Conquistador Way
Oro Valley, AZ 85704
Discussion / Beginner (O) NS (WH)

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Final Frontier Group
Friday @ 7:00 pm
Community Center Crafts Rm.
64500 E Saddlebrook Blvd.
Tucson, AZ 85739
Discussion (C) NS (WH), last Fri. (O)

Deleted Meetings

Page 10

Free Spirit Group
Sunday @ 7:00 pm
Health Center, 7490 S. Camino Oeste

Page 11

Early Bird Meditation
Mon.-Fri. @ 6:30 am
732 N. Stone

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Sober Today
Thursday @ 6:00 pm
St. James United Methodist

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Thursday Night AA Group
Thursday @ 7:00 pm
Mt. View Retirement Village

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Big Book Action Group
Thursday @ 1:30 pm
Church of Risen Savior

**To add announcements or meeting schedule changes to the Just for Today,
contact Central Office at info@aatucson.org or call 520-882-7422.**

My focus on the steps has not been so much like going up a staircase and more like the flying as an eagle going in circles at higher and higher levels of repeating step sequences—10th-5th-6th-7th-8th-9th.

As shortcomings and injuries to others come to mind I reach inside to ask to be rid of those faults. The time came when I realized that my HP was providing me with the resources to remove character defects.

Jerry K., Green Valley, AZ

The Seventh Step is where we make the change in our attitude which permits us, with humility as our guide, to move out from ourselves toward others and toward God.

Twelve Steps and Twelve Traditions page 76

WORD SEARCH

B F S P T E V I R T S M D X D
 B Z M B B V S P I R I T U A L
 I Y R R Z O F E P H M F G P Y
 C R E E H M U R T P D N F T A
 N E L T E E D S K C I X W C N
 I D B C E R R P Y M E N W X N
 E U M A O C X E O R S F Z D O
 S T U R Y I I C H B A N E T I
 X I H A W O T T R Z E E U D S
 H T L H W R F I C T L C H Z S
 L T C C O V L V P A E A C N I
 G A V H Y T T E X T R E N X M
 C R S X L L F N R H M P G D D
 S E Z W M J P F O L G U M D A
 N D G I C R E S O L U T I O N

CAN YOU FIND THESE STEP 7 WORDS?

- | | | |
|-------------|-------------|------------|
| HUMBLE | PRACTICE | ADMISSION |
| REMOVE | PEACE | RELEASE |
| SHORTCOMING | STRIVE | RESOLUTION |
| DEFECT | SPIRITUAL | ATTITUDE |
| CHARACTER | PERSPECTIVE | |

Third Legacy

Tucson Area Intergroup, Inc.

Meets 2nd Sunday Monthly
1:30 pm at Central Office

CPC & PI Committee

Meets 4th Wednesday Monthly
5:30 pm at Central Office

Treatment Center Committee

Meets 2nd Tuesday Monthly
5:30 pm at Central Office

Corrections Committee

Meets quarterly, 3rd Saturday
January, April, July, October
10:30 am at Central Office
New volunteer orientation @ 9:30

Grapevine Committee

Meets 1st Sunday Monthly
2:00 pm at Central Office

JFT Stuffing and Mailing

Last Saturday Monthly, 9:00 am
Jessica H. (928) 254-8099

Bridge the Gap Committee

Meets 1st Sunday Monthly
3:00 pm at Central Office

DCMC John N. (520) 398-3259

Alternate: Johnnie W. (520) 907-1779
TAII Liaison: Jode J. 437-2685

District 11-000 Pima County

Meets 3rd Thursday Monthly
7:00 pm at Central Office
All GSRs and DCMs have a
voice and a vote at this meeting.

Northwest Sub-District 11-110 & Southwest Sub-District 11-115

Meets 2nd Wednesday @ 6:00 pm
NW Alano Club, 3120 W.Curtis Rd.
DCM: Jo S. (520) 869-8678

Central Sub-District 11-111

Meets 2nd Wednesday @ 6:45 pm
610 E. Delano #103 Stone Sober
DCM: Shelli H. (520) 429-4178

Eastern Sub-District 11-114

Meets 3rd Wednesday @ 6:00 pm
Eastside City Hall, 7575 Speedway
DCM: Sarah VP. (520)200-2456

Sub-District 11-119

Meets 2nd Thursday @ 6:00 pm
St. Francis Episcopal Church
600 S. La Canada, Green Valley
DCM: Joanne C. (520) 625-3895

Spanish Sub-District 11-122

Meets last Friday @ 7:30 pm
Grupo Libertad Meeting Place
5248 S. 12th Ave. 85706
DCM: Ingeborg H. (520) 622-5112

Tucson Area Intergroup, Inc.
840 S. Campbell Avenue
Tucson, AZ 85719

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