

JUST FOR TODAY

RECOVERY ♦ UNITY ♦ SERVICE

www.aatucson.org

TUCSON AREA INTERGROUP INC.

December 2018

OUR THREE LEGACIES DECEMBER

12

STEP TWELVE

Recovery

Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

TRADITION TWELVE

Unity

Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

CONCEPT TWELVE

Service

The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; and, whenever possible, by substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government, and that, like the Society it serves, it will always remain democratic in thought and action.

STEP 12:

The Final Paradox

Ahhh! The power of the paradoxes. The first paradox is in Step 1, you have to surrender to win. Now, at Step 12, you have to give it away to keep it. As I learned along the way, how I give it away matters a lot.

When I first came into AA, my sense of freedom and spiritual relief were so great, I button-holed anyone who showed even remote interest in my new-found sobriety. I told them about my readiness to tap into the AA group that effectively represented a spiritual power greater than myself. I offered the wisdom of 'one day at a time.' And, without mentioning any names, I regurgitated some of the gems I had heard in the rooms. Unheeding their glazed eyes, I persisted in expressing my love for AA and how it had changed my life mentally, physically and spiritually. I possessed all the zeal of a convert assuming I could infect others with it.

Eventually I got the hint. Most of the time, their interest was passing. Many times the person I spoke with felt threatened by my talk of AA and sobriety. So now I simply plant seeds. If the person wants to know more, I share my experience, strength and hope. I try not to overdo it because that can have the opposite effect. I don't wish to be a proselytizer. It is, after all, "a program of attraction rather than promotion," so I try to focus on setting an example rather than pontificating.

Mind you...I'm not entirely successful at that, but I try to remain conscious of how I come across to others and sometimes subduing my passion and knowledge gets problematic. Problematic because now I work as an addiction therapist, and my personal experience, my formal training and my work experience contribute a great deal to understanding the disease of addiction and how AA represents an invaluable resource for recovery from it. In other words, I can easily assume the mantel of Little Miss Know It All (aka LMKIA).

Which brings us to the part of Step 12 where we practice these principles in all our affairs. LMKIA has ego written all over it. So this necessitates a trip back to Steps 6, 7 and 10.

But then it's easy for my ego to reignite especially in my job.

Much of what I do is referred to as 'psycho-education.' I frequently discuss the biology of addiction, or the fallout effects such as codependency or the fundamentals of relapse. As the discussion fires up my passion, LMKIA can reappear only to overstep the bounds of the teaching role outside of the therapy group.

But, thankfully, there are times when Steps 6 and 7 swat LMKIA back into the shadows and carrying the message succeeds. It's a 'two-fer.' I try to walk the talk, and I try to keep the talk to a minimum. Less is more.

Come the end of each day, I return to Step 10. And it often helps to crack open the 12 & 12 to renew my relationship with all twelve. I carry a copy on my iPhone Kindle, so it goes where I go. And it re-informs me so I can continue to give it away to keep it.

I have been writing this column for a year now, and my time is up with Step 12. I want to say to one an all what a fantastic experience this service work has been. It has enabled me to hold the quality of my sobriety up to the test of the steps. I have found places where I need help, and I have found others that have engendered enormous amounts of gratitude. I so very much appreciate having had this opportunity. Thank you.

Wendy S., Tucson, AZ

Join Us For Great Service Opportunities!

Bridge the Gap

Contact:
Brad F. 247 4736 or Donna T. 490-8222

Cooperation with the Professional Community

Contact: Susan B. 396-8915

Public Information

Contact: Fred C. 909-1067

Treatment:

Contact: Mike F.
760-851-8782

Corrections

Contact: Tom T. 909-8080

Grapevine

Contact: B.J. 329-8036

Events

Contact: Shantaye M. (516) 993-6023

TACYPAA

1st and 3rd Sundays
2:00 pm @ Central Office

JFT Stuffing

Contact: Ted M.
theodoremoeller@gmail.com
Last Saturday of the Month @ 9:00 am

Just For Today Editor

Contact: Maureen A.
info@aatucson.org

Central Office

840 S. Campbell Ave.
Tucson, AZ 85719
(520) 882-7422
info@aatucson.org

Just for Today is a monthly publication of Tucson Area Intergroup Inc., (TAII). A one year subscription costs \$12.00. The opinions expressed here are not necessarily those of TAIL or AA as a whole. We welcome your stories, news and comments. The deadline for submission is the 15th of each month. Material may be edited for space and content and cannot be returned.

Central Office News

The next Intergroup meeting will be on Sunday, December 9, 2018 @ 1:30 PM at Central Office.

We always are in need of people for the Home Answering Service. If you have a year or more of sobriety and want to be involved in this valuable service work please call Jim or Lynne at 882-7422 and set up a training time. It takes about 30 minutes.

We are in need of some 12 Step volunteers. If you have a year or more of continuous sobriety, a telephone and a willingness to help the alcoholic who still suffers, then call 882-7422. Just think, the life you save may be your own.

Central Office Calls & Web Hits October 2018



Info: 296
12 Step: 23
Web Visits: 9382
New Visits: 3215
Returning Visits: 6167



Treasurer's Report October 2018

Total Available Funds.....	\$ 21,938.65
Income.....	\$ 9,155.34
Cost of Goods Sold.....	\$ 2,932.10
Gross Profit.....	\$ 6,223.24
Total Expenses.....	\$ 8,815.80
Net Income/Loss.....	(\$ 2,592.56)

Current available funds for operating total **\$21,938.65** which is equal to 2.6 months operating expenses. We also have established a savings account holding our prudent reserve of \$15,397.33 (15% of annual budget).

P.Y.M.W.Y.M.I. OCTOBER 2018

Elizabeth T., Fernando R., Lynne L.,
Jim W., Ronda C., Michael J.,
David M., Anonymous X5,
Valerie C., Cheyanne T., Ethel M., Cori C.

Miscellaneous Income for October 2018

Received from meetings @ Central Office	\$ 1,248.50
PC (Personal Contributions)	\$ 393.35
JFT (Just For Today)	\$ 0.00
Special Events	\$ 0.00
TOTAL	\$ 1,641.85

Tucson Area Intergroup, Inc. (TAII) Committee Meeting Minutes — November 11, 2018

The meeting was called to order with the Serenity Prayer at 1:35 pm.

New Intergroup Representatives- None

Secretary Report – Walt W. for Cheyanne T. (Who is getting married today) Cori C.. motion to approve the minutes as written, Cameron M. seconded, and the motion passed unanimously.

Treasurer Report – Walt W. We have \$21,938.65 in checking, which is 2.6 months of operating expenses. Total Operating Funds have been surprisingly consistent over the last 6 months. We expect additional income with end of year donations and return of Alcothon advanced monies in January.

Central Office – Jim W. Lynne L. There are two positions open for Central Office volunteers, Tuesday afternoons and Friday mornings. We need a group to volunteer to stuff and mail JFT. The books are reconciled through October 31.

Corrections – Tom T. We had our quarterly meeting last month. All prisons and units could use help. We like to go in pairs. There are three meetings per week at the Federal Prison. Contact Jack or Collette if interested in County Jail. Eloy Detention Center (ICE) needs a bi-lingual volunteer. We are discussing a BB drive to be coordinated with the Treatment Committee.

Bridge the Gap – Brad F. We had one referral from Goodyear AZ this month. We have approximately 120 volunteers in the data base. We are planning a January BTG/Corrections/Treatment workshop January 19 from 12:00 to 4:00 right after the Corrections Committee meeting at Central Office. I am available to do presentation (less than 15 minutes) on BTG at home-groups. BTG Committee meets 1st Sunday of month at 4:00 at Central Office

Treatment – Mike F. We are getting interest from JFT announcements. AA meetings are on hold at Banner. They require fingerprint cards that cost approximately \$70. Treatment Committee meets 1st Tuesday each month at 5:30 at Central Office.

Public Information / Cooperation with Professional Community – Fred C. We are invited to participate in Tucson Estates Health Fair 2019. PI/CPC Committee meets 4th Wednesday at 5:30 each month at Central Office.

Grapevine – BJ B. We donated 25 copies of the new Grapevine book titled “AA in the Military” to the VA hospital. We are planning a spring 2019 workshop on how to write your story or record oral story for the GV magazine. GV will turn 75 in June 2019. We are planning a party separate from Founders day. GV is offering free shipping on everything through December 31. We will be meeting monthly 1st Sunday of the month at 2:00 at Central Office starting in January. Next meeting is January 6th.

Events Coordinator – Shantaye M. New Christmas Alcothon Chairperson is Jennifer 520-419-3192. The 801 group has their planning meetings each week after their regular meeting which starts at 5:30. All are invited-volunteers needed. Courage to Change will hold NY Alcothon planning meetings starting at 7:00 before their regular meeting on 11/20, 12/4, and 12/18.

Historian – Lynne L. for Alan S. Will have a history exhibit, including our copy of a first edition BB signed by Bill Wilson, at the Thanksgiving Alcothon at the Eastside Meeting Place. I'm requesting members send me photographs of our meeting spaces for the new edition of *Mark on the Gate*. *I have a flyer with details.*

Monthly City-Wide Speaker Potluck Meeting - Rob C. No Report

The Seventh Tradition basket was passed.

Spanish Speaking Liaison – Martin M. No Report

Area Liaison/Vice Chair – JoDe J Attended Nov. Assemb. Motion to authorize \$650 for the delegate to reach out to non-participating groups did not pass. It was felt the local districts should do outreach. The District 11 Secretary position is open.

Al-Anon Liaison – Matt C. No Report

Old Business - None

New Business—November/December Elections -

The following positions are up for nomination today and next month with the election next month (2 year terms):

Historian - Alan is eligible for additional term (Alan was interested in another term)

Grapevine - BJ is eligible for additional term (BJ is interested in running for another term)

Spanish Speaking Liaison - Martin is eligible for additional term

Special Events - Shantaye is NOT eligible for additional term

Secretary - Cheyanne is NOT eligible for additional term (Shantaye volunteered to run for Secretary)

Chair -James is NOT eligible for additional term

CPC - Sue is eligible for additional term

January Elections: All admin subcommittee members at large (1 year term) NOT eligible for additional term except for Dorna.

Intergroup Representative Announcements- Rincon Group will have annual X-mas party Dec. 15 12:00-2:00. Contact Tom T. 909-8080 for details. H.O.F is hosting a Thanksgiving Alcothon at Eastside Meeting Place Nov. 22, 6:30 am - 8:30 pm. Smoke Free Nooners will have coffee, danish, and pie at 6:45 & noon on Thanksgiving day. Thursday Sharing Group will host Santa for kids on Saturday 12-15 at Pima Club. Both Christmas and New Year Alcothon flyers are available on the calendar on our website. TACYPA meets 1st & 3rd Sundays at 2:00 pm at Central Office.

The meeting adjourned with the Declaration of Unity and then I am Responsible at 2:45 pm.

DECEMBER BIRTHDAYS!

801 Group

Patrick S. 9 years
Steven G. 10 years

Hopi Group

Terry Z. 29 years
Marty T. 43 years

Courage to Change

Dean B. 3 years
Lynne L. 40 years

Ironwood Hills Group

Jennifer T. 6 years
Lucille S. 7 years
Thomas S. 20 years
Elena A. 30 years

Morning Shades

Dalia C. 1 year
Larry O. 2 years
Deb B. 6 years
Chris B. 7 years
Mark S. 28 years
Sherrie R. 31 years

TGIF

Bridget S. 19 years
Janie H. 13 years

Freedom Group

Pauline P. 1 year

*Happy
Birthday!*

GROUPS REPRESENTED AT THE NOVEMBER 2018 INTERGROUP MEETING

Courage to Change

801

Foothills Newcomers

Free At Last

Freedom Group

Honest Open and Free

Ironwood Hills

New Beginnings

Our Daily Bread

Overton Sunday Morning

Rincon

Smoke Free Nooners

Sober Living

Solutions Group

Southside

Sun. Night Young People's

T G I F!

The Retired Professionals

Thursday Sharing Group

Tucson into Action Group

Twelve at Twelve

Twelve Stepping Sisters

Upon Awakening

West Ajo Big Book

MEETING SPOTLIGHT

EARLY BIRD MEDITATION

732 N. Stone

(Parking lot on University Blvd.)

Meditation

Monday thru Friday

@ 6:30 A.M.

(O) NS (WH) (05)



Group Contributions thru October 2018 *



11th Step Meditation	227.50	Green Valley Mon. Noon	433.00	TGIF!	250.00
801 Group	182.00	Green Valley Serenity	1,025.00	The Drifters	50.00
911 Group	150.00	GV Serenity Seekers	616.00	The Forum	72.00
A Safe Place for Women	254.51	GV Sober Sisters	140.00	Three Points	100.00
ABC Group	800.00	Happy Hour	120.00	Thurs Nite AA Group	400.00
Airport Area Nooners	1,120.00	Honest, Open, and Free	850.00	Tubac AA Group	1,011.23
Ajo Group	60.00	Hopi Group	722.00	Tucson Into Action	360.00
Amada Nooners	100.00	Houghton Sunset	424.00	Tucson Mens	163.00
Amen Stag	231.86	Ironwood Hills Group	602.26	Twelve at Twelve	900.00
Anonymous Group	195.00	Little House	140.00	Twelve Stepping Sisters	1,033.68
Anonymous Groups/Mtgs.	270.00	Mid-Week Serenity	644.80	Upon Awakening	400.00
Arivaca Group	25.00	Morning Shades	1,000.00	Vail Between the Tracks	622.74
As Bill Leads It	45.00	Never Had it so Good	200.00	Wed. 12 Step Study	228.88
Backdoor Friends	1,000.00	New Beginnings	100.00	West Ajo BB Study	100.00
Big Apple 2	42.00	Northside Group	300.00	West. Primary Purpose	150.00
Big Book Before Work	85.00	Oracle Copper Valley	475.00	Women and the 12 Steps	132.08
Big Book Scholars Meeting	100.00	Oracle Thursday Nooner	50.00	Women By The Book	441.21
Bus. & Professional Men's	374.00	Glum Lot Not	530.27	Women Of Serenity	50.00
By the Book	100.00	Happy Joyous and Free	650.00	Womn Drank Too Much	23.00
Campus Nooners	750.00	Oro Valley Men's Stag	1,350.00	Women's Solutions	862.50
Casa Adobes	100.00	Oro Valley Mon.Noon	125.50	WOW Group	140.00
Cat Mountain Group	275.00	Overton Sun. AM	1,271.53	TOTAL	47,296.67
Catalina Wed Night Mtg	175.00	Oro Valley Step Sisters	40.00		
Clean Air Group	470.00	Survivors Big Book	212.00		
Courage to Change Group	192.00	Vistoso Retreads	318.00		
Desert Drifters	402.00	Women From The Heart	600.00		
District 11-110	1,000.00	Women of Hope	468.00		
Eastside Nooners	840.00	Our Daily Bread	119.60		
Eastside Sat AM's	200.00	Patagonia Group	40.00		
Emotion. Sober thru 12 Steps	95.80	Pink Triangle	150.00		
Faith Not Fear	160.00	Pre-weekenders	421.90		
Final Frontier	710.00	Recovery in Progress	74.00		
Foothills Newcomer	500.00	Retired Professionals	150.00		
Free at Last	250.00	Rincon Group	364.50		
Free to be me	150.00	Safe Place For Women	86.00		
Freedom	60.00	Sahuarita Big Book	200.00		
Fresh Start	50.00	Sahuarita Brand new	80.00		
Friday Morning Fun	660.00	Sahuarita Mon. Night BB	100.00		
From The Promises	120.00	San Xavier Meeting	25.00		
Golf Links Group	816.00	Seeking Guidance	1,050.00		
Good Life	53.00	Smile Group	400.00		
Great Spirit	25.00	Smoke Free Nooners	392.00		
Green	644.00	SNYP	60.00		
GV Afternoon Delight	92.20	Sober Living	251.24		
GV AM Meditation Meeting	50.00	Solutions Group	450.00		
GV Beginners Living Sober	360.00	Something Less Stuffy	65.00		
Green Valley El Sabado	402.78	Southside	1,500.00		
GV Fantastic Breakfast	857.60	Stone Sober	573.00		
Green Valley Happy Hour	360.00	Sun. Morning AA Group	1,220.00		
Green Valley Lamplighter's	75.00	SWACYPA	1,500.00		
Green Valley Men's	600.00	Tanque Verde Loop	219.50		
Green Valley Miracle Group	50.00				

****Please,
when you send
in your Group
Contributions,
list the meeting
name as it is
in the Meeting
Schedule so your
Group can get
credited.
Thank you.***

STEP 12 WORD SEARCH

E C I V R E S O E G
 M F R E G C V E M N
 E Y E E N I U O P E
 S P I R I T U A L R
 S R M E N C S L O V
 A P E I E A O O Y S
 G I E O K R U W E I
 E R Y E A P C E R C
 V I N E W C O M E R
 Y L I M A F C A R Y



CAN YOU FIND THESE
12TH STEP WORDS?

SERVICE EMPLOYER
 MESSAGE LOVE
 AWAKENING PRACTICE
 NEWCOMER SPIRITUAL
 FAMILY

UPDATES TO THE NEW

"TERRESTIAL TEAL" MEETING SCHEDULE

New Meetings

Page 14

A Way Out
 Monday @ 5:30 P.M.
 VA Medical Center
 3601 S. 6th Ave
 Bldg. 60, Rm C108
 Tucson, AZ 85723

Changed Meetings

Little House Mtgs. now
 meet @ 2109 S 6th Ave.

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Our Daily Bread
 Thursday @ 7:15 P.M.
 Eastside Meeting Place
 6061 E. Broadway
 Tucson, AZ 85711

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Women's Solutions
 Saturday @ 9:00 A.M.
 Jewish Community Center
 3800 E River Rd.
 Discussion (C) NS (WH)

Page 56 & 57

Oro Valley
 Lodestar of Hope
 Thursday @ 7:00 P.M.
 New location:
 12111 N. La Cholla Blvd
 Oro Valley, AZ 85755

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Saddlebrook
 Final Frontier Group
 Friday @ 7:00 P.M.
 Community Center
 (Crafts Room)
 64500 E Saddlebrook Blvd
 Tucson, AZ 85739
 Last Friday Open Meeting

To add meeting
 schedule changes
 to the Just for Today,
 contact Central Office
 @ info@aatucson.org
 or call (520) 882-7422

Spanish AA Corner

Spanish Intergroup

NEWEST Office

2241 N. Oracle Road
 Suite #4
 Tucson, AZ 85705
 (520) 622-5112

Secretary:

Rafael

Literature Coordinator:

Fernando

(520) 342-9875

Intergroup Meeting
 held the Last Friday
 of every month

at 7:30pm

@ Spanish Intergroup Office

Tis the Season for.....Alcothons!

For some of us, an Alcothon is a place to see old friends. For others, an Alcothon is a welcome relief, a place for a meeting and coffee, to be near people like us. For still others, an Alcothon is a place to quell the loneliness a holiday season can bring, a safe place to hang out for 24 hours assured that if we stay there, we won't drink. Alcothons are 24 hours of meetings, speakers, food and fellowship. Groups are assigned at various times throughout the 24 hours. (See flyer for details!)

The Christmas and New Years Alcothons are sponsored by Tucson Area Intergroup. (Thanksgiving Alcothons are sponsored by various groups or meeting places). Alcothons carry the message and provide wonderful fellowship and service opportunities. Tucson Area Intergroup pays the rent for a facility, deposits, and provides seed money that allows the Alcothon to purchase beverages and supplies to start it off. To keep expenses to a minimum and to make it great, Alcothons are done as a Pot Luck. Groups and individuals are asked to bring a dish to share, and they do!

This year, the Christmas Alcothon is presented by the 801 Group. The New Year's Alcothon is presented by the Courage to Change and Honest Open and Free groups. So, come join us! See old friends and make some new ones. If you feel out of place, just ask someone how you can be of service, you'll be a part of the solution and you'll have a good time!

Karen W., Tucson, AZ

Too busy for a meeting?

Need to escape from the family?

Holiday insanity getting to you?

Never fear—aatucson.org is here!

Go to www.aatucson.org and

listen to an AA speaker (or two)!

THIRD LEGACY

Tucson Area Intergroup, Inc.

Meets 2nd Sunday Monthly
1:30 p.m. at Central Office

CPC & PI Committee

Meets 4th Wednesday Monthly
5:30 p.m. at Central Office

Treatment Committee

Meets 1st Tuesday Monthly
5:30p.m. at Central Office

Corrections Committee

Meets Quarterly, 3rd Saturday,
January, April, July, October @
10:30 a.m. at Central Office
New volunteer orientation @9:30

Grapevine Committee

Meets 1st Sunday Monthly
2:00 p.m. at Central Office

JFT Stuffing & Mailing

Last Sat. Monthly 9:00 a.m. Ted M.
at theodoremoeller@gmail.com

Bridge the Gap Committee

Meets 1st Sun. Monthly 4:00 p.m.
840 S. Campbell Ave.

DCMC

John N. (520) 398-3259
Alternate: Sarah VP. (520) 200-2456
TAII Liaison: Jode J.(520) 437-2685

District 11-000 Pima County

Meets 3rd Thursday Monthly
7:00 p.m. at Central Office.
6:30 p.m.- new GSA Orientation
All GSRs and DCMs have a voice
and vote at this meeting.

Northwest Sub-District 11-110 & Southwest Sub-District 11-115

Meets 2nd Wed. @ 6:00 p.m.
NW Alano Club
3120 W. Curtis Rd.
DCM: Jo S. (520) 869-8678

Central Sub-District 11-111

Meets 2nd Wed. @ 6:45 p.m.
610 E. Delano #103 Stone Sober
DCM: Shelli H. (520) 429-4178

Eastern Sub-District 11-114

Meets 3rd Wed. @ 6 p.m.
Eastside City Hall
7575 E. Speedway
DCM: Sarah VP. (520) 200-2456

Sub-District 11-119

Meets every 2nd Thurs, 6:00 p.m.
St. Francis Episcopal Church
600 S. La Canada, Green Valley
DCM: Joanne C. (520) 625-3895

Spanish Sub-District 11-122

Meets last Friday @ 7:30 p.m.
Grupo Libertad Meeting Place
5248 S. 12th Ave. 85706
DCM: Ingeborg H. (520) 622-5112

Tucson Area Intergroup, Inc.
840 S. Campbell Avenue
Tucson, AZ 85719

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