

JUST FOR TODAY

RECOVERY ♦ UNITY ♦ SERVICE

www.aatucson.org

TUCSON AREA INTERGROUP INC.

January 2018

OUR THREE LEGACIES JANUARY

1

STEP ONE

Recovery

We admitted we were powerless over alcohol—that our lives had become unmanageable.

TRADITION ONE

Unity

Our common welfare should come first; personal recovery depends upon A.A. unity.

CONCEPT ONE

Service

Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

STEP 1: Surrender to Win

At my first meeting, someone said, “you have to surrender to win, Wendy.” I wasn’t entirely sure what that paradox was all about, but I kept going to meetings.

The first step reads, “We admitted we were powerless over alcohol and that our lives had become unmanageable.” In other words alcohol had me by the throat. Twist and turn as I might, it would get me in the end. That’s when I screamed ‘uncle’ and surrendered. But where was the ‘win’ in such new-found sobriety?

Ten years before I came into the rooms, I quit for three years. Unlike my mother and brother before me, I did not go to meetings. I figured I had a handle on the problem. I had learned a lot just supporting the two of them. My case was not as bad, and I didn’t feel I needed the support of AA. So I went about my business, experiencing life on life’s terms.

You’d think after a year or two, much less three, that I’d be comfortable in sobriety. Not so. I was just as angry and resentful as I was while I was drinking. Life had not improved one iota for me. Quite the opposite. My romantic relationships never lasted. Work was a drag. I envied people who could drink.

“So what’s the point? I asked myself. “Obviously alcohol is not my problem. Depression is my problem. Anger is my problem. Emptiness is my problem. Maybe I need therapy.” But drinking was cheaper and more fulfilling, so I took a nose-dive back into the vat. Within 24 hours, I was making an ass out of myself at a local restaurant before retiring to the ladies’ room to throw-up all that Italian Chianti. Next day, I stealthfully siphoned off some whiskey from a roommate’s supply. I was off and running!

Fast forward five years, drinking all the while.

I got the call in mid-afternoon. My brother had committed suicide five days ago, and my niece needed me to go with her to vacate his rental apartment in York, Pa. and settle whatever needed settling. I called my mother. Devastated doesn’t begin to describe her reaction.

My brother’s suicide note read, “I just can’t take it any more.” It hit me like a bolt of lightning. I knew exactly what he meant. I felt it in my marrow. I was thinking along similar lines myself. Yet my drinking continued.

Finally, two or so years later, I found myself having to reach up to touch

continued on page 5

Join Us For Great Service Opportunities!

AA of the Air

Contact: Open

Cooperation with the Professional Community

Contact: Susan K. 977-8371

Public Information

Contact: Open

Treatment:

Contact: Mike

tucsontreatmentcommittee@gmail.com

Corrections

Contact: Tom T. 909-8080

Grapevine

Contact: Dennis W. 977-8149

Events

Contact: Shantaye M. (516) 993-6023

TACYPAA

1st and 3rd Sundays

2:00 pm @ Central Office

JFT Stuffing

Contact: Ted M.

theodoremoller@gmail.com

Last Saturday of the Month @ 9:00 am

Just For Today Editor

Contact: Maureen A.

info@aaticson.org

Central Office

840 S. Campbell Ave.

Tucson, AZ 85719

(520) 882-7422

info@aaticson.org

Just for Today is a monthly publication of Tucson Area Intergroup Inc., (TAII). A one year subscription costs \$12.00. The opinions expressed here are not necessarily those of TAII or AA as a whole. We welcome your stories, news and comments. The deadline for submission is the 15th of each month. Material may be edited for space and con-

Central Office News

The next Intergroup meeting will be on Sunday, January 14, 2018 @ 1:30 PM at Central Office.

We always are in need of people for the Home Answering Service. If you have a year or more of sobriety and want to be involved in this valuable service work please call Jim or Lynne at 882-7422 and set up a training time. It takes about 30 minutes.

We are in need of some 12 Step volunteers. If you have a year or more of continuous sobriety, a telephone and a willingness to help the alcoholic who still suffers, then call 882-7422. Just think, the life you save may be your own.

Central Office Calls & Web Hits November 2017



Info: 285

12 Step: 15

Web Visits: No Info

New Visits: No Info

Returning Visits: No Info



Treasurer's Report November 2017

Total Available Funds	\$ 23,818.88
Income.....	\$ 5,458.15
Cost of Goods Sold.....	\$ 3,062.16
Gross Profit.....	\$ 2,395.99
Total Expenses.....	\$ 8,284.70
Net Income/Loss	(\$ 5,888.71)

Current available funds for operating total \$23,818.88 which is 43% of our 'Prudent Reserve' of \$55,631.90.

P.Y.M.W.Y.M.I. November 2017

Anonymous x 4, Elizabeth T., Fernando R., Jim W., John K., Valerie C., Lynne L., David M., Ronda C., Michael J., Cori, Dona P., Cheyanne T., Faithful Fivers, David C., Judith V., Lynn & Bob K., Katrina S., Jody Y., Millard C.

Miscellaneous Income for November 2017

Received from meetings @ Central Office	\$ 786.13
PC (Personal Contributions)	\$ 740.00
JFT (Just For Today)	\$ 0.00
Special events	\$ 0.00
TOTAL	\$ 1,526.13

Tucson Area Intergroup, Inc. (TAII) Committee Meeting Minutes — December 10, 2017

The meeting was called to order with the Serenity Prayer at 1:42 pm

New Intergroup Representatives- Drew C.- Promises Meeting

Secretary's Report - Cheyanne T. Cory motioned to approve the minutes, Karen seconded, and the motion passed unanimously.

Treasurer's Report - Dana L. As of today (December 10th) we are at 33% of our prudent reserve. Unless individuals and groups step-up financially, we can only operate for two and a half more months.

Administrative Subcommittee Quarterly Report - James W. We suspended committee spending from September to October. The committee met separately to dive deeper into our finances. That meeting brought about a raise in literature and chip prices. The phone/ internet package was reworked with Century Link to save money. We will also start taking contributions online via PayPal. In November, we decided to change the newcomer packet to make it smaller and sell the meeting schedule separately. The cost of the new packet is 25 cents. We will be moving our banking over to Vantage West Credit Union. They require less money for an account minimum which will help us avoid fees.

Central Office - Jim W. The federal taxes have been paid. We have 5 Home Answering Shifts available; the 1st, 2nd, and 5th Tuesdays from 10 pm- 6 am, the 2nd Sunday from 1 pm- 5:30 pm, and the 4th Monday from 6 am - 9:30 pm. The Alcothons can use help setting up and tearing down. The Grapevine's newest book, Voices of Women in AA, is in stock. The Little House has moved to a new location.

Corrections - Tom T. We are hosting the 2018 Corrections Conference in March. It will be informative and entertaining! You can mail in your registration or register online. We had a 4th Step workshop at the Whetstone yard. It went well and the 5th Step workshop will be December 30th. We need male volunteers for that workshop to listen to 5th steps.

Bridge the Gap - Dante G. We are meeting the 2nd Sunday of the month (January only) at Central Office. Two inmates requested contacts this month. The Treatment committee seems to be getting the word out.

Treatment - James W. for Elizabeth R. We have updated our listed of Tucson area treatment facilities that need contacting about meetings. The committee is currently looking for a young people's group to bring a speaker meeting to a facility the last Wednesday of every month. We are also looking for a group to bring a meeting to a facility every Wednesday from 6 pm- 7 pm. The VA is looking for a second meeting that could meet any day Monday- Thursday, anytime after 5 pm. We will have an information table at both Alcothons.

Public Information / Cooperation with Professional Community - Susan K. & Ken C. We will have tables at the Alcothons. Letters have been mailed to TPD/TFD/ Sheriff. Our meeting will be on the 3rd Wednesday in December instead of the 4th.

Events Coordinator - Shantaye M. The Christmas and New Years Alcothons are this month! Speakers have been lined up for both Alcothons. The New Years Alcothon is looking for comedians for a possible comedy show. Please contact the committee chairs if you would like to help. Christmas: Taylor (631) 334-9975 New Years: Courtney (520) 867-1559.

Grapevine - Dennis W. No report but there was a groan worthy joke!

Historian - Lynne L. for Alan S. A letter was written for the Just For Today commemorating the first AA meeting in Tucson on February 22nd, 1943. The research on Tucson AA's founder, Ham B., continues. The transcript of the round table Nancy R. did in 2015 has been received. Thanks, Karen W.!

Dark Meetings (Ad-Hoc) - Dana L. We are looking to fill this position for next year.

Area Liaison/Vice Chair - James W. for Ted M. The Rincon Group is moving to Central Office in January. The meeting day and time will remain the same. Elections were held at the District meeting. The new trusted servants are: John N.- DCMC, Sarah V.P.- Alt. DCMC, Johnny W.- Secretary, Derrick E.- Treasurer, and the Archivist position remains open.

Spanish Speaking Liaison - Katrina S. and Inge The new Spanish Intergroup office is on 12th Ave. The Secretary, Raphael, will be back from El Salvador on December 22nd. Inge will be contacting Spanish speakers for the Alcothons.

Al-Anon Liaison - Pete The Christmas Alcothon Al-Anon speaker is Lindy and the New Years Alcothon speaker is Norm. January 6th there will be a "What Does a Sponsor Do?" workshop at St. Mark's. Al-Anon will be participating in the Alcothon on the Whetstone yard..

Old Business- Elections for 2018- Corrections-Tom T. expressed his interest and was voted in unanimously. Public Information- remains open Treasurer- Steve A. nominates Walt W., Walt accepted the nomination and was voted in unanimously, Treatment- Mike expressed his interested and was voted in unanimously.

New Business- Budget for 2018 Lance L. motioned to approve the budget for 2018, Amy seconded the motion, and the motion passed unanimously.

Intergroup Representative announcements- Inge- Little House and all of its meetings have moved to a new location, James W.- SWACYPA is being held in Tucson July 26th- 29th 2018 and the committee meets the 1st and 3rd Sundays of every month at Central Office.

The meeting adjourned with the Declaration of Unity and then I am Responsible at 2:46 pm.

Spanish AA Corner

Spanish Intergroup New Office

5248 S. 12th Avenue

Tucson AZ 85706

(520) 622-5112

Secretary: Rafael

Literature Coordinator:

Fernando (520) 342-9875

Intergroup Meeting held the Last
Thursday of every month at 7:30pm
at the Spanish Intergroup Office

GROUPS REPRESENTED AT THE DECEMBER 2017 INTERGROUP MEETING

Afternoon Delight
ABC
Catalina Wednesday Night
Courage to Change
Eastside Nooners
801
Get a Life
Golf Links
Honest Open and Free
Ironwood Hills
Little House
Morning Shades
Our Daily Bread
Promises
Rincon
Smoke free Nooners
Sober Living
Southside
Stone Sober
Sunday Morning AA Group
SWACYPAA
TGIF!
The Retired Professionals
Tubac
Twelve at Twelve
12 Stepping Sisters

JANUARY BIRTHDAYS!

801 Group

Darrin B. 8 years
Tala 9 years
John T. 29 years

Courage to Change

Steve A. 16 years

Ironwood Hills Group

Marina R. 2 years
Jennifer T. 5 years
Elena A. 29 years

Freedom Group

Jack W. 32 years

HOPI Group

Steve R. 12 years

Morning Shades

Stephanie M. 1 year
Micky L. 1 year
Ben B. 2 years
Mariah H. 2 years
Josh D. 2 years
Amanda B. 3 years
Nik G. 3 years
Mike H. 4 years
Patrick B. 4 years
Dena E. 9 years
Jozette W. 10 years
Rory H. 10 years
Dan D. 15 years
Eddie V. 25 years
EJ 31 years
Margaret G. 31 years

THINGS WE CANNOT CHANGE

Pat O.

Passed away November 29, 2017
with 35 years of sobriety

continued from page 1

bottom. I recalled my brother. Dead from a gunshot wound to the head. Then I thought of my mother. She was alive and well boasting double-digit sobriety.

I found myself wallowing in self-pity, thinking about the choice before me. I could do what my mother did and get into AA. Or I could do what my brother did.

I called an AA friend. He took me to a meeting that night. As soon as I stepped into the room, I felt as if I had come home. I didn't realize it then, but 'the win' had begun to wash over me. Almost thirty-two years later, it still does.

Wendy S., Tucson, AZ

To add announcements or meeting schedule changes to the Just for Today, call Central Office @ (520) 882-7422 or email info@aatucson.org

FIRST STEP WORD SCRAMBLE

Unscramble each set of letters below to spell out a First Step word—answers are at the bottom of the page

oseselprw

opemnenhon

agnaueblneam

lhspseoe

entysoh

aelylgr

ttmobo

eserltss

wiktsorlh

iiratlerb

cnagrvi

sncttnodie

ossnbeios

enatlm

saiclhpy



MEETING SPOTLIGHT

SOMETHING LESS STUFFY

Mondays @ 6:00 pm (O)(NS)(WH)

Literature/Speaker & Potluck

on the last Monday of the month

Streams in the Desert Lutheran Church

5360 E Pima St. Tucson (12)

Come join us!

DISCONTENT

RESTLESS
IRRITABLE

HOPELESS
ALLERGY

PHYSICAL
PHENOMENON

OBSESSION
MENTAL

SILKWORTH
CRAVING

HONESTY
BOTTOM

POWERLESS
UNMANAGEABLE

Group Contributions thru November 2017

11th Step Meditation Meeting	96.00	Golf Links Group	582.00	Saturday Serenity Meeting	500.00
12 @ 12	535.00	Good Life	210.82	Smile Group	300.00
12 and 12 Group	650.00	Grapevine Committee	22.00	Smoke Free Nooners	1,859.27
911 Group	600.00	Grapevine Study Meeting	66.40	Sober Living	675.13
AA for Alcoholics	250.00	GV El Sabado	165.00	Sober Saturdays	16.00
ABC Group	202.00	GV Fantastic Breakfast	300.00	Sober Sisters	180.00
Afternoon Delight Group	74.20	GV Happy Hour	180.00	Society BB Study	500.00
Airport Area	125.00	GV Lamplighters	175.00	Solutions on Sunday	250.00
Airport Area Nooners	421.00	GV Men's Group	600.00	Solutions Group	1,664.00
Amado Nooners	30.00	GV Serenity Group	50.00	Southside	1,000.00
Ajo Group	60.00	GV Monday Noon Group	200.00	Spiritual Kindergarten	165.00
Arivaca Group	50.00	Happy Destiny	31.85	Step Sisters	145.00
Amen Stag	94.00	Happy Joyous and Free	500.00	Stone Sober	1,156.00
Basic AA	60.00	Honest, Open, and Free	790.00	Sunday Morning AA Group	610.03
Backdoor Friends	1,050.00	Hopi Group	820.00	Sunrise Sobriety	83.70
Big Apple 2	16.00	Houghton Sunset	460.00	Survivors Big Book Group	192.23
Big Book Before Work	34.00	Ironwood Hills Group	200.00	Tanque Verde Loop Group	379.57
Business & Professional Men's	297.00	Jay Walkers	290.00	TGIF!	550.00
By the Book	17.99	JDFD	100.00	The Forum	65.00
Came to Believe	51.00	Joe & Charlie BB Study	42.00	The Lighter Side	103.85
Casa Adobe Gratitude	100.00	Lighter Side	45.00	Three Points	100.00
Campus Newcomers	150.00	Little House	240.00	Thurs 11th Step	570.00
Campus Nooners	650.00	Lodestar of Hope	600.00	Tubac AA Group	848.00
Cat Mountain Group	210.00	Men Seeking Guidance	3,148.00	Tucson Into Action Group	480.00
Catalina Wed Night Mtg	197.00	Message & Principles	400.00	Tucson Mens	200.00
Catalina Wednesday Night	100.00	Midday Meeting	150.00	Tues. Night BB Step Study	20.00
Clean Air Group	515.00	Midvale Sat AM	630.00	Twelve Stepping Sisters	291.91
Courage to Change Group	75.00	Mid-Week Serenity	150.00	Upon Awakening	200.00
Copper Mountain Group	340.00	Morning Shades	820.00	Vistoso Retreads	471.00
Desert Drifters	363.00	Monday Noon Group	555.00	Wed. 12 Step Study	264.25
Dove Mountain Group	500.00	Northside Group	325.00	Weathered Leather	48.82
Eastside Nooners	380.00	Oracle Thursday Nooner	60.00	Wednesday Night Mens	100.00
Eastside Sat AM'ers	560.00	Oro Valley Mon. Noon	208.00	Weekday Nooners	200.00
El Sabado	340.77	Oro Valley Men's Stag	1,000.00	Weeknight Newcomers	350.00
Experience, Strength & Hope	83.00	Our Daily Bread	96.00	West Ajo BB Study	200.00
Fantastic Breakfast Group	150.00	Overton Sun. AM	1,124.02	Westside Primary Purpose	145.00
Faith not Fear Group	105.00	Patagonia Group	53.00	Women and the 12 Steps	89.50
Final Frontier	609.36	Pantano Group	80.00	Women By The Book	137.50
Footloose	15.00	Pre-weekenders	567.00	Women of Hope	250.00
Foothills Newcomer	360.00	Picture Rocks Tues. Night	60.00	Women Of Serenity	200.00
Forum Meeting	235.00	Pink Triangle	100.00	Women From The Heart	1,000.00
Free at Last	696.00	Primary Purpose	60.00	Women Solutions	488.00
Free to be me	100.00	Recovery in Progress	200.00	WOW Group	25.45
Free Spirit Group	100.00	Retired Professionals	960.00	Women. Who Weren't Born	
Friday Morning Fun Group	992.00	Rincon Group	1,202.00	Yesterday	548.80
From The Promises	200.00	Safe Place for Women	153.28	No Name	200.00
Friday Newcomer Fellowship	700.00	Sahuarita Brand new	80.00	Faith not Fear Group	105.00
Glum Lot Not	682.00	Sahuarita Big Book	400.00	TOTAL	48,755.31
Get a Life	600.00	Saturday Serenity Group	500.00		

UPDATES TO THE NEW "CELESTIAL BLUE" MEETING SCHEDULE

Changed Meetings

Page 15

"Experience, Strength, & Hope Group" is now called:
"Something Less Stuffy"
Literature & Speaker last Mon.
Time now on Mon. @ 6:00 PM

Page 15

Big Books Anonymous
Replace Big Book/ BYOB with
"The Program of AA Topics"

Page 28

Smoke Free Nooners Group
Delete "Step" and replace with
"Big Book Study"
3620 N. 1st Ave #148
(O) NS (WH) Step (19)
Wednesday @ 8:00 PM

Page 33

"Many Paths AA Group" is now
"Thursday Night AA Group"
Moved to Mountain View
Retirement Village
7900 N La Canada
Thursday @ 7:00 PM

Page 40

Surrender Group
Replace "Discussion" with
"The Program of AA Topics"
Saturday @ 8:00 PM

Page 45

Take a Break Meeting
Replace "Discussion" with
"The Program of AA Topics"
Time changed to
Saturday @ 5:30 PM

Page 55

Marana
Big Book Thumpers of AA
Replace "Big Book" with
"The Program of AA Topics"

Page 56

Oracle
Progress Not Perfection
Now meets Tuesday @ 5:30 PM

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Oro Valley
Vistoso Retreats Meeting
Address now:
Catalina Vista Center
14055 Del Webb Blvd

New Meetings

Page 33

By The Book Step Study Group
St Marks Presbyterian Church
3809 E 3rd St (Knox Rm.)
(O) NS (WH) Step Study (16)
Thursday @ 7:00 PM

Page 42

A Step Study
Eastside Covenant Church
551 N Camino Seco (Child Care)
(O) NS (WH) BB Study/Disc. (10)
Saturday @ 10:30 AM

Page 54

Green Valley
Afternoon Delight AA Group
Desert Hills Lutheran Church
2150 S Camino del Sol
(O) NS (WH) Discussion
Wednesday @ 2:00 PM

Deleted Meetings

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Halfway House Meeting
23rd Street Halfway House
Sunday @ 10:00 AM

Page 20

Tuesday Big Book Step Study
Central Office
Tuesday @ 6:00 PM

Page 31

The Lighter Side
Council House Apts. (Rec Room)
Thursday @ 3:00 PM

Page 32

Take a Break Meeting
Central Office
Thursday @ 5:30 PM

Page 47

Grupo Fuente De La Vida
1700 E 18th Street
Mon. thru Sun. @ 7:30 PM

Page 48

Grupo La Casita
Little House
Tuesday @ 5:30 PM

Page 58

Patagonia 12 & 12
Book Study Group
Sunday @ 8:00 AM

THIRD LEGACY

Tucson Area Intergroup, Inc.

Meets 2nd Sunday Monthly
1:30 p.m. at Central Office

CPC & PI Committee

Meets 4th Wednesday Monthly
5:30 p.m. at Central Office

Treatment Committee

Meets 1st Wednesday Monthly
6:00 p.m. at Central Office

Corrections Committee

Meets Quarterly, 3rd Saturday,
January, April, July, October @
10:30 a.m. at Central Office
New volunteer orientation @9:30

Grapevine Committee

Odd Months, 1st Sunday
2:00 p.m. at Central Office

JFT Stuffing & Mailing

Last Sat. Monthly 9:00 a.m. Ted M.
at theodoremoeller@gmail.com

Bridge the Gap Committee

Meets 1st Sun. Monthly 4:00 p.m.
2301 N. Country Club Rd.

DCMC

John N. (520) 398-3259
Alternate: Sarah VP. (520) 200-2456
TAII Liaison: Jode (520) 437-2685

District 11-000 Pima County

Meets 3rd Thursday Monthly
7:00 p.m. at Central Office.
6:30 p.m.- new GSA Orientation
All GSRs and DCMs have a voice
and vote at this meeting.

Northwest Sub-District 11-110 & Southwest Sub-District 11-115

Meets 2nd Wed. @ 6:00 p.m.
NW Alano Club
3120 W. Curtis Rd.
DCM: Clay R. (520) 668-2666

Central Sub-District 11-111

Meets 2nd Wed. @ 6:45 p.m.
610 E. Delano #103 Stone Sober
DCM: Susan B. (520) 344-1076

Eastern Sub-District 11-114

Meets 3rd Wed. @ 6 p.m.
Eastside City Hall
7575 E. Speedway
DCM: Kathy R. (520) 668-7304

Sub-District 11-119

Meets quarterly. Next Meeting:
Thursday Dec. 14 @ 6:00 p.m.
St. Francis Episcopal Church Library
600 S. La Canada, Green Valley
DCM: Joanne C. (520) 625-3895

Spanish Sub-District 11-122

Meets 1st Monday @ 7:30 p.m.
Spanish Intergroup Office
2914 E. 22nd Street
DCM: Adolfo R. (520) 443-1585

Tucson Area Intergroup, Inc.
840 S. Campbell Avenue
Tucson, AZ 85719

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