

JUST FOR TODAY

RECOVERY ♦ UNITY ♦ SERVICE

www.aatucson.org

TUCSON AREA INTERGROUP INC.

July 2018

OUR THREE LEGACIES JULY



STEP SEVEN

Recovery

Humbly asked Him to remove all these defects of character.

TRADITION SEVEN

Unity

Every AA group ought to be fully self-supporting, declining outside contributions

CONCEPT SEVEN

Service

The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies on tradition and the AA purse for final effectiveness.

STEP 7: The Gift of Ted O.

With decades of sobriety, Ted O died many years ago in Warrenton, VA. It was a huge loss for the Warrenton AA community yet, for me and a multitude of others, he lives on every time we approach Step 7 especially.

It was Ted who said, "Humbly means to remain teachable." In those early days of my sobriety, I associated the word heavily with humiliation, eating crow, weakness and, of course, shame. So when Ted said all I had to do is "remain teachable," I felt I could do that.

Remaining teachable fell in line with H.O.W. we do this. O standing for open-mindedness. So I took another look at the words: "Humbly asked Him to remove our shortcomings."

Consistent readers of this column know that I don't believe in God, capital G. I believe in a power greater than myself, and that's all that's necessary. So when I work Step 7, I endeavor to set aside my arrogance, put my ears to use, close my mouth and open the doors of my mind and heart. Fortunately, it doesn't take long for my HP to deliver.

Calmly I lay down my shortcomings. As another Warrenton AAer put it, "Drop the rocks." So drop them I did. And I could feel some relief. A lightness of heart. A smile on my face. A sincere feeling of connection with HP as well as members of this fellowship. I feel centered and balanced.

So why, to this day, do I pick 'em all back up again? It seems to be my tendency to disconnect from my HP. And when I do that, I live in the illusion of control. Invariably that backfires, and then I go back to Step 7 again and reconnect.

Eventually Step 7 seems to have the same effect as water dripping on rock. It makes a dent. But Step 7 doesn't work alone. It takes people around me to react to my shortcomings so that I, once again, reach for a desire to remain teachable, insightful and self-aware.

One of my more formidable shortcomings is perfectionism. It can still get in the way, but I've learned about the antidote for it: my own humanity.

When I drank, I never gave myself a chance to be human and therefore imperfect. That was unacceptable, so shame was a constant companion, and I drank to forget for a while. Fortunately, over time in sobriety, I learned to remind myself that no one is perfect.

Another shortcoming I occasionally go ten rounds with is the desire to be right. My insistence only serves to provide me with a moment of smugness and fleeting superiority. Wow! That tells me in no uncertain terms where my ego is at that moment. The memory of Ted O emerges and, once again, I hear that phrase "remain teachable."

What a gift you were, Ted.

Wendy S., Tucson, AZ

Join Us For Great Service Opportunities!

Bridge the Gap

Contact: Brad F. 247 4736 or Donna T. 490-8222

Cooperation with the Professional Community

Contact: Susan K. 977-8371

Public Information

Contact: Vivian W. 256-8514

Treatment:

Contact: Mike F. 760-851-8782

Corrections

Contact: Tom T. 909-8080

Grapevine

Contact: Dennis W. 977-8149

Events

Contact: Shantaye M. (516) 993-6023

TACYPAA

1st and 3rd Sundays
2:00 pm @ Central Office

JFT Stuffing

Contact: Ted M. theodoremoller@gmail.com
Last Saturday of the Month @ 9:00 am

Just For Today Editor

Contact: Maureen A. info@aatucson.org

Central Office

840 S. Campbell Ave.
Tucson, AZ 85719
(520) 882-7422
info@aatucson.org

Just for Today is a monthly publication of Tucson Area Intergroup Inc., (TAIL). A one year subscription costs \$12.00. The opinions expressed here are not necessarily those of TAIL or AA as a whole. We welcome your stories, news and comments. The deadline for submission is the 15th of each month. Material may be edited for space and content and cannot be returned.

Central Office News

The next Intergroup meeting will be on Sunday, July 8, 2018 @ 1:30 PM at Central Office.

We always are in need of people for the Home Answering Service. If you have a year or more of sobriety and want to be involved in this valuable service work please call Jim or Lynne at 882-7422 and set up a training time. It takes about 30 minutes.

We are in need of some 12 Step volunteers. If you have a year or more of continuous sobriety, a telephone and a willingness to help the alcoholic who still suffers, then call 882-7422. Just think, the life you save may be your own.

Central Office Calls & Web Hits May 2018



Info: 231

12 Step: 15

Web Visits: No Info

New Visits: No Info

Returning Visits: No Info



Treasurer's Report May 2018

| | |
|-----------------------------------|---------------------|
| Total Available Funds..... | \$ 21,089.18 |
| Income..... | \$ 12,930.54 |
| Cost of Goods Sold..... | \$ 3,453.96 |
| Gross Profit..... | \$ 9,476.58 |
| Total Expenses..... | \$ 9,653.78 |
| Net Income/Loss..... | \$ -177.20 |

Current available funds for operating total \$ 21,089.18 which is equal to 2.5 months operating expenses. We also have established a savings account holding our prudent reserve of \$15,387.05.

P.Y.M.W.Y.M.I. MAY 2018

Elizabeth T., Fernando R., Lynne L., Mark D.,
David M., Michael J., Katrina S., Ronald R.,
Cheyanne T., Jim W., Anonymous X4,
Valerie C., Dona P.

Miscellaneous Income for May 2018

| | |
|---|--------------------|
| Received from meetings @ Central Office | \$ 1,467.78 |
| PC (Personal Contributions) | \$ 371.00 |
| JFT (Just For Today) | \$ 0.00 |
| Special Events | \$ 2.75 |
| TOTAL | \$ 1,841.53 |

Tucson Area Intergroup, Inc. (TAII) Committee Meeting Minutes — June 10, 2018

The meeting was called to order with the Serenity Prayer at 1:32 pm.

New Intergroup Representatives- Shari H.-New Beginnings., Chris T.-TGIF, Matt C.-Alanon Liaison, Jade M.-Sunday Night Young People

Administrative Subcommittee Quarterly Report- 1) Voted to open Square account to accept credit cards at events and it was used at Founder's Day. 2) Developed proposal to change accounting and handling of prudent reserve. Additionally, modified method of reporting financial status for Intergroup.

Secretary Report – Walt W. for Cheyanne T. Maureen H. motion to approve the minutes as written, Jeremy S. seconded, and the motion passed unanimously.

Treasurer Report – Walt W. We currently have \$21,089.18 in checking, about 2.5 months in operating expenses.

Central Office – Jim W. There are 2 temporary positions open for Central Office volunteers, Tues. afternoons and Fri. mornings. The Navajo Big Book is available on a set of 14 CD's. Home Answering shifts are available. Call for details.

Corrections – Tom T. No report.

Bridge the Gap – Brad F. BTG Committee meets 1st Sunday of month at 4:00 at Central Office. I will be attending BTG workshop in Denver in September. We need more people for temporary contact database. I am available to do presentation (less than 15 minutes) on BTG at homegroups. Contact Brad F. at 247-4736.

Treatment – Mike F. Treatment Committee meeting has changed to the 1st Tues. at 5:30 at Central Office. There is a box for the Treatment Committee at Central Office where donations of Big Books or 12x12s can be placed. There is a treatment center on Grant, Unhooked Recovery, that is requesting a meeting on Mon. and Tues. nights at 6:30.

Public Information / CPC – Ken C. Committee meets 4th Wednesday, 5:30 at Central Office. I assumed Vice-Chair position when Vivian and Susan stepped down. There were 7 attendees at the most recent meeting. Four members attended the Tucson Palooza Recovery Festival at Reid Park on May 19 and we are invited to attend the San Xavier Alcothon on June 16th. We are planning a presentation on the pamphlet "Speaking at Non-AA Meetings".

Grapevine – Luis C. There is a new Grapevine book titled "AA in the Military". I would like to propose that next month I would collect donations to provide copies to the VA hospital. They cost \$12.00.

Events Coordinator – Shantaye M. 801 Group volunteered to do Xmas Alcothon, looking for a 2nd group to co-host.

Historian – Lynne L. for Alan S. Gathered histories of San Xavier Alcothons, AA of the Air and Little House group. Proposed special meeting to collect information about our Native American members' AA experience. I have made the arrangements to attend 22nd National AA Archives Workshop in Chicago in September.

Spanish Speaking Liaison – Martin M. Park Day picnic was held yesterday at Reid Park to and raised \$430 for Spanish Intergroup. We are negotiating for office space near Oracle and Grant for a Central Office. We have been visiting Spanish speaking groups to inform them about the Spanish Speaking Intergroup.

Area Liaison/Vice Chair – JoDe J. District 11 has an umbrella insurance policy that can cover groups in Pima County. It can cover both meeting places and special events such as workshops. Some churches are asking groups to have their own liability policy. The district is asking the groups to make a donation to be covered. Contact District 11 Treasurer for more information or to have the group be added to the policy. The next area one day assembly is in Tombstone on June 16.

Al-Anon Liaison – Mike M. Introduced Matt C. as new Al-Anon Liaison and offered thanks for inviting Al-Anon to participate in Founders Day. Al-Anon will be holding their Founders Day, with AA participation at Francis Cabrini Church, 3201 E. Presidio Rd. on Saturday, July 14, 4:30-7:30 pm.

Old Business: Dark Meetings Ad-Hoc Committee – Maureen H. made a motion to dissolve the Dark Meeting Committee, seconded by Fred C. and passed. **Open Intergroup Positions-** descriptions of the positions were read: Grapevine Chair (6 mo. Term) – still open; PI Chair (18 mo. Term) – Fred C. volunteered, qualified, and voted in ; CPC Chair (6 mo. Term) – still open. Administrative Subcommittee Member-At-Large (6 mo. Term) – Dorna B. volunteered, qualified, and voted in. **CityWide Speaker Potluck Meeting-** A written proposal was submitted by Rob C. to form an Intergroup ad-hoc committee to host a monthly city wide speaker meeting and potluck. Proposal was approved in the Admin. Subcommittee, brought to the floor as a seconded motion. Voted on and passed unanimously.

New Business: It was noted that the Central Office website calendar did not show the Intergroup meeting dates. James W. will see that they get listed. Question was asked about how the information in the meeting list is kept current. It is up to groups to keep Central Office informed of any changes.

Intergroup Representative announcements- Mandy M – SWACYPA V Conference is July 26-29 at the Hotel Tucson City Center. June 30 is the "Meal & A Message" Celebrating 75 years of Alcoholics Anonymous in Tucson at St Francis in the Foothills. Tickets need to be purchased in advance by June 23 and will not be sold at the door. Katrina S.- The Delegate will give the General Service Conference report in Green Valley on June 23 and again at Tucson Central Office on June 24.

The meeting adjourned with the Declaration of Unity and then I am Responsible at 2:55 pm.

JULY BIRTHDAYS!

801 Group

Andrew S. 1 year
 Ryan I. 6 years
 Whitey S. 30 years
 Chase E. 31 years

Courage to Change

Tom O. 3 years
 Maureen A. 20 years
 Karen W. 28 years

Ironwood Hills Group

Rick B. 3 years
 Steve M. 7 years
 Shelly R. 18 years

Honest, Open & Free

Gilbert H. 4 years

Morning Shades

Kathy L. 1 year
 Gretchen W. 1 year
 Robb S. 8 years
 Sue L. 13 years
 Pat S. 14 years
 Martha P. 16 years
 Lawrence F. 26 years
 Sarah J. 27 years
 Jim M. 43 years
 Bob B Sr. 54 years

TGIF

Melvin E. 24 years
 Ray M. 41 years

Freedom Group

Valerie F. 26 years

GROUPS REPRESENTED AT THE JUNE 2018 INTERGROUP MTG.

Alanon Liaison
 Courage to Change 801
 Freedom Group
 Grupo 4 de Enero
 Honest Open and Free
 Ironwood Hills
 Men Seeking Guidance
 Morning Shades
 New Beginnings
 Overton Sunday Morning
 Sahuarita Brand New
 Smoke Free Nooners
 Sober Living
 Solutions Group
 SOS
 Southside
 Stone Sober
 Sunday Morning AA
 Sun. Night Young People
 SWACYPA
 TGIF!
 Retired Professionals
 Tres Legados
 Tubac
 Tucson Into Action
 Twelve Stepping Sisters
 West Ajo Big Book

MEETING SPOTLIGHT

COURAGE TO CHANGE GROUP

22nd St. Baptist Church

6620 E. 22nd Street

(C) NS (WH) Discussion (06)

Tuesday 8:00 P.M.

To add announcements or meeting schedule changes to the Just for Today, contact Central Office @ info@aatucson.org or call (520) 882-7422



Group Contributions thru May 2018 *



| | | | | | |
|-------------------------------|----------|---------------------------|----------|--------------------------|------------------|
| 11th Step Meditation Meeting | 180.50 | Grapevine Committee | | Serenity Group | 25.00 |
| 801 Group | | Grrreat Spirit | 25.00 | Smile Group | 150.00 |
| 911 Group | | Grapevine Study Meeting | 50.00 | Smoke Free Nooners | 392.00 |
| A Safe Place for Women | 254.51 | Green Valley Men's Group | 600.00 | Sober Living | 205.03 |
| AA for Alcoholics | | Green Valley Mon. Noon | 100.00 | Sober Saturdays | |
| ABC Group | 350.00 | Happy Destiny | | Sober Sisters Group | 140.00 |
| Afternoon Delight Group | 47.00 | Fri. Happy Hour Group | 120.00 | Something Less Stuffy | 5.00 |
| Airport Area Nooners | 295.00 | Happy Joyous and Free | 200.00 | Society BB Study | |
| Amado Nooners | | Honest, Open, and Free | 200.00 | Solutions Group | 200.00 |
| Amen Stag | | Hope Group | | Solutions on Sunday | |
| Arivaca Group | 25.00 | Hopi Group | 377.00 | Southside | 700.00 |
| As Bill Leads It | 45.00 | Houghton Sunset | | Spiritual Kindergarten | |
| Backdoor Friends | 700.00 | Ironwood Hills Group | 452.26 | Step Sisters | |
| Basic AA | | Jay Walkers | | Stone Sober | 573.00 |
| Between the Tracks | 20.00 | JDFD | | Sunday Morning AA Group | 790.00 |
| Big Apple 2 | 42.00 | Joe & Charlie BB Study | | Sunday Morning Eastside | |
| Big Book Before Work | 85.00 | Lamplighters | 30.00 | Sun. Nite Young People's | 60.00 |
| Business & Professional Men's | | Little House | 40.00 | Sunrise Sobriety | |
| By the Book | 100.00 | Mens seeking Guidance | 1,050.00 | Survivors Big Book Group | 212.00 |
| Came to Believe | | Lodestar of Hope | | Tanque Verde Loop Group | 96.50 |
| Campus Newcomers | | Men Seeking Serenity | 427.00 | TGIF! | 250.00 |
| Campus Nooners | 450.00 | Message & Principles | | The Forum | |
| Casa Adobe Gratitude | | Midday Meeting | | The Lighter Side | |
| Cat Mountain Group | 200.00 | Midvale Sat AM | | Three Points | 50.00 |
| Catalina Wed Night Mtg | 95.00 | Mid-Week Serenity | 491.80 | Thurs 11th Step | |
| Catalina Wednesday Night | | Miracle Group (| | Thurs Nite AA Group | 400.00 |
| Clean Air Group | 150.00 | Monday Noon Group | 333.00 | Tubac AA Group | 724.81 |
| Copper ValleyGroup | 325.00 | Monday Night BB | 100.00 | Tucson Into Action Group | 160.00 |
| Courage to Change Group | 60.00 | Morning Meditation Mtg. | 50.00 | Tucson Mens | 63.00 |
| Desert Drifters | 152.00 | New Beginnings | 100.00 | Tues. Nite BB Step Study | |
| District 11-110 | 1,000.00 | Never Had it so Good | 100.00 | Twelve at Twelve | 900.00 |
| Dove Mountain Group | | Morning Shades | 1,000.00 | Twelve Stepping Sisters | 771.29 |
| Eastside Nooners | 300.00 | No Name | | Upon Awakening | 400.00 |
| Eastside Sat AM'ers | 200.00 | Northside Group | 100.00 | Vistoso Retreads | 150.00 |
| El Sabado (Green Valley) | 216.00 | Oracle Thursday Nooner | 50.00 | Wed. 12 Step Study | 148.82 |
| Emotional Sober thru 12 Steps | 95.80 | Oro Valley Men's Stag | 700.00 | Wednesday Happy Hour | 120.00 |
| Experience, Strength & Hope | | Oro Valley Mon. Noon | | Wednesday Night Mens | |
| Faithful Fivers | 10.00 | Our Daily Bread | 65.50 | Weekday Nooners | |
| Faith not Fear Group | | Overton Sun. AM | 683.60 | Weeknight Newcomers | |
| Fantastic Breakfast Group | 546.00 | Pantano Group | | West Ajo BB Study | 100.00 |
| Final Frontier | 150.00 | Patagonia Group | 40.00 | Westside Primary Purpose | 25.00 |
| Foothills Newcomer | 200.00 | Picture Rocks Tues. Night | | Women and the 12 Steps | 132.08 |
| Footloose | | Pink Triangle | 150.00 | Women By The Book | 441.21 |
| Forum Meeting | | Pwr. Greater Than Alcohol | | Women From The Heart | 400.00 |
| Free at Last | 150.00 | Pre-weekenders | 421.90 | Women of Hope | 195.00 |
| Free Spirit Group | | Primary Purpose | | Women Of Serenity | |
| Free to be me | 150.00 | Recovery in Progress | 74.00 | Women drank too much | 23.00 |
| Friday Morning Fun Group | 300.00 | Retired Professionals | 150.00 | Wmn Weren't Born Yest. | |
| Friday Newcomer Fellowship | | Rincon Group | 75.00 | Women's Solutions | 662.50 |
| From The Promises | 120.00 | Safe Place For Women | 86.00 | WOW Group | 140.00 |
| Get a Life | | Sahuarita Big Book | 200.00 | TOTAL | 26,755.38 |
| Glum Lot Not | 271.27 | Sahuarita Brand new | 80.00 | | |
| Golf Links Group | 443.00 | Saturday Serenity Group | 500.00 | | |
| Good Life | | | | | |

Spanish AA Corner

Spanish Intergroup New Office

5248 S. 12th Avenue, Tucson AZ 85706

(520) 622-5112

Secretary: Rafael

Literature Coordinator: Fernando (520) 342-9875

Intergroup Meeting held the Last Friday of every month
at 7:30pm @ Spanish Intergroup Office

Tired of forgetting when your committee meeting is?
Wishing you could remember when the next
Convention is?

***Check out the NEW and IMPROVED
Intergroup Calendar******

on the Intergroup web page:
<http://aatucson.org/calendar.php>

See an event you don't want to miss?
Open it up and click to either send it to your calendar
OR
Have it send a reminder email to you!

See an error?
Committee meeting time and/or date changing?
Have an event you would like to have on the calendar?

Contact Central Office @ (520) 882-7422

****** A special Thank You to Karen W. for creating such an
awesome, up-to-date Intergroup Calendar! Great Job!!!!***

UPDATES TO THE NEW "ROCKET RED" MEETING SCHEDULE

New Meetings

Page 32

We Agnostics
Thursday @ 5:30 P.M.
Alano Club 4405 E Pima
(O) S (WH) Discussion (12)

Page 51

Twelve and Twelve at 10:00
Wednesday @ 10:00 A.M.
Mountain View Church
3270 Armstrong Ln
Step Study/Tradition once a
month (O) NS (WH)

Deleted Meetings

Page 19

Mostly Agnostic (Women)
Tuesday @ 5:00 P.M.

Page 32

Happy Destiny
Thursday @ 6:00 PM

Page 55

Marana-Sat. @ 6:30 P.M.

Changed Meetings

Little House Mtgs. now meet
at 2109 S 6th Ave. 85713

Page 10

Founder's Path Meeting
Sunday @6:00 P.M.
Christ Community Church
Family Life Center, Rm. 101
530 S. Pantano Rd
Disc./Historical Lit. Study
(O) NS (WH)

Page 15

Basic AA
Monday @ 7:00 P.M.
Central Office
840 S. Campbell
Big Book (No Disc. or Speaker)
(C) NS (WH)

CAN YOU FIND THESE STEP 7 WORDS?

| | | |
|-------------|--------|------------|
| HUMILITY | SEVEN | SPONSOR |
| FREEDOM | PRAYER | BARLEYCORN |
| SHORTCOMING | | |

| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| N | S | R | O | N | P | T | R | E | M | O | V | A | Q |
| U | S | H | E | N | G | N | I | L | L | I | W | A | Y |
| B | P | P | O | A | L | M | M | B | T | M | E | S | T |
| M | A | R | O | R | D | R | S | A | N | P | C | M | I |
| Y | N | R | A | N | T | Y | T | N | I | R | S | E | L |
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| L | E | M | A | N | E | V | E | S | F | G | N | E | E |

THIRD LEGACY

Tucson Area Intergroup, Inc.

Meets 2nd Sunday Monthly
1:30 p.m. at Central Office

CPC & PI Committee

Meets 4th Wednesday Monthly
5:30 p.m. at Central Office

Treatment Committee

Meets 1st Tuesday Monthly
5:30p.m. at Central Office

Corrections Committee

Meets Quarterly, 3rd Saturday,
January, April, July, October @
10:30 a.m. at Central Office
New volunteer orientation @9:30

Grapevine Committee

Odd Months, 1st Sunday
2:00 p.m. at Central Office

JFT Stuffing & Mailing

Last Sat. Monthly 9:00 a.m. Ted M.
at theodoremoeller@gmail.com

Bridge the Gap Committee

Meets 1st Sun. Monthly 4:00 p.m.
840 S. Campbell Ave.

DCMC

John N. (520) 398-3259
Alternate: Sarah VP. (520) 200-2456
TAII Liaison: Jode J.(520) 437-2685

District 11-000 Pima County

Meets 3rd Thursday Monthly
7:00 p.m. at Central Office.
6:30 p.m.- new GSA Orientation
All GSRs and DCMs have a voice
and vote at this meeting.

**Northwest Sub-District 11-110 &
Southwest Sub-District 11-115**

Meets 2nd Wed. @ 6:00p.m.
NW Alano Club
3120 W. Curtis Rd.
DCM: Jo S. (520) 869-8678

Central Sub-District 11-111

Meets 2nd Wed. @ 6:45 p.m.
610 E. Delano #103 Stone Sober
DCM: Shelli H. (520) 429-4178

Eastern Sub-District 11-114

Meets 3rd Wed. @ 6 p.m.
Eastside City Hall
7575 E. Speedway
DCM: Sarah VP. (520) 200-2456

Sub-District 11-119

Meets every 2nd Thurs, 6:00 p.m.
St. Francis Episcopal Church
600 S. La Canada, Green Valley
DCM: Joanne C. (520) 625-3895

Spanish Sub-District 11-122

Meets last Friday @ 7:30 p.m.
Grupo Libertad Meeting Place
5248 S. 12th Ave. 85706
DCM: Ingeborg H. (520) 622-5112

Tucson Area Intergroup, Inc.
840 S. Campbell Avenue
Tucson, AZ 85719

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