

# JUST FOR TODAY

RECOVERY ♦ UNITY ♦ SERVICE

www.aatucson.org

TUCSON AREA INTERGROUP INC.

August 2018

## OUR THREE LEGACIES AUGUST



### STEP EIGHT

#### *Recovery*

*Made a list of all persons we had harmed, and became willing to make amends to them all.*

### TRADITION EIGHT

#### *Unity*

*Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.*

### CONCEPT EIGHT

#### *Service*

*The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.*

## STEP 8: Made a List. Yikes!!!

Step 8 reads, “Made a list of all persons we had harmed and became willing to make amends to them all.” So let’s break that down....

“Made a list....” I sat in bed one night with paper and pen and began the list. Jeez! It seemed “all the persons [I] had harmed” was endless. I added most of my relatives, friends, and some employers and workmates. Then, of course, there was my ex-husband and previous and subsequent boy-friends.

I gazed at the list and felt acute shame. So what did I do? I closed my notebook, lay it on my bedside table, turned out the light and went to sleep.

I don’t recall ever opening it again. It was just too much to see the perceived damage I had done.

So the next bit, “And became willing...” wasn’t happening. At one of the meetings I attended, I heard someone say they were “willing to become willing.” I thought, “Ok. I can do that.” And weeks passed. Then months.

I also remember my sponsor telling me that “the steps are in order for a reason.” Another person suggested I do a step a month. That seemed like a good idea. I was a long way from eight months sober at that point, so I could delay the inevitable, right?

Even though the list itself was long gone, I had it locked in memory. When the time came, I knew who I would start with, and I also knew I’d save the difficult amends until I had some experience in hand. My ego still bruised easily.

Eventually the words, “to make amends” appealed to me not long after I passed the eight-month sobriety mark. Indeed! These steps really are in order for a reason.

Not only was I willing, but I wanted to “sweep off my side of the sidewalk.” I wanted a fresh start and some relief. My offenses weighed mightily, and I really related to a guy named Bruce in my home group who often used the phrase, “drop the rocks.” I also remember old timers telling me that **how** people responded to my amends was none of my business. That was their sidewalk to sweep, not mine. If they were still upset with me, then so be it. I had done what I needed to do to stay sober, and that’s what mattered.

Step 9? Bring it on!!! Not only was I willing, I was ready.

Wendy S., Tucson, AZ

**Join Us For Great Service Opportunities!**

**Bridge the Gap**

Contact:  
Brad F. 247 4736 or Donna T. 490-8222

**Cooperation with the Professional Community**

Contact: Open

**Public Information**

Contact: Fred C. 909-1067

**Treatment:**

Contact: Mike F.  
760-851-8782

**Corrections**

Contact: Tom T. 909-8080

**Grapevine**

Contact: Open

**Events**

Contact: Shantaye M. (516) 993-6023

**TACYPAA**

1st and 3rd Sundays  
2:00 pm @ Central Office

**JFT Stuffing**

Contact: Ted M.  
theodoremoeller@gmail.com  
Last Saturday of the Month @ 9:00 am

**Just For Today Editor**

Contact: Maureen A.  
info@aatucson.org

**Central Office**

840 S. Campbell Ave.  
Tucson, AZ 85719  
(520) 882-7422  
info@aatucson.org

Just for Today is a monthly publication of Tucson Area Intergroup Inc., (TAIL). A one year subscription costs \$12.00. The opinions expressed here are not necessarily those of TAIL or AA as a whole. We welcome your stories, news and comments. The deadline for submission is the 15th of each month. Material may be edited for space and content and cannot be returned.

# Central Office News

The next Intergroup meeting will be on Sunday, August 12, 2018 @ 1:30 PM at Central Office.

We always are in need of people for the Home Answering Service. If you have a year or more of sobriety and want to be involved in this valuable service work please call Jim or Lynne at 882-7422 and set up a training time. It takes about 30 minutes.

We are in need of some 12 Step volunteers. If you have a year or more of continuous sobriety, a telephone and a willingness to help the alcoholic who still suffers, then call 882-7422. Just think, the life you save may be your own.

**Central Office Calls & Web Hits June 2018**



Info: 245  
12 Step: 19  
Web Visits: No Info  
New Visits: No Info  
Returning Visits: No Info



**Treasurer's Report June 2018**

<b>Total Available Funds.....</b>	<b>\$ 19,081.61</b>
Income.....	\$ 12,056.73
Cost of Goods Sold.....	\$ 3,910.31
Gross Profit.....	\$ 8,146.42
Total Expenses.....	\$ 8,465.80
<b>Net Income/Loss.....</b>	<b>\$ -319.38</b>

Current available funds for operating total **\$ 21,089.18** which is equal to 2.5 months operating expenses. We also have established a savings account holding our prudent reserve of \$15,387.05.

**P.Y.M.W.Y.M.I. JUNE 2018**

Elizabeth T., Fernando R., Lynne L., Mark D., Ted M., Edward V., David M., Michael J., Katrina S., Ronda C., John K., Harry O., Cheyanne T., Anonymous X5, Valerie C., Dona P.

**Miscellaneous Income for June 2018**

Received from meetings @ Central Office .....	\$ 1,206.15
PC (Personal Contributions) .....	\$ 609.07
JFT (Just For Today) .....	\$ 60.00
Special Events .....	\$ 1,470.96
<b>TOTAL</b>	<b>\$ 3,346.18</b>

# Tucson Area Intergroup, Inc. (TAII) Committee Meeting Minutes — July 8, 2018

**The meeting was called to order at 1:30 pm.**

**New Intergroup Representatives-** Robert- Campus Newcomers, Wendy D.- Something Less Stuff, Lucy N.- Upon Awakening

**Secretary's Report – Cheyanne T.** Mandy M. motioned to approve the minutes, Jim G. seconded the motion, and the motion passed unanimously.

**Treasurer's Report – Jim W. for Walt W.** We currently have \$19,081.61, or 2.5 months, in operating expenses available.

**Central Office – Jim W.** The payroll taxes have been paid. We have 2 temporary front desk volunteer shifts available; Tuesday and Friday afternoons. Contributions can be made online via PayPal on our website. There are new volunteers working on the website and they are doing a great job, especially the calendar! There are 2 Home Answering Service Shifts available; 4<sup>th</sup> Wednesday from 6 am to 9:30 am and the 2<sup>nd</sup> Saturday from 5:30 pm to 10 pm. We are open 9:30 am- 5:30 pm Monday to Friday. Come down for a cup of coffee and some service.

**Corrections – Ted M. for Tom T.** Dennis is home and feeling much better. We can use more volunteers at the Federal prison off Wilmot. Call Ted at (520)907-7531 if you are interested. There's a speaker meeting on Saturdays at 6pm at the Whetstone yard and it can always use speakers. The Pima County Jail needs a volunteer for Wednesdays from 6-7 pm at the East unit. Contact Jack W. at (520) 906-4888 if you are interested.

**Bridge the Gap – Brad F.** We have received 2 referrals from Phoenix and sent two their way. We are planning to attend the Phoenix Bridge The Gap meeting on July 21<sup>st</sup> to keep communication and cooperation open. We received a response from our Google phone card that was very successful. We attended the last Treatment meeting to talk with them about the services Bridge The Gap offers for those transitioning out of treatment facilities. We are available for presentations at home group meetings.

**Treatment – Mike F.** Las Amigas would like a meeting brought in. Contact Christy at (480)313-0221 if your group is interested. Many groups are bringing meetings into facilities but not coming to the Treatment meeting. Please send your group representative to the monthly Treatment committee meeting. We had Bridge The Gap at our last meeting and look forward to more cooperation with them.

**Public Information (PI) / Cooperation with Professional Community (CPC) – Fred C. / Open** We will be at the Stand Down for Vets on August 15<sup>th</sup> at the LUXE Hotel. On September 23<sup>rd</sup> we will have a workshop based on the "Speaking at Non-AA Meetings" pamphlet.

**Grapevine – BJ** We discussed being more proactive at getting the Grapevine message out.

**Events Coordinator – Shantaye M.** Founder's Day made a net profit of \$70.96. The 801 Group can use help with the Christmas Alcothon. The New Years Alcothon is still looking for a group to chair.

**Historian – Alan S.** Three will be a special meeting with The Great Spirit Meeting and the surrounding Native groups to gather their stories. Date to come.

**Spanish Speaking Liaison – Luis** We have moved to a new office. We received a letter of appreciation for some literature we donated to the VA.

**Area Liaison/Vice Chair – JoDe J.** No Report

**Al-Anon Liaison – Matt C.** No Report

## **Old Business**

### **a. Open Positions:**

i. Grapevine Chair- BJ stood for the chair position and was voted in unanimously.

ii. CPC Chair- still open

iii. Citywide Speaker Meeting Chair (Ad-HOC)- Rob C. stood for the position and was voted in unanimously.

**New Business-** Please send a rep to the CityWide committee meeting. Contact Rob for meeting details. (520)991-2020

**Intergroup Representative announcements-** Shantaye M.- 801 was featured in the July issue of The Grapevine; Mandy M.- SWACYCAA is July 26th-29<sup>th</sup> at the Hotel City Center, Women's Solutions now meets at the JCC; Richard- There is a new campfire meeting on Wednesdays at 7pm, Jim W.- Committee Chairs, please get your reports in before the Intergroup meeting.

**The meeting adjourned with the Declaration of Unity and then I am Responsible at 2:19 pm.**

# AUGUST BIRTHDAYS!

## Ironwood Hills Group

Keree H. 1 year  
 Russell A. 1 year  
 Tom B. 32 years

## Freedom Group

Rachelle K. 7 years  
 Mary M. 28 years  
 Bobbi P. 35 years  
 Jay S. 35 years

## TGIF

Natalie M. 19 years  
 Stacey L. 22 years  
 Jane H. 22 years  
 Marlee R. 25 years  
 Vince P. 27 years  
 Dan W. 34 years

## 801 Group

Matt T. 8 years

## Morning Shades

Eric B. 1 year  
 L J M. 1 year  
 Char S. 2 years  
 John C. 3 years  
 Larry F. 4 years  
 Barbara G. 5 years  
 Lou S. 5 years  
 Don E. 7 years  
 Curt L. 10 years  
 Suzie S. 16 years  
 Rachel K. 17 years  
 Judy E. 27 years

## GROUPS REPRESENTED AT THE JULY 2018 INTERGROUP MTG.

- Afternoon Delight
- Big Apple II
- Campus Newcomers
- Courage to Change 801
- Free At Last
- Friday Morning Fun Group
- Grupo 4 de Enero
- Honest Open and Free
- Ironwood Hills
- Men's Serenity GV
- Morning Shades
- New Beginnings
- Our Daily Bread
- Overton Sunday Morning
- Sahuarita Brand New Group
- Smoke Free Nooners
- Sober Living
- Solutions Group
- Something Less Stuffy
- Southside
- Sunday Night Young People
- SWACYPA
- The Retired Professionals
- Thursday Share
- Tucson into Action Group
- Upon Awakening
- West Ajo Big Book

## MEETING SPOTLIGHT

TUCSON INTO ACTION GROUP

WATER OF LIFE CHURCH

3269 N. MOUNTAIN AVE.

(O) NS (WH) Book Study/Newcomer(19)

Thursday 7:00 P.M.

To add announcements or meeting schedule changes to the Just for Today, contact Central Office @ [info@aatucson.org](mailto:info@aatucson.org) or call (520) 882-7422



# Group Contributions thru June 2018 \*



11th Step Meditation Meeting	180.50	Happy Joyous and Free	200.00	TGIF!	250.00
801 Group	99.00	Honest, Open, and Free	200.00	The Forum	
911 Group	150.00	Hopi Group	442.00	The Lighter Side	
A Safe Place for Women	254.51	Houghton Sunset		Three Points	50.00
ABC Group	350.00	Ironwood Hills Group	452.26	Thurs 11th Step	
Ajo Group	60.00	JDFD		Thurs Nite AA Group	400.00
Airport Area Nooners	795.00	Joe & Charlie BB Study		Tubac AA Group	724.81
Amen Stag	231.86	Little House	60.00	Tucson Into Action Group	160.00
Anonymous	462.00	Men seeking Guidance	1,050.00	Tucson Mens	163.00
Arivaca Group	25.00	Lodestar of Hope		Tues. Nite BB Step Study	
As Bill Leads It	45.00	Midvale Sat AM		Twelve at Twelve	900.00
Backdoor Friends	700.00	Mid-Week Serenity	491.80	Twelve Stepping Sisters	821.29
Between the Tracks	20.00	Monday Night BB	100.00	Upon Awakening	400.00
Big Apple 2	42.00	Morning Shades	1,000.00	Vistoso Retreads	150.00
Big Book Before Work	85.00	New Beginnings	100.00	Wed. 12 Step Study	148.82
Big Book Scholars Meeting	100.00	Never Had it so Good	100.00	Wednesday Night Mens	
Business & Professional Men's		Northside Group	200.00	Weeknight Newcomers	
By the Book	100.00	Oracle Thursday Nooner	50.00	West Ajo BB Study	100.00
Campus Newcomers		Oro Valley Men's Stag	700.00	Westside Primary Purpose	25.00
Campus Nooners	450.00	Oro Valley Mon. Noon	50.50	Women and the 12 Steps	132.08
Cat Mountain Group	200.00	Our Daily Bread	65.50	Women By The Book	441.21
Catalina Wed Night Mtg	145.00	Overton Sun. AM	683.60	Women From The Heart	400.00
Clean Air Group	395.00	Pantano Group		Women of Hope	195.00
Copper Valley Group	325.00	Patagonia Group	40.00	Women Of Serenity	
Courage to Change Group	120.00	Picture Rocks Tues. Night		Women Drank Too Much	23.00
Desert Drifters	152.00	Pink Triangle	150.00	Womn. Weren't Born Yest.	
District 11-110	1,000.00	Pre-weekenders	421.90	Women's Solutions	662.50
Eastside Nooners	540.00	Primary Purpose		WOW Group	140.00
Eastside Sat AM'ers	200.00	Recovery in Progress	74.00	<b>TOTAL</b>	<b>29,934.74</b>
El Sabado (Green Valley)	216.00	Retired Professionals	150.00		
Emotional Sober thru 12 Steps	95.80	Rincon Group	75.00		
Fantastic Breakfast Group	644.00	Safe Place For Women	86.00		
Final Frontier	710.00	Sahuarita Big Book	200.00		
Foothills Newcomer	200.00	Sahuarita Brand new	80.00		
Free at Last	250.00	Smile Group	150.00		
Free to be me	150.00	Smoke Free Nooners	392.00		
Friday Morning Fun Group	300.00	Sober Living	205.03		
From The Promises	120.00	Sober Saturdays			
Get a Life		Society BB Study			
Glum Lot Not	271.27	Solutions Group	200.00		
Golf Links Group	443.00	Solutions on Sunday			
Good Life	53.00	Something Less Stuffey	20.00		
Great Spirit	25.00	Southside	700.00		
Green Valley Afternoon Delight	47.00	Spiritual Kindergarten			
Green Valley Lamplighter's	30.00	Step Sisters			
Green Valley Men's Group	600.00	Stone Sober	573.00		
GV Men Seeking Serenity	427.00	Sunday Morning AA Group	790.00		
Green Valley Miracle Group		Sunday Morning Eastside			
Green Valley Monday Noon	433.00	Sun. Nite Young People's	60.00		
Green Valley Serenity Group	525.00	Sunrise Sobriety			
Green Valley Sober Sisters	140.00	Survivors Big Book Group	212.00		
Green Valley Happy Hour	120.00	Tanque Verde Loop Group	96.50		
Golf Links Group	443.00				
Good Life					

***\*Please, when you  
send in your  
Group  
Contributions,  
list the meeting  
name as it is in the  
Meeting Schedule so  
your Group can  
get credited.***

***Thank you.***

## **Spanish AA Corner**

### **Spanish Intergroup *New Office***

5248 S. 12th Avenue, Tucson AZ 85706

(520) 622-5112

**Secretary:** Rafael

**Literature Coordinator:** Fernando (520) 342-9875

Intergroup Meeting held the Last Friday of every month  
at 7:30pm @ Spanish Intergroup Office

## **CALLING ALL GROUPS!!!**

*The Treatment Committee needs  
representatives from home groups to be a part of  
this committee.*

This is a fun and satisfying way  
to do service work.

Service work is a good thing—it helps carry the  
message and it helps your sobriety.

The Treatment Committee meets  
The 1<sup>st</sup> Tuesday of the month at 5:30 PM  
at Central Office

**Make sure to *elect or draft* a  
Treatment Representative for your group!**

# UPDATES TO THE NEW "ROCKET RED" MEETING SCHEDULE

## New Meetings

### Page 14

A Way Out  
Monday @ 5:30 P.M.  
VA Medical Center,  
3601 S 6<sup>th</sup> Ave Bldg. 60, Rm C108  
(O) NS (WH) Big Book (13)

### Page 32

We Agnostics  
Thursday @ 5:30 P.M.  
Alano Club 4405 E Pima  
(O) S (WH) Discussion (12)

### Page 32

Sober Today  
Thursday @ 6:00 P.M.  
St James United Methodist Church  
3255 N Campbell Av  
(O) NS (WH) BB & 12 & 12 (19)

### Page 51

Twelve and Twelve at 10:00  
Wednesday @ 10:00 A.M.  
Mountain View Church  
3270 Armstrong Ln  
Step Study/Tradition once a month  
(O) NS (WH)

## Deleted Meetings

### Page 10

Lost and Found  
Women's Meeting  
Sunday @ 6:00 P.M.

### Page 19

Mostly Agnostic (Women)  
Tuesday @ 5:00 P.M.

### Page 32

Happy Destiny, Thursday @ 6:00 PM

### Page 55

Marana-Sat. @ 6:30 P.M.

## Changed Meetings

Little House Mtgs. now meet  
at 2109 S 6<sup>th</sup> Ave. 85713

### Page 10

Founder's Path Meeting  
Sunday @ 6:00 P.M.  
Christ Community Church  
530 S. Pantano Rd  
Disc./Hist. Lit. Study (O) NS (WH)

### Page 15

Basic AA  
Monday @ 7:00 P.M.  
Central Office, 840 S. Campbell  
Big Book (No Disc. or Speaker)  
(C) NS (WH)

### Page 42

Women's Solutions  
Saturday @ 9:00 A.M.  
Jewish Community Center

# THIRD LEGACY

## **Tucson Area Intergroup, Inc.**

Meets 2nd Sunday Monthly  
1:30 p.m. at Central Office

## **CPC & PI Committee**

Meets 4th Wednesday Monthly  
5:30 p.m. at Central Office

## **Treatment Committee**

Meets 1st Tuesday Monthly  
5:30p.m. at Central Office

## **Corrections Committee**

Meets Quarterly, 3rd Saturday,  
January, April, July, October @  
10:30 a.m. at Central Office  
New volunteer orientation @9:30

## **Grapevine Committee**

Odd Months, 1st Sunday  
2:00 p.m. at Central Office

## **JFT Stuffing & Mailing**

Last Sat. Monthly 9:00 a.m. Ted M.  
at theodoremoeller@gmail.com

## **Bridge the Gap Committee**

Meets 1st Sun. Monthly 4:00 p.m.  
840 S. Campbell Ave.

## **DCMC**

John N. (520) 398-3259  
Alternate: Sarah VP. (520) 200-2456  
TAII Liaison: Jode J.(520) 437-2685

## **District 11-000 Pima County**

Meets 3rd Thursday Monthly  
7:00 p.m. at Central Office.  
6:30 p.m.- new GSA Orientation  
All GSRs and DCMs have a voice  
and vote at this meeting.

## **Northwest Sub-District 11-110 & Southwest Sub-District 11-115**

Meets 2nd Wed. @ 6:00 p.m.  
NW Alano Club  
3120 W. Curtis Rd.  
DCM: Jo S. (520) 869-8678

## **Central Sub-District 11-111**

Meets 2nd Wed. @ 6:45 p.m.  
610 E. Delano #103 Stone Sober  
DCM: Shelli H. (520) 429-4178

## **Eastern Sub-District 11-114**

Meets 3rd Wed. @ 6 p.m.  
Eastside City Hall  
7575 E. Speedway  
DCM: Sarah VP. (520) 200-2456

## **Sub-District 11-119**

Meets every 2nd Thurs, 6:00 p.m.  
St. Francis Episcopal Church  
600 S. La Canada, Green Valley  
DCM: Joanne C. (520) 625-3895

## **Spanish Sub-District 11-122**

Meets last Friday @ 7:30 p.m.  
Grupo Libertad Meeting Place  
5248 S. 12th Ave. 85706  
DCM: Ingeborg H. (520) 622-5112

## CAN YOU FIND THESE STEP 8 WORDS?

P N W E A T S G L G S	LOVE
E A I I S G G V O N E	
E R L I V Y N T A G M	LIST
L S L I S V I S P S F	WILLINGNESS
L M I I S A V S R E G	FORGIVENESS
E I N O G L I G A I M	
W F G I O E G R Y L S	HARMS
N G N V I E S I E M R	FEAR
S S E N E V I G R O F	MISGIVINGS
I I S N N E M A O S R	
L S S E R S H M R N S	PRAYER

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