

JUST FOR TODAY

UNITY ♦ SERVICE ♦ RECOVERY

www.aatucson.org

TUCSON AREA INTERGROUP INC.

August 2017

OUR THREE LEGACIES AUGUST

8

STEP EIGHT

Recovery

Made a list of all persons we had harmed and became wiling to make amends to them all

TRADITION EIGHT

Unity

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers

CONCEPT EIGHT

Service

The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities

STEP 8: LOVE

The eighth word on my 3" x 5" card was LOVE. My sponsor explained to me that with Step Eight, I would begin to practice *unconditional love*. She said that Love incorporated many things; understanding, appreciation, gratitude, compassion, and forgiveness.

She had me make a list of the people and things I had harmed. This list included my two sets of parents, two ex-husbands, my sister, aunts, uncles, cousins, friends, boyfriends, and the Government for the student loans I had not repaid. Next to each item, I was to write how I had harmed them. I was to look at each one with unconditional love and see how my behavior had hurt them. I was not to play the blame game to justify my harmful behavior as being a natural reaction to their harmful behavior. The hardest people to practice this unconditional love on were my four parents, two ex-husbands and a few ex-boyfriends. The person on the list I had the most trouble with was my birth father, the alcoholic. I assured my sponsor that the harm he had done me was twenty times worse than any harm I had done him. I still harbored a resentment against him as deep as the ocean and did not think he deserved any amends at all!

So, my sponsor directed me to the chapter in the Big Book called "Freedom from Bondage". At the end of the story was a way to pray for someone that I had a resentment against. I was to pray for the person, asking that the person have all the good stuff I wanted for myself. I was to pray faithfully every day and at the end of two weeks, the resentment would be gone and in its place would be forgiveness. I didn't want to forgive my father; that would be letting him off the hook, condoning his behavior. My sponsor said that forgiveness was not condoning bad behavior, it was about releasing the deep pain and hurt I had been carrying inside for years.

Well, it took me three and a half months to get to forgiveness. I had to write my prayer down, every night, because when I tried to say it, half-way through, I'd start yelling at my Higher Power that the S.O.B. did not deserve any of it. Finally, I got there. I realized my father was an alcoholic like me and I began to have understanding and compassion for him. I realized that I too, had done damaging and hurtful things to people I supposedly loved.

Now, I was willing to look at what kind of daughter I had been. I did love my father, but I had no respect; only contempt for him. I bad mouthed him all the time and blamed him for almost all my troubles. I figured he owed me big time—"war reparations"—and tried to bilk him of everything I could, while giving nothing back.

Finally, I was ready to make amends to him and subsequently to all the others on my list. My sponsor also suggested that I practice unconditional Love in all my affairs. And I do. And believe me, I also use that prayer all the time!

Lynne L., Tucson To be continued...

Join Us For Great Service Opportunities!

AA of the Air

Contact: Open

Cooperation with the Professional Community

Contact: Susan K. 977-8371

Public Information

Contact: Ken C. 245-7287

Treatment

Contact: Elizabeth R. (928) 642-5586

Corrections

Contact: Tom T. 909-8080

Grapevine

Contact: Dennis W. 977-8149

Events

Contact: Shantaye M. (516) 993-6023

TACYPAA

1st and 3rd Sundays
2:00 pm @ Central Office

JFT Stuffing

Contact: Patty C. 232-4080
Last Saturday of the Month @ 9:00 am

Just For Today Editor

Contact: Maureen A.
info@aatucson.org

Central Office

840 S. Campbell Ave.
Tucson, AZ 85719
(520) 882-7422
info@aatucson.org

Just for Today is a monthly publication of Tucson Area Intergroup Inc., (TAII). A one year subscription costs \$12.00. The opinions expressed here are not necessarily those of TAIL or AA as a whole. We welcome your stories, news and comments. The deadline for submission is the 15th of each month. Material may be edited for space and content and cannot be returned.

Central Office News

We still need a group to volunteer to host the Christmas Alcotthon. Please call Central Office if your group is interested.

We always are in need of people for the Home Answering Service. If you have a year or more of sobriety and want to be involved in this valuable service work please call Jim or Lynne at 882-7422 and set up a training time. It takes about 30 minutes.

We are in need of some 12 Step volunteers. If you have a year or more of continuous sobriety, a telephone and a willingness to help the alcoholic who still suffers, then call 882-7422. Just think, the life you save may be your own.

The next Intergroup meeting will be on August 13, 2017 @ 1:30 PM at Central Office.

Central Office Calls & Web Hits June 2017



Info: 274
12 Step: 21
Web Visits: 1,372
New Visits: 37%
Returning Visits: 63%



Treasurer's Report June 2017

Total Available Funds	\$33,889.19
Income.....	\$12,649.66
Cost of Goods Sold.....	(\$3,549.64)
Gross Profit.....	\$9,100.02
Total Expenses.....	\$10,793.82
Net Income/Loss	\$1,693.80

Current available funds for operating total \$33,889.19 which is 61% of our 'Prudent Reserve' of \$55,631.90

P.Y.M.W.Y.M.I. June 2017

Elizabeth T, Fernando R, Jim W x 2,
John K, Valerie C, Lynne L. x 2,
Anonymous x 2, David M., Katrina S x 2, Judith V.

Miscellaneous Income for June 2017

Received from meetings @ Central Office	\$ 725.61
PC (Personal Contributions)	\$ 498.00
Special events	\$ 1728.17
TOTAL	\$ 2,951.78

Tucson Area Intergroup, Inc. (TAII) Committee Meeting Minutes — July 9, 2017

The meeting was called to order at 1:30 p.m. with the Serenity Prayer

New Intergroup Representatives- Kat A.- Southside, Matt L.- Get a Life Group

Secretary's Report – Cheyanne T. After the secretary's glorious return, Geri O. motioned to approve the June minutes, Stacia seconded the motion, the motion passed.

Treasurer's Report and Dark Meetings (Ad-Hoc)– Dana L. We are at 61% of our prudent reserve, which is better than last month but can still be improved. We always look better on the report than we actually are because we pay all of our bills right after. Please remember that along with your group's contributions, you can always make your own personal contributions. We have 99 dark meetings that still need attending. A few former dark meetings have now either been represented at Intergroup or have made contributions.

Central Office – Jim W. The federal and state quarterly taxes have been paid. We have one Home Answering Service shift available; the 4th Saturday of the month from 1:30 p.m.-5:30 pm. Founder's Day was a success! Thank you to all who helped. The 801 Group has offered to chair the NY Alcathon but will need help. The Christmas Alcathon still needs a group to commit to chair. The 2017 Arizona State Convention will be held in Prescott, September 26th through October 1st, 2017. Central Office is open Monday through Friday 9:30 a.m.-5:30 p.m. Feel free to stop by for coffee, a chat, and some service work.

Corrections – Tom T. Corrections Committee is always looking for new volunteers. We are currently in need of men for the county jail meetings. We are having a 5th Step workshop at Arizona State Prison Complex Tucson, August 3rd 5 p.m.-8 p.m. We will need non-badged volunteers with at least 3 years sobriety for this workshop. Please call Dennis W. if interested. District 11 voted not to take on the Corrections committee, so we will happily and humbly remain with Intergroup.

Bridging the Gap – Dante G. BTG received a request out of Yuma last month for someone transitioning to Tucson. They were unaware of BTG and the committee will look more into the best way to get the message out. We recently gave a presentation at the Rincon Yard. We also attended the Veteran's Fair and found there is not much need for us there.

Treatment – Jim W. There were 6 attendees at the last meeting but no chair.

Public Information / Cooperation with Professional Community – Susan K. & Ken C. There were 7 home groups represented at our June meeting. The committee participated at 3 events in June; Founder's Day, a V.A. Health Fair, and The San Xavier Alcathon. We have no events coming up in July, which is not uncommon. We are continuing to provide literature to public libraries. The committee discussed bus stop ads and after more research, realized they are expensive and beyond our budget. Banner University Medical Center Kino Campus requested literature, the committee will provide this to them. The hospital also indicated they would be interested in having meetings. Ken gave them the contact information to Central Office to contact the Treatment Committee. A member suggested we could do more to carry the message to police departments and sheriffs departments via the letter in the CPC manual.

Grapevine – Dennis W. There were 9 attendees at our last meeting. The committee will be having a funny Grapevine workshop July 29th at Central Office from 2 p.m.- 4 p.m. We are currently working on an amends workshop for September as the Grapevine just came out with an amends book.

Events Coordinator – Shantaye M. Southside did a great job hosting Founder's Day! They came in above expenses by \$298.17. No one has committed to the Christmas Alcathon. The 801 group will hold elections for the New Years Alcathon at their next business meeting and they can really use help.

Historian – Alan S. I attended the San Javier Alcathon to pass out questionnaires. I am currently trying to reach-out to an old timer who now lives out of state. We will be adding the questionnaire to the website to turn in electronically. If anyone has information on the Tucson 50th anniversary presentation by Wally P. from February 1993, please contact me.

Spanish Speaking Liaison – Katrina S. A service forum is coming up in August, Spanish Intergroup will be represented. Having some answering service struggles.

Area Liaison/Vice Chair – Ted M. There are 2 topics for the coming August assembly. There is a motion that Area 03 move forward in having a PSA in English and Navajo to air on 6 radio stations. Would cost \$600. General consensus is for the motion to move forward. The pamphlet "Members of the Clergy ask about Alcoholics Anonymous" has a section about what an AA meeting is like. Thinking to add the "Blue card language".

Al-Anon Liaison – Mike M. No report

Old Business Elections were held for the Treatment Committee chair position, no one elected. Ted will reach-out to Elizabeth R. who has expressed interest in the position.

New Business- none

The meeting adjourned with the Declaration of Unity and The Responsibility Pledge at 2:50 pm.

Spanish AA Corner

Spanish Intergroup New Office

2914 E 22nd Street
 Tucson AZ 85713
 (520) 622-5112

Secretary: Diego

Literature Coordinator:

Fernando (520) 342-9875

Intergroup Meeting held the
 Last Thursday of every month
 @ 7:30pm at the
 Spanish Intergroup Office

GROUPS REPRESENTED AT THE JULY 2017 INTERGROUP MEETING

Between the Tracks
 Courage to Change
 801
 Free at Last
 Freedom Group
 Get a Life
 Golf Links
 Honest Open and Free
 Little House
 Morning Shades
 Our Daily Bread
 Rincon
 Sahuarita Brand New Group
 Sober Living
 Southside
 Stone Sober
 The Retired Professionals
 T G I F!
 Tubac
 Tucson Into Action Group
 Women's Solutions

AUGUST BIRTHDAYS!

Golf Links Group

Casey 6 years

Ironwood Hills Group

Jim G. 27 years
 Tom B. 31 years

Freedom Group

Adam H 1 year
 Rachelle R 6 years
 Mary M 17 years

Bobbie P 34 years
 Jay S 34 years

Morning Shades

Bill M 1 year
 Char S 1 year
 John C 2 years
 Larry F 3 years
 Lou S 4 years
 Don E 6 years
 Curt L 9 years
 Suzie S 15 years
 Judy E 26 years

801 Group

Matt T. 7 years

To add any announcements
 or meeting schedule
 changes to the
 Just for Today, call
 Central Office @
 882-7422
 or email
 info@aatucson.org

UPDATES TO THE "GAMMA GREEN" MEETING SCHEDULE

Changed Meetings

Page 12

"Early Bird Meeting" is now "Early Bird Group." Everything else is the same.

Page 18

Women Who Weren't Born Yesterday
Unity Church Tucson
3617 N Camino Blanco
Annex Rm 3, 85718
Tuesday 11:00 AM

Page 21

Free At Last Group
St. Paul's United Methodist Church
8051 E. Broadway
In the "A Frame Room" 85710
(O) NS (WH) Literature Mtg.
Speaker last Tuesday (11)
6:30 PM

Page 21

Desert Drifters Group
"R on 5th St." should read
"R on 9th St."
Everything else is the same

Page 26

Mid-Week Serenity
Temple Emanu-El
Education Wing (S. Side)
225 N Country Club 85716
(O) NS (WH) Discussion (16)
6:00 PM

Page 27

Maintaining Group - 7:30 PM (O)

Page 28

"Little House 3.0" is now
"We Plead the 5th"

Page 29

"Sobriety in Progress" should read
"Recovery in Progress."
Everything else is the same.

Page 34

Tucson Into Action Group
Meets at 7:00 PM
Everything else is the same

Page 38

Take a Break Meeting
now meets at 5:00 PM

Page 45

Saturday Night Beginner's Meeting
Lord of Grace Lutheran Church
7250 N Cortaro Rd
(O) NS (WH) Discussion (43)
Saturday 6:00 PM

Page 48

Grupo La Casita
Little House 840 S. 6th Ave.
Libro Alcohólicos Anónimos
Lectura & Discusión
Tuesday 5:30 to 6:30 PM

Page 55

Morenci

Trail to Sobriety Group
Basha's Grocery Store - upstairs
Morenci, 85540
Monday, Wednesday and Friday
(O) NS Discussion 6:30 PM

Page 55

Oracle

"Copper Mountain Group" should read
"Copper Valley Group."
Everything else is the same.

Page 57

Picture Rocks

"Picture Rocks Tuesday Night Group"
Changed to "As Bill Leads It."
Everything else is the same.

New Meetings

Page 10

Lost & Found Women's Meeting
Stone Sober Meeting Place
610 E. Delano #103
Tucson, AZ 85705
(1 blk S. of Ft. Lowell, W of 1st Ave.)
(O) NS (WH) Discussion /
Speaker last Sunday
Sunday 6:00 PM

Page 14

Power Greater Than Alcohol
Central Office
840 S. Campbell Ave.
Tucson, AZ 85719
(O) NS (WH) Discussion (19)
Monday 5:30 PM

Pages 14 & 25

Drivetime: Young People &
Professionals Group
Rincon Recovery
3895 N. Alvernon Way
(O) NS (WH) Discussion,
Speaker, Big Book (18)
Meets Mon. & Wed. 5:30 PM

Page 20

Mostly Agnostic (Women)
Mostly Books 6208 Speedway
(O) NS (WH) Discussion (12)
Tuesday 5:00 PM

Page 26

No Big Deal
Sunrise Chapel
8421 E Wrightstown Rd
(O) NS (WH) Big Book (15)
Wednesday 6:00 PM

Page 33

Emotional Sobriety Thru the 12 Steps
St Philip's Church
(La Parroquia Bldg.)
4440 N Campbell Ave
(O) NS (W) Literature /Discussion
Thursday 6:30 PM

Page 46

Big Apple II Speaker Meeting
Eastside Meeting Place
6061 E. Broadway Blvd. #128
(C) NS (WH) (Men & Women)
Speaker, Anniversary celebration
last Saturday of the month
Saturday 7:00 PM

Page 46

Spirit of Rotation
Alano Club Annex
4405 E. Pima Street
(O) S (WH)
Saturday 8:45 PM

Page 47

Grupo Frontera
1012 N Grand Ave #11
Nogales
Mon thru Sat 7:30 PM
Sunday 12:00 PM

Page 51

Catalina

Big Book Scholars Meeting
Mountain View Church
3270 E. Armstrong Ln.
(O) NS (WH) Big Book (39)
Tuesday 10:00 AM

Page 55

Oracle

Oracle Thursday Nooners Meeting
St. Helen Church
66 E. Maplewood St.
(College Dr. & American Ave.)
(O) NS (WH)
Thursday 12:00 PM

Page 55

Oracle

Trowbridge Hall
705 American Ave.
Oracle, AZ 85623
(O) NS (WH) Discussion / Big Book
Wednesday 6:00 PM

New meetings continued on page 6

STEP 8 WORD SEARCH

P N W E A T S G L G S
 E A I I S G G V O N E
 E R L I V Y N T A G M
 L S L I S V I S P S F
 L M I I S A V S R E G
 E I N O G L I G A I M
 W F G I O E G R Y L S
 N G N V I E S I E M R
 S S E N E V I G R O F
 I I S N N E M A O S R
 L S S E R S H M R N S



CAN YOU FIND THESE
8TH STEP WORDS?

LOVE HARMIS
 LIST FEAR
 WILLINGNESS MISGIVINGS
 FORGIVENESS PRAYER

New meetings—continued from page 5

Page 57
Rio Rico
 Grupo Recuperación
 1221 W Frontage Rd Exit 17
 Rio Rico, AZ 85648
 Spanish Speaking Speaker
 (O) NS (WH)
 Mon-Fri 7:30 PM

Page 22
 Enchanted Hills Group
 Enchanted Hills
 Baptist Church
 Tuesday 8:15 PM
Page 29
 Doing the Big Book
 Thursday 8:00 AM

Page 57
Pearce
 The Sunsites Big Book Study
 Sunsites Community Center
 1216 East Treasure Road
 Pearce, AZ 85625
 (O) NS (WH)
 Sunday 6:30 PM

Page 40
 Joe and Charlie Big Book
 Friday 7:30 PM

Page 46
 Smoke Free Nooners
 3620 N. 1st Ave. #48
 Saturday 9:00 PM

Page 59
Tubac
 Early Sobriety
 Tubac Community Center
 50 Bridge Road
 Tubac, AZ 85646
 Discussion (O) NS (WH)
 Thursday 6:15 AM

Page 46
 Smoke Free Nooners
 3620 N. 1st Ave. #48
 Saturday 9:00 PM

Page 57
Patagonia
 12 X 12 Book Study
 Sunday 8:00 AM

Deleted Meetings
Page 7
 Sun. Morning Eastside Group
 TWC Main Hospital
 8:30 AM

Page 58
Sahuarita
 Principles B4 Personalities
 Saturday 7:30 AM

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NEED A SPONSEE?

NEED A SPONSOR?

GET OUT OF YOURSELF!

HELP THE NEWCOMERS!

GET SUPPORT!

ATTEND A GREAT MEETING!

COME TO THE

SMOKE FREE NOONERS GROUP

Newcomers Meeting

3620 N 1st Ave. #48

NE corner of Prince & 1st Ave.

7:00 P.M. Tuesday

(O) NS (WH)

Speaker/Discussion

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Group Contributions thru June 2017

12 @ 12	185.00	Message & Principles Group	400.00
12 and 12 Group	650.00	Midday Meeting	150.00
911 Group	300.00	Midvale Sat AM	300.00
ABC Group	112.00	Mid-Week Serenity	150.00
Afternoon Delight Group	28.40	Monday Noon Group	405.00
Airport Area	125.00	Northside Group	200.00
Airport Area Nooners	221.00	Oro Valley Monday Noon Group	208.00
Ajo Group	60.00	Oro Valley Men's Stag	1,000.00
Arivaca Group	25.00	Our Daily Bread	96.00
Amen Stag	79.00	Overton Sun. AM	490.06
Backdoor Friends	750.00	Patagonia Group	53.00
Basic AA	60.00	Pantano Group	80.00
Biz & Professional Men's	57.00	Picture Rocks Tuesday Night	60.00
By the Book	17.99	Primary Purpose	60.00
Campus Nooners	300.00	Recovery in Progress	200.00
Catalina Wed Night Mtg	197.00	Pre-Weekenders	258.00
Copper Mountain Group	340.00	Retired Professionals	480.00
Clean Air Group	155.00	Rincon Group	602.00
Desert Drifters	146.00	Sahuarita Big Book	200.00
Dove Mountain Group	500.00	Saturday Serenity Meeting	500.00
Eastside Nooners	260.00	Smile Group	200.00
Eastside Sat AM'ers	410.00	Smoke Free Nooners	1,280.39
El Sabado	340.77	Sober Living	675.13
Experience, Strength & Hope	83.00	Sober Saturdays	16.00
Faith Not Fear Group	105.00	Sober Sisters	100.00
Final Frontier	324.00	Society BB Study	500.00
Foothills Newcomers	200.00	Solutions on Sunday	150.00
Foothills Newcomer	160.00	Solutions Group	1,214.00
Free at Last	220.00	Southside	600.00
Forum Meeting	169.43	Step Sisters	145.00
Free Spirit Group	50.00	Spiritual Kindergarten	50.00
Friday Morning Fun Group	512.00	Stone Sober	834.00
From The Promises	200.00	Sunday Morning Eastside	150.83
Friday Newcomer Fellowship	700.00	Sunday Morning AA Group	191.50
Get a Life	450.00	Tanque Verde Loop Group	193.00
Golf Links Group	240.00	TGIF!	325.00
Good Life	210.82	Three Points	50.00
GV Fantastic Breakfast	300.00	Thurs 11th Step	345.00
GV Lamplighters	175.00	Tubac AA Group	460.00
GV Men's Group	600.00	Tucson into action	320.00
GV Serenity Group	25.00	Tucson Mens	100.00
GV Monday Noon Group	100.00	Tuesday Nite BB Step Study	20.00
Happy Destiny	31.85	Twelve Stepping Sisters	275.91
Happy Joyous and Free	350.00	Vistoso Retreads	570.00
Honest, Open, and Free	700.00	Wed. 12 Step Study	264.25
Hopi Group	525.00	Wednesday Night Mens	100.00
Houghton Sunset	202.00	Weekday Nooners	200.00
Iron Hills Group	100.00	West Ajo BB Study	100.00
Joe & Charlie BB Study	42.00	Westside Primary Purpose	90.00
Lighter Side	53.85	Women By The Book	137.50
Little House	120.00	Women of Hope	150.00
Lodestar of Hope	600.00	Women From The Heart	400.00
Men Seeking Guidance	1,683.00	Women Solutions	488.00
		Women Who Weren't Born Yesterday	548.80
		TOTAL	32,631.18

THIRD LEGACY

Tucson Area Intergroup, Inc.

Meets 2nd Sunday Monthly
1:30 p.m. at Central Office

CPC & PI Committee

Meets 4th Wednesday Monthly
5:30 p.m. at Central Office

Treatment Committee

Meets 1st Wednesday Monthly
6:00 p.m. at Central Office

Corrections Committee

Meets Quarterly, 3rd Saturday,
January, April, July, October @
10:30 a.m. at Central Office
New volunteer orientation @9:30

Grapevine Committee

Odd Months, 1st Sunday
2:00 p.m. at Central Office

JFT Stuffing & Mailing

Last Saturday Monthly 9:00 a.m.
Contact Patty C @ 232-4080

Bridge the Gap Committee

Meets 1st Sunday Monthly 4:00
p.m. 2301 N. Country Club Rd.

DCMC

Cheryl P. (209) 423-6440
Alternate: Aldofo (520) 943-1585
TAII Liaison: Ted M. (520)907-7531

District 11-000 Pima County

Meets 3rd Thursday Monthly
7:00 p.m. at Central Office.
6:30 p.m. - new GSA Orientation
All GSRs and DCMs have a voice
and vote at this meeting.

Northwest Sub-District 11-110 & Southwest Sub-District 11-115

Meets 2nd Wed. @ 6:00 p.m.
NW Alano Club
3120 W. Curtis Rd.
DCM: Clay R. (520) 668-2666

Central Sub-District 11-111

Meets 2nd Wed. @ 6:45 p.m.
610 E. Delano #103 Stone Sober
DCM: Susan B. (520) 344-1076

Eastern Sub-District 11-114

Meets 3rd Wed. @ 6 p.m.
Eastside City Hall
7575 E. Speedway
DCM: Kathy R. (520) 668-7304

Sub-District 11-119

Meets quarterly. Next Meeting:
Thursday Sept. 14 @ 6:00 p.m.
St. Francis Episcopal Church Library
600 S. La Canada, Green Valley
DCM: John N. (520)398-3259

Spanish Sub-District 11-122

Meets 1st Monday @ 7:30 p.m.
Spanish Intergroup Office
2914 E. 22nd Street
DCM: Adolfo R. (520) 443-1585

Tucson Area Intergroup, Inc.
840 S. Campbell Avenue
Tucson, AZ 85719

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