# Just For Today

*Recovery.Unity.Service.*

www.aatucson.org Tucson Area Intergroup Inc. August 2011

## Our Three Legacies August

# 8

### Step Eight: (Recovery)

Made a list of all people we had harmed and became willing to make amends to them all.

### Tradition Eight: (Unity)

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

### Concept Eight: (Service)

The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

*Keeping an open mind is a virtue, but not so open that your brains fall out.*

*-James O.*

Believing in nothing by the time I arrived in AA, I heard, for the first time in my life, about "God *as we understood Him*." With a nearly audible sigh of relief, I saw that nobody in AA argued about whose Higher Power was higher. My new friends said, "Just approach God on the basis of *your* understanding."

Moved by their interest and love, I began to live with a newfound hope and direction and slowly started to work with the Twelve Steps. A written inventory after a year of sobriety, then a Fifth Step, and I experienced an awareness of God that was new and strengthening. Halting efforts with Steps Six and Seven seemed to make some improvements in me. My relationships with God and with other people were on different ground, and my life was demonstrably better.

Waiting as long as I possibly could, I finally went from there into the amends Steps: Eight and Nine. Apologizing has never been my favorite activity. Rather, I've been influenced by the person who exclaimed, "I may have my faults, but being wrong is not one of them."

Pain, my most effective motivator, finally moved in and made the decision for me. I made a list of those I had harmed. In my opinion, that list should be written and should include *everyone* ever harmed, whether they are alive or dead, whether or not it is possible to find them, whether or not amends "would injure them or others." I think we should write the complete list first, then begin deciding what to do in each case.

On the question of someone who deserves amends but can't be found, an AA friend of mine in Chicago has a precise answer. He asks, "If he owed you money, do you think you could find him?"

Early in my sobriety, I made a substantial production of looking up some people in other parts of the country I owed money to from my drinking years. I paid them and basked in their complimentary responses to the repayment. As with many things in my life, I created a mild tumult about this and managed to mention it to most AA friends of mine, regardless of what we were discussing.

In making my amends list, however, I assiduously overlooked those who were close to me, those who had put up with me when no one else would, those who had bought me out of trouble, who had been shriveled by my sarcasm, frightened by my anger, and appalled at my complete lack of concern for anyone else. I was so busy "making amends to myself" and



(Editorial continued Pg. 6)

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# Please Join Us...

**Get connected with great service opportunities outside of the home group!**

**AA of the Air**
**Contact:** Jim H. 808-5495

**Cooperation with the Professional Community**
**Contact:** Adina S. 245-5965

**Public Information**
**Contact:** Nancy W. 204-2500

**Treatment**
**Contact:** Pat S. 405-0965

**Corrections**
**Contact:** Richard N. 808-5023

**Grapevine**
**Contact:** John A. 271-8183

**Just for Today editor**
**Contact:** Camille A.
**at info@aatucson.org**

## Central Office

**840 S. Campbell Ave.**
**Tucson, AZ 85719**
**(520)882-7422**
**Info@aatucson.org**

Just for Today is a monthly publication of Tucson Area Intergroup Inc., (TAII). A one year subscription costs $12.00. The opinions expressed here are not necessarily those of TAII or AA as a whole. We welcome your stories, news and comments. The deadline for submission is the 15th of each month. Material may be edited for space and content and cannot be returned. Please send your submissions to info@aatucson.org.

**Miscellaneous Income For June 2011**

| | |
|---|---|
| JFT | $5.00 |
| Personal Contributions | 747.00 |
| Received from meetings at Central Office | 651.18 |

# Central Office News

The next Intergroup meeting will be a Sunday, August 14th @1:30pm.

We need a Group or individuals to Chair the New Years Alcothon. It will be at the Women's Club this year. Please ask your Home Groups and let us know who is willing to pick up this ball!

If you have a year or more sobriety and want to be involved in this valuable service work please call Reggie or Lynne at 882-7422 and set up a training time. It takes about 30 minutes.

We are in need of some 12 Step volunteers. If you have a year or more years of continuous sobriety, a telephone and a willingness to help the alcoholic who still suffers, then call
882-7422. Just think, the life you save may be your own.

## Central Office Calls

June 2011
Info:487
12 step: 52

## Treasurer's Report June 2011

**Total Available Funds.....$41,417.09**

| | |
|---|---|
| Income | $6,844.53 |
| Cost of Goods Sold | (2,923.61) |
| Gross Profit | 6,920.92 |
| Total Expenses | 7,361.42 |
| Net Income/Loss | -440.50 |

**Current available funds for operation total $41,417.09 which is 89% of our 'Prudent Reserve' of $46,650.00**

**Tucson Area Intergroup, Inc. (TAII) Committee Meeting**

# Minutes - July 10, 2011

**Intergroup Chair-Ned B.**
Opened the meeting at 1:30 with the Serenity Prayer.
**New Intergroup Reps-**
Mike B.-Men Seeking Guidance, Dave M.- Southside Group, Nancy W.- Our Daily Bread, Matt D.-Footloose, Terry S.- ABC Group, Roger S.- Solutions Group
**Secretary's Report- Rhys B.**
Minutes were accepted.
**Treasurer's Report- Sylvia R.**
The prudent reserve is $41,796.36. This is 89% of the recommended amount. The proposed budget estimate is $46,650.00 for the next six months.
**Central Office Report-Reggie T.**
-We are in need of 12 step volunteers. I will pass out some 12 Step cards and I will hope to get dome back with willing people who would want to help the alcoholic who still suffers. There is a HAS shift opening on the 4th Sunday from 5:30 PM to 10:00 PM.
-We are also in need of a Home Group who is willing to take over the stuffing and mailing of the Just for Today newsletter. It's a once a month commitment and we will train. The stuffing and folding happens here, usually the last Saturday of the month at 9 am. It takes about 5 volunteers and someone who is willing to be responsible for going to the post office. It's a great way to fellowship, and a way to get to know some of your home group members better.
-We also need a Home Group to Chair the New Years Alcothon. Christmas is covered, but we really need to start talking about New Years now.
-The literature I'd like to spotlight this month is "Mark on the Gate". It is the story about how AA got started in Tucson. I've read it and can recommend it wholly. It is only $4.00, and a bargain at that.
-Our next Intergroup meeting is August 14, hope to see you here.
**Corrections Report- Richard N.** No report
**CPC/PI (Cooperation with the Professional Community/Public Information) Report- Nancy W./Adina S.**
The May CPC/PI meeting was held on Wednesday, May 25th. Eight (8) individuals attended
**High School Liasion:** Looking for someone to lead this effort in the fall.
**Pamphlet Distribution**: Pamphlets were distributed city-wide.
**Other:** Working on getting someone to chair the CPC/PI Workshop this fall.
**PSA'S:**-Radio 92.9 The Mountain and 91.3 – We are pursuing to do PSAs at these stations --TV: PSA aired July 4th and will air on Labor Day. Additional PSA's ordered and will contact Public Access and other stations.
**Future Events:**
**--Annual Southwest School for Behavioral Services Conference is Aug. 21-26th.**
We will support this event by having a table in the exhibit hall (August 22-25) at Loew's Ventana Canyon Resort and have 3 open evening AA meetings (August 22 – 25).
--**Oro Valley Police Department**: On August 13, a speaker will share her experience, strength and hope with young people.
--**TMC/Senior Services –** We have two confirmed speakers for November!
--**Area Assembly**: August 26 – 28. Area Assembly members offered to partner with local members at the Assembly.
**Next CPC/PI Meeting: July 27th at 5:30 at Central Office! ALWAYS THE 4th WEDNESDAY OF THE MONTH.**
Respectfully submitted, Nancy W. and Adina S., CPC/PI Co-Chairs
**Treatment Committee Report-Pat S.**
My name is Patrick S. and I am the Treatment Facilities Committee Coordinator for TAII. Our committee meets on the 2nd Thursday of the month at 6 pm here at central office. Our next meeting will be August 11th. I am continuing to update our facilities list and contacting groups and individuals who are taking meetings into various treatment facilities, halfway houses, etc. If you know of specific meetings that are in need of outside support, please contact me.
-I would like to encourage continued communication from our Intergroup Representatives by having your group Treatment Reps contact me so I can streamline the process of updating our current list of volunteers and facilities being served. If you would like me to attend your group business meeting, Contact me and I will be happy to attend and answer any questions you have.
-Do you have a desire to be involved and can't commit to a weekly meeting? Contact me and I will add your name to a list of those willing to be speakers or fill in on a temporary basis.
**Bridging the Gap:**
On June 15th, I spoke with Richard S., Area 03 Bridging the Gap coordinator about further developing contacts for this program in Tucson. I am sending around a signup sheet for anyone who is interested in being a point of contact for AA's leaving treatment or correctional facilities.
**New Meeting:**
Coming Home –Sober living for Veterans is looking for speakers to share on the **Last Tuesday** of the month. Contact me or Barbara F. @ 780-7502 or 322-6980 for more information

# Minutes - Continued

**Thanks to:**
Greg from HOF for taking over the Saturday 7 pm speaker meeting at Amity
Feel free to contact me via email, pscott2372@cox.net, or by phone at 520-405-0965. Thank you for allowing me to be a part of General Service. Yours in service,
Patrick S.

**Hispanic Liaison- Tony G.**
The Hispanic Intergroup is still reorganizing. On July 1st they began to implement all the guidelines for financial matters, for their Literature Committee, for the Public Information Committee, and the Phone-Answering service. Great progress is being made in the restructuring.

**AA of the Air- Jim H.**
No Report

**Grapevine Committee Report-John A.**
Upcoming 2011 bimonthly meetings: September 25; November 27, 2pm at Central Office.
We are continuing with three on-going activities:
1) Current Grapevine magazines are being provided for both the Treatment and Corrections committees.
2)A fall event celebrating the Grapevine titled "Read it in the Grapevine" including a "HOW-TO" for writing an article for the Grapevine and sharing from Grapevine and sharing from Grapevine published speakers. It is schedules for October 22nd at St. James Methodist Church. Look for an upcoming flyer for details.
3) Grapevine booths at upcoming Alcothons or events we're invited to.
We welcome a representative from your group (or you!) to our meetings.

**Intergroup Liaison/Vice Chair-Cyd B.**
I have flyers for the upcoming events:
1: The 3 day August Assembly here in Tucson, Arizona**.** If you want to be a part of the assembly and do some service, please call Dave B. 940 2405 and he will get you in touch with the chair person in charge of the committees. Hospitality Room will need lots of help from you and your home groups (They need $$ donations, food donations, people to work in the Hospitality Room throughout the event. Please contact Nancy W. at (204 2500) to volunteer.
2: The November 2 day Assembly (Election Assembly) in Yuma, Arizona.
3: The 2012 PRAASA in Bellevue, Washington – registration flyers. I have a copy of the post conference assembly newsletter that was held in Globe. It contains all the reports, upcoming announcements, the Delegate's Report from the General Service Conference. If you want a copy of this – let me know, I can email it to you. During the Post Conference Assembly, Suzette C. gave her Delegate's Report and as always I am quite moved by the spiritual experience the Delegate has when attending. The items my panel(Literature) to reword area handbook so that officers could be reimbursed for two nights hotel stay at two and three day assemblies and for PRAASA and forum and that officers may be reimbursed for one day assemblies, workshops, they are putting on or other official areas business. This was passed.
Thank you for allowing me to be of service.
Cydnee B. – Intergroup Liaison-Vice Chair

**Old Business-**
None

**New Business-**
None

**Special Announcements-**
The Intergroup Chair announced that elections will be coming up this November. Positions will be available for Treasurer, Area Liaison, Grapevine Chair, CPCPI, Treatment, AA of the Air, and Corrections. Four years of sobriety are recommended for any of the positions. Some business/accounting background is preferred for the Treasurer position as well as familiarity with Quickbooks. Elections will be held at Intergoup in November

**Groups Represented at the July 2011 Intergroup Meeting**
ABC Group
Between the Tracks
Eastside Nooners
801 Group
Final Frontier
Footloose
Get a Life
Golf Links
Happy Destiny
Honest Open and Free
Ironwood
Morning Shades
Mountain Avenue Big Book
Old Pueblo
Oro Valley Men's Group
Our Daily Bread
Pantano
Pre-Weekenders
Seeking Guidance
Smoke Free Nooners
Solutions
Southside
Spanish Speaking Intergroup
Stone Sober
Sunday Morning Eastside
Thursday Niight AA Group
TGIF!
Vistoso Retread
Wednesday Night 12 & 12
Women's Solutions

# Word Scramble

ILIGWNL _ _ _ _ _ _ _
DNMEAS _ _ _ _ _ _
MRHA _ _ _ _
GRAEU _ _ _ _ _
TFALU _ _ _ _ _
TOANLRET _ _ _ _ _ _ _ _
WONRGS _ _ _ _ _ _
RAEF _ _ _ _
IEPDR _ _ _ _ _
ETDB _ _ _ _
AGNICDUE _ _ _ _ _ _ _ _
OTACIN _ _ _ _ _ _
BLUROSET _ _ _ _ _ _ _ _
TDRONOA _ _ _ _ _ _ _
BATHI _ _ _ _ _
IPATCEEN _ _ _ _ _ _ _ _
AHNGCE _ _ _ _ _ _

A closed mouth _ _ _ _ _ _ _ N _ _ _ O _!

## Changes to the 'Terra Green' Meeting Schedule

**Add New meetings:**

**Page 53**
Tack Shack
9790 N Volk
Marana (53)
(O) S & NS (WH) Discussion
Saturday 10 am

**Page 55**
Happy, Joyous and Free
Canyon del Oro Baptist Church
9200 N Oracle
Oro Valley
(O) NS (WH) Discussion
Wednesday 9:00 am

**Page 23**
Promises, Promises
Dove of Peace Lutheran Church
665 W Rollercoaster Rd (04)
(C ) NS (WH) Discussion
Wednesday 10 am

**Page28**
ODAAT (One Day at a Time)
Sober Living
831 E Hendrick St (19)
(O) Smoking (WH) Discussion
Wednesday 7:30 pm

**Page 8**
Attitude of Gratitude Eleventh Step MeditationAnnex LLC Sober Living
831 E Hedrick St (19)
(O) NS (WH) Discussion
Sunday 10:30 am

**Page 20**
TwelthStep Message & Principles Meeting
Pantano Christian Church-Modular D1
10355 E 29th St (Houghton & 29th)
(O) NS (WH) Discussion
Tuesday 6:00 pm

**Meets Monday through Saturday**
Jump Start
Little House
18 W 18th St (01)
O NS Discussion
6:45 am

**Changes to Current Meetings:**

**Page 20**
Desert Drifters meets October-April

**Page 50**
Amado Nooners
Kristofer's BistroPage 55
Vistoso Retreads Meeting
Desert Oasis Rec Center
14650 N Sun City Blvd (50)
7:00 pm

**Page 57**
Vail Serenity Meeting
Closed between June 20th-Oct 4th

**Page 28**
"A" Mountain Group
Holy Way Presbyterian Church
4040 S Bilbray (46)
Wednesday 7:00 pm

# August Birthdays

**Belated July Birthdays:**

**A Safe Place for Women**

| | |
|---|---|
| Gretchen N. | 20 years |

**Happy Destiny**

| | |
|---|---|
| Sarah W. | 4 years |
| Carl S. | 5 years |
| Steven S. | 5 years |
| Eddie P. | 13 years |

**August:**

**A Safe Place for Women**

| | |
|---|---|
| Kelli Q. | 3 years |
| Sharon C. | 14 years |
| Marlee R. | 17 years |

**Morning Shades**

| | |
|---|---|
| Ernie M | 1 year |
| James G | 2 years |
| Liz P. | 2 years |
| Wanda B | 8 years |
| CJ | 17 years |
| Michael G | 23 years |
| Brook P | 27 years |
| Oran | 28 years |

**Our Daily Bread**

| | |
|---|---|
| James P | 1 year |
| Barry G | 2 years |
| Anita R | 2 years |
| Pat S | 18 years |
| Jorge S | 19 years |
| Jim R | 27 years |

**801 Group**

| | |
|---|---|
| Lee G | 1 year |

**Flowing Wells**

| | |
|---|---|
| Bill N | 29 years |

**Freedom Group**

| | |
|---|---|
| Mathew T. | 1 year |
| Kyle D. | 4 years |
| Ali R. | 9 years |
| Bobbi P. | 28 years |

**Southside**

| | |
|---|---|
| Jasen D | 1 year |
| Jenny M | 2 years |
| Randy L | 3 years |
| Daniel A | 6 years |
| Alyssa K | 7 years |
| Saundra L | 12 years |
| Brett H | 18 years |
| Gene C | 19 years |
| Dan G | 23 years |
| Tony J | 24 years |
| Mike B | 25 years |
| John S | 27 years |
| Jim T | 28 years |
| Lynn K | 30 years |
| Peter G | 36 years |

*"The Things We Cannot Change"*

**"Boxcar Ted"**
**Sober**
**2/6/66 to 6/17/11**

**Dan Behling**
**Sober**
**9/11/72 to 6/25/11**

(Grapvine Article Cont.)

and "being good to myself" that I ignored the most important amends of all.

Eventually, after two years of not drinking, I was unable to continue lying about my failure to work the program in this critical part of my life. Inner pain overpowered my talent for self-deception. I gave up, once again, and began to follow directions. With immense reluctance but with no other options, I made those amends, and wonderful things began to happen. I started to experience the promises on pages 83 and 84 in the Big Book.

Precise and specific, the message is clear. I don't make amends by staying sober. I hurt many other people badly and far worse than myself when I drank. Unfortunately, I've done this sober, too. Steps Eight and Nine are not limited to what I did while drinking. They are concerned with bad behavior, drunk or sober.

Through the wisdom of the program, we have a simple, powerful prescription for freeing ourselves from the consequences of dishonest, selfish living. It's simple and basic. Without this kind of cleaning job with the Steps, the past still controls us. On the other hand, when we face and admit our wrongs and make direct restitution wherever possible, we're suddenly free. With today no longer a hostage of yesterday, we begin to live with the freedom and joy God intended for us.

P.M. December 1981
Vo. 38 No. 7

## Group Contributions Thru June 2011

| | |
|---|---|
| 12 at 12 | 190.00 |
| 6 pm Weeknight Newcomers | 333.71 |
| 911 Group | 200.00 |
| A Safe Place for Women | 53.81 |
| ABC Group | 245.96 |
| Ajo | 180.00 |
| Arivaca Group | 25.00 |
| Back Door Friends | 156.02 |
| Back Room Bunch | 100.00 |
| Beginner's Meeting | 20.00 |
| Between the Tracks | 7.00 |
| Business& Professional Men's | 815.00 |
| Campus Nooners | 300.00 |
| Casas Adobes | 221.21 |
| Catalina Mountain Group | 75.00 |
| Clean Air Group | 50.00 |
| Copper Valley | 160.00 |
| Courage to Change | 60.00 |
| Desert Drifters | 132.00 |
| Dove Mountain | 100.00 |
| Early Risers | 214.00 |
| Eastside Nooners | 1,025.00 |
| Experience Strength & Hope | 50.00 |
| Eastside Sunday AM | 200.00 |
| Fantastic Breakfast | 25.00 |
| Final Frontier | 410.00 |
| Flowing Wells | 40.00 |
| Foothills Newcomers | 300.00 |
| Free to be Me | 325.00 |
| Friday Morning Fun Group | 300.00 |
| Get a Life | 100.00 |
| Golf Links Group | 278.00 |
| GV Men's Group | 283.50 |
| GV 11th Step | 30.00 |
| GV Lamplighters | 65.00 |
| GV Happy Hour | 150.00 |
| GV Monday Noon Group | 80.00 |
| GV Serenity Group | 50.00 |
| Happy Destiny | 59.80 |
| Happy Hour Group | 210.00 |
| Hopi Group | 229.00 |
| Ironwood Hills | 314.39 |
| Lamplighter's | 54.00 |
| Lodestar of Hope | 300.00 |
| Men Seeking Guidance | 420.00 |
| Mid-Week Serenity | 150.00 |
| Midvale Sat AM | 100.00 |
| Miracle Group | 200.00 |
| Monday Ladies 12 & 12 | 113.50 |
| Monday Night Big Book | 72.00 |
| Monday Night Step | 100.00 |
| More Shall be Revealed | 145.00 |
| Morning Shades | 630.00 |
| Mountain Ave | 150.00 |
| New Beginnings | 50.00 |
| Our Daily Bread | 222.75 |
| Overton Sun AM | 538.50 |
| Pantano | 221.60 |
| Pre-Weekenders | 361.00 |
| Primary Purpose | 100.00 |
| Principals Before Personalities | 50.00 |
| Rincon Group | 300.00 |
| Sahuarita Brand New | 50.00 |
| Saturday AM Group | 150.00 |
| Saturday Serenity | 262.82 |
| Serenity | 50.00 |
| SNYP Group | 180.00 |
| Sober Living | 200.00 |
| Solutions on Sunday | 225.00 |
| Solutions Group | 1,312.50 |
| Southside | 600.00 |
| Spiritual Kindergarten | 75.00 |
| Step Sisters | 180.00 |
| Stone Sober | 150.00 |
| Sun Morn Eastside | 360.00 |
| Surrender Group | 278.25 |
| Survivors Big Book | 300.00 |
| Tanque Verde Loop | 150.00 |
| The Meeting | 100.00 |
| Three Points | 200.00 |
| Thurs Night AA Group | 148.00 |
| Tubac Step Study | 70.00 |
| Vistoso Retreads | 175.00 |
| West Ajo BB Study | 100.00 |
| Women from the Heart | 160.00 |
| Women's Solutions | 200.00 |
| Women in Sobriety | 25.00 |
| Women of Serenity | 60.00 |

## Personal Contributions 6/01/2011 to 6/30/2011

**Personal**

JFT Bill N.

Anonymous X 6, Jeanette R, Fernando R, Elizabeth T, Katrina S, Valerie C, Paula R, Ned B, Lynne L, Don H, John K, David M, Michael J, Linda C, Mark D, Manny C, Bill N, Don H, Margaret W, Lynne, L, Roland D.

Word Scramble Answers

| | | | |
|---|---|---|---|
| 1.willing | 2. amends | 3. harm | 4. argue |
| 5. fault | 6. tolerant | 7. wrongs | 8. fear |
| 9. pride | 10. debt | 11. guidance | 12. action |
| 13. troubles | 14. tornado | 15. habit | 16. patience |
| 17. change | Puzzle Answer "Gathers no foot" | | |



## Third Legacy

**Tucson Area Intergroup, Inc.**
Meets 2nd Sunday Monthly
1:30 p.m. at Central Office

**CPC & PI Committee**
Meets 4th Wednesday Monthly
5:30 p.m. at Central Office

**Treatment Committee**
Meets 2nd Thursday Bi-Monthly
6 p.m. at Central Office

**Corrections Committee**
Meets 3rd Saturday QUARTERLY
at 9:30 a.m. at Central Office

**Grapevine Committee**
Meets last Sunday Bi-Monthly
2 p.m. at Central Office

**DCMC**
Dana L. 551-0146
Alternate DCMC: David B. 940-2405
TAII Liaison: Cyd B. 990-3862

**District 11-000 Pima County**
Meets 3rd Thursday
7 p.m. at Central Office. All GSRs and DCMs have a voice and vote at this meeting.

**Northwest District 11-110**
Meets 1st Wednesday at 6:15 p.m.
2800 W. Ina Rd., Christ King Church
DCM: Andy W. 208-2972

**Central District 11-111**
Meets 2nd Wednesday at 6:45 p.m.
610 E. Delano #103 Stone Sober
DCM: Fred H. 370-2124

**Eastern District 11-114**
Meets 3rd Wednesday at 6 p.m.
Eastside City Hall, 7575 E.Speedway
DCM: Kevin F. 730-7488

**Southwest District 11-115**
Meets 3rd Thursday 5:45 p.m.
At Central Office
DCM: Katie R. 808-5025

**Green Valley District**
Meets 2nd Thursday at 6:30 p.m.
St. Francis Episcopal Church Library
600 S. La Canada, Gree Valley
DCM: Mike F. 407-5581

**Spanish Linguistic District 16-016**
Meets 1st Saturday at 7:30 p.m.
Spanish Intergroup Office
2549 S. 6th Ave.
DCM: Rene